
05/01/2020 - Video Visit in KP ON THE JOB (continued)

[800-464-4000](tel:800-464-4000) or TTY [711](tel:711)
[800-788-0616](tel:800-788-0616) (Spanish)
[800-757-7585](tel:800-757-7585) (Chinese dialects)

24 hours a day
Closed holidays

Medicare members

[800-443-0815](tel:800-443-0815) or TTY [711](tel:711)

Hours

Open 7 days a week
from 8 a.m. to 8 p.m.

Protect yourself from the flu. Get vaccinated.

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Additional Information

Your healthcare team has prescribed an online education program for you.

05/01/2020 - Video Visit in KP ON THE JOB (continued)

Additional Information (continued)

PROGRAM: PATIENT SATISFACTION: MEDICAL OFFICE VISIT
PLEASE VIEW BY: Jul 30, 2020

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05/01/2020 - Video Visit in KP ON THE JOB (continued)

AFTER VISIT SUMMARY

Pepper Smith MRN: 000004779300



5/1/2020 3:20 PM KP ON THE JOB

Today's Visit

You saw BHAVESH ROBERT J PANDYA MD, M.D. on Friday May 1, 2020. The following issues were addressed:

- NECK MUSCLE STRAIN
- HEADACHE
- LEFT SHOULDER JOINT PAIN
- LEFT ARM PAIN

What's Next

MAY 26 2020 VIDEO PHONE VISIT with BHAVESH ROBERT J PANDYA MD, M.D.
Tuesday May 26 9:10 AM

KP ON THE JOB
333 S HOPE ST STE C130 C145
LOS ANGELES CA 90071-1406
833-574-2273

Medications

NEW Medications

Acetaminophen (PAIN RELIEVER EXTRA STRENGTH) 500 mg Oral Tab
Diclofenac Sodium (VOLTAREN) 1 % Top Gel

Visit Medication List

Patient reported, restarted, and new medications relevant to this visit.
This may not reflect all medications the patient is taking.

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New Orders

Normal Orders This Visit

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Allergies as of 5/1/2020

Reviewed by Pandya, Bhavesh Robert J (M.D.), M.D. on 5/1/2020

Severity	Noted	Reaction Type	Reactions
No Known Drug Allergies	Not Specified	06/01/2005	

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Reviewed by Pandya, Bhavesh Robert J (M.D.), M.D. on 5/1/2020

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AFTER VISIT SUMMARY

Pepper Smith MRN: 000004779300



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Tuesday May 26 9:10 AM

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Reviewed by Pandya, Bhavesh Robert J (M.D.), M.D. on 5/1/2020

Severity	Noted	Reaction Type	Reactions
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- You will need to have a **credit card** on file to use the mail-order option, unless you have dual medical coverage or have MediCal health benefits. You may bring a credit card to the pharmacy to be placed on file or enter while ordering on line.
- For most medications that are meant to be refilled every 30 days, filling the prescription by mail **you can obtain a 3-month supply** for just 2 months of copay!

4 ways to receive prescriptions by mail:

- If **checking-in at the Pharmacy**, ask for the mail order option to avoid waiting for the prescriptions to be filled. This is available only for medications not needed within the next 7 days.
- **Go to kp.org/Rxrefill**. After signing into kp.org, you will be brought to the Pharmacy Center.
- Use the **Kaiser Permanente app** for your mobile device. Find and download the app by searching for Kaiser Permanente on the Apple Store or the Google App Store.
- **Call (866) 206-2983** and be sure to have your medical record number and the prescription number located on the medication label ready when you call.

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For questions, call member services at

Hours

Open 7 days a week

05/01/2020 - Video Visit in KP ON THE JOB (continued)

[800-464-4000](tel:800-464-4000) or TTY [711](tel:711)
[800-788-0616](tel:800-788-0616) (Spanish)
[800-757-7585](tel:800-757-7585) (Chinese dialects)

24 hours a day
Closed holidays

Medicare members

[800-443-0815](tel:800-443-0815) or TTY [711](tel:711)

Hours

Open 7 days a week
from 8 a.m. to 8 p.m.

Protect yourself from the flu. Get vaccinated.

The flu is a serious, contagious illness caused by influenza viruses. Anyone can get the flu. It can cause mild to severe illness. The best way to prevent the flu is by getting a flu shot each year. The CDC and Kaiser Permanente recommend everyone 6 months and older get a flu shot every year.

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Flu shots are available at no charge to members at Kaiser Permanente medical facilities.

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Register at www.kp.org to email your physician, renew prescriptions, request appointments, learn more about your personal health, or obtain tips for healthy living!

Save money and time! Get your refills for home delivery at www.kp.org/refill

Additional Information

Your healthcare team has prescribed an online education program for you.

05/01/2020 - Video Visit in KP ON THE JOB (continued)

Additional Information (continued)

PROGRAM:
PLEASE VIEW BY:

This program gives you accurate, easy to understand information about your condition or upcoming procedure. You will receive a kp.org message with a link to directly view this program for ease of access. You can watch it as many times as you want and it's easy to share with family and friends. Online education programs may be available in languages other than English. You can select alternate languages (if available) prior to viewing your program.

END OF ENCOUNTER

05/04/2020 - RAR Edit in BARIATRIC TX

Visit Information

Provider Information

05/04/2020 - RAR Edit in BARIATRIC TX (continued)**Visit Information (continued)****Encounter Provider**

Stahl, Jerusha Emily (M.D.), M.D.

Department

Name	Address	Phone
BARIATRIC TX	6041 CADILLAC AVE Los Angeles CA 90034-1702	833-574-2273

Reason for Visit**Visit Diagnosis**

- NECK MUSCLE STRAIN, INIT [S16.1XXA]

Other Orders**Medications****Cyclobenzaprine (FLEXERIL) 10 mg Oral Tab [1554006925] (Discontinued)**

Electronically signed by: **Stahl, Jerusha Emily (M.D.), M.D. on 05/04/20 1522** Status: **Discontinued**
 Ordering user: Stahl, Jerusha Emily (M.D.), M.D. 05/04/20 1522 Authorized by: Stahl, Jerusha Emily (M.D.), M.D.
 Ordering mode: Standard
 Frequency: Routine 05/04/20 - 05/26/20 Class: Fill Later
 Discontinued by: Pandya, Bhavesh Robert J (M.D.), M.D. 05/26/20 0934
 Diagnoses
 NECK MUSCLE STRAIN, INIT [S16.1XXA]

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.), M.D.	1083894638

Questionnaire

Question	Answer
Is this medication for a workers' compensation condition?	No

Reordered from: Cyclobenzaprine (FLEXERIL) 10 mg Oral Tab

Indications

NECK MUSCLE STRAIN, INIT [S16.1XXA (ICD-10-CM)]

END OF ENCOUNTER**05/26/2020 - Video Visit in KP ON THE JOB****Visit Information****Provider Information**

Encounter Provider	Authorizing Provider
Pandya, Bhavesh Robert J (M.D.), M.D.	Pandya, Bhavesh Robert J (M.D.), M.D.

Department

Name	Address	Phone	Fax
KP ON THE JOB	333 S HOPE ST STE C130 C145 Los Angeles CA 90071-1406	323-783-6621	877-515-8038

Level of Service**Level of Service**

05/26/2020 - Video Visit in KP ON THE JOB (continued)**Visit Information (continued)**

OUTPT EST LEVEL 2

Reason for Visit**Chief Complaints**

- WORK RELATED INJURY (doi: 4/10/20)
- HEAD INJURY
- NECK INJURY
- ARM INJURY
- SHOULDER INJURY

Visit Diagnoses

- NECK MUSCLE STRAIN, SUBSEQ [S16.1XXD]
- HEADACHE [R51]
- LEFT SHOULDER JOINT PAIN [M25.512]
- LEFT ARM PAIN [M79.602]

Clinical Notes**Progress Notes****Pandya, Bhavesh Robert J (M.D.), M.D. at 5/26/2020 0922**Author: Pandya, Bhavesh Robert J
(M.D.), M.D.

Service: —

Author Type: Physician

Filed: 5/26/2020 9:45 AM

Encounter Date: 5/26/2020

Creation Time: 5/26/2020 9:22 AM

Status: Signed

Editor: Pandya, Bhavesh Robert J (M.D.), M.D. (Physician)

PHYSICIAN'S PROGRESS NOTES

--- This documentation is for State Form (PR2) ---

SUBJECTIVE COMPLAINTS:**Chief Complaint:**

WORK RELATED INJURY; HEAD INJURY; NECK INJURY; ARM INJURY; and SHOULDER INJURY

CURRENT TREATMENT REVIEW FOR THIS INJURY/ILLNESS:

(Mechanism of injury / prior imaging studies and prior consults)

Pepper Smith is a 48 year old female who has worked as a(n) MANAGER 1 FOR STATE OF CALIFORNIA FOR THE PAST

DOES MOSTLY ADMIN WORK

. PLEASE NOTE I WAS NOT PROVIDED WITH A FORMAL WRITTEN JOB DESCRIPTION DESCRIBING THE PATIENT'S USUAL AND CUSTOMARY JOB DUTIES FOR MY REVIEW.

Mechanism of Injury: The patient states she was injured when SAYS INJURED SEVERAL AREAS: DUE TO MOVING TOWARDS WINDOW AND TURNING DUE TO A "STARTLED BY LOUD SOUND FROM EXPLOSION NEAR THE WORKSITE".

SEEN BY PCP MD DR RUTH GETACHEW

05/26/2020 - Video Visit in KP ON THE JOB (continued)

Clinical Notes (continued)

INJURY DESCRIBED AS : PHONE VISIT DOCUMENTATION:

4/10/20 pt was running to the window when she saw an explosion, she immediately turned around when she heard the explosion

Later on noticed headache, that has since resolved

But pt also had some neck discomfort "

New diagnostic tests since last visit: none

New consultation:NO

Current prescribed/advised treatment detail:

TREATMENT PROGRESS:

The patient's symptoms from the previous visit are:

Improved

Pepper Smith is a 49 year old female with the following subjective factors:

Patient Complaints:

SUBJECTIVE COMPLAINTS:**TELEHEALTH CONSENT**

Prior to rendering the telehealth services:

1. I explained that there is available a face-to-face appointment with a provider to render the same health care services as this telehealth encounter.
2. The patient consented to receive health care services via telehealth for this encounter.

Pepper Smith is a 49 year old female who complains of left neck pain and discomfort and left shoulder pain and discomfort.

Feels better

Has occ headache with left upper back muscle tightness

Started Physical Therapy, COMPLETED 4/6 SESSIONS, HELPFUL, DOING HEP

DOING FULL DUTY

Review of Systems:

Gastrointestinal: No abdominal pain, or bleeding

Neurologic: No focal weakness, or paresthesia the arms or legs.

REVIEW OF SYSTEMS:

I have reviewed the following systems:

05/26/2020 - Video Visit in KP ON THE JOB (continued)

Clinical Notes (continued)

Gastrointestinal: No nausea, vomiting, or abdominal pain
Neurologic: No headache

OBJECTIVE FINDINGS:

Vital Signs:
LMP 06/05/2017

I confirm that I have performed the following examination(s):

Constitutional: Well developed and well nourished and Alert and conversant

PHYSICAL EXAMINATION:

NO PHYSICAL EXAMINATION WAS PERFORMED FOR THIS VISIT

DIAGNOSES:

S16.1XXD NECK MUSCLE STRAIN, SUBSEQ
R51 HEADACHE
M25.512 LEFT SHOULDER JOINT PAIN
M79.602 LEFT ARM PAIN

Diagnoses not noted on current encounter:

S16.1XXD NECK MUSCLE STRAIN, SUBSEQ
R51 HEADACHE
M25.512 LEFT SHOULDER JOINT PAIN
M79.602 LEFT ARM PAIN

TREATMENT PLAN:

Medications:

The medication(s)/supplies/radiological studies ordered this visit:

Orders Placed This Encounter

PHYS SPECIAL REPORT, PR-2 TREATING PHYS'S PROGRESS REPORT

Treatment Rendered:

ADD ROBAXIN

D/C FLEXERIL

Orders Placed This Encounter

05/26/2020 - Video Visit in KP ON THE JOB (continued)

Clinical Notes (continued)

**PHYS SPECIAL REPORT, PR-2 TREATING PHYS'S PROGRESS REPORT
REFERRAL PHYSICAL THERAPY / OCCUPATIONAL THERAPY**

Referral Priority: Routine
Referral Type: Outpatient Service
Referral Reason: Specialty Services Required
Referral Location: *LOS ANGELES (LAMC)
Number of Visits Requested: 1
Methocarbamol (ROBAXIN) 500 mg Oral Tab
Sig: 1 TAB PO Q8H PRN MUSCLE SPASMS
Dispense: 60
Refill: 1
Order Comments: WC
Order Specific Question: Is this medication for a workers' compensation condition?
Answer: Yes

FACTORS OF CARE:

Factors of Care:
For disability status/ updates/ or making appointments: (323) 783-6621.

Faxing @ (877) 515-8038

For questions regarding authorizations such as PT/ OT / MRI / NCV studies (except surgery), @ (844) 789-0172.

For questions regarding surgery authorizations please call the Case Coordinator, Hector Lohaiza (323) 783-5124.

To speak to the Dept. Administrator, please call @ (323) 783-4385.

To speak to me, please call @ (323) 783 6621

Activity RX/Forms: No Work data filed for this patient encounter.

WORK STATUS:

See Below

Primary Treating Physician:

I declare under the penalty of perjury that this report is true and correct to the best of my knowledge and I have not violated Labor Code §139.3.

05/26/2020 - Video Visit in KP ON THE JOB (continued)

Clinical Notes (continued)

---End of Progress Notes---

Work Status:

Activity RX/Forms

No Work data filed for this patient encounter.

BHAVESH ROBERT J PANDYA MD
 5/26/2020, 9:22 AM

Contact Information:

Electronically signed by Pandya, Bhavesh Robert J (M.D.), M.D. at 5/26/2020 9:45 AM

Procedures

PHYS SPECIAL REPORT, PR-2 TREATING PHYS'S PROGRESS REPORT [1554006926] (Active)

Electronically signed by: **Pandya, Bhavesh Robert J (M.D.), M.D. on 05/26/20 0926** Status: **Active**
 Ordering user: Pandya, Bhavesh Robert J (M.D.), M.D. 05/26/20 0926 Authorized by: Pandya, Bhavesh Robert J (M.D.), M.D.
 Ordering mode: Standard
 Frequency: Routine 05/26/20 - Class: Back Office
 Quantity: 1 Released by: Pandya, Bhavesh Robert J (M.D.), M.D. 05/26/20 0926

Diagnoses
 NECK MUSCLE STRAIN, SUBSEQ [S16.1XXD]
 HEADACHE [R51]
 LEFT SHOULDER JOINT PAIN [M25.512]
 LEFT ARM PAIN [M79.602]

Provider Details

Provider	NPI
Pandya, Bhavesh Robert J (M.D.), M.D.	1679625032

Indications

NECK MUSCLE STRAIN, SUBSEQ [S16.1XXD (ICD-10-CM)]
 HEADACHE [R51 (ICD-10-CM)]
 LEFT SHOULDER JOINT PAIN [M25.512 (ICD-10-CM)]
 LEFT ARM PAIN [M79.602 (ICD-10-CM)]

05/26/2020 - Video Visit in KP ON THE JOB (continued)**Procedures (continued)****Other Orders****Medications****Methocarbamol (ROBAXIN) 500 mg Oral Tab [1554006927] (Discontinued)**Electronically signed by: **Pandya, Bhavesh Robert J (M.D.), M.D. on 05/26/20 0935** Status: **Discontinued**

Ordering user: Pandya, Bhavesh Robert J (M.D.), M.D. 05/26/20 0935 Authorized by: Pandya, Bhavesh Robert J (M.D.), M.D. 0935

Ordering mode: Standard

Frequency: Routine 05/26/20 - 07/12/21

Class: Fill Now

Discontinued by: Moallemi, Raymond (M.D.), M.D. 07/12/21 1802

Diagnoses

NECK MUSCLE STRAIN, SUBSEQ [S16.1XXD]

LEFT SHOULDER JOINT PAIN [M25.512]

Provider Details**Provider****NPI**

Pandya, Bhavesh Robert J (M.D.), M.D.

1679625032

Questionnaire**Question****Answer**

Is this medication for a workers' compensation condition?

Yes

Medication comments: WC

Indications

NECK MUSCLE STRAIN, SUBSEQ [S16.1XXD (ICD-10-CM)]

LEFT SHOULDER JOINT PAIN [M25.512 (ICD-10-CM)]

Referral**REFERRAL PHYSICAL THERAPY / OCCUPATIONAL THERAPY [1554006928] (Active)**Electronically signed by: **Pandya, Bhavesh Robert J (M.D.), M.D. on 05/26/20 0938** Status: **Active**

Ordering user: Pandya, Bhavesh Robert J (M.D.), M.D. 05/26/20 0938 Authorized by: Pandya, Bhavesh Robert J (M.D.), M.D. 0938

Ordering mode: Standard

Frequency: Routine 05/26/20 -

Class: Internal referral

Quantity: 1

Diagnoses

NECK MUSCLE STRAIN, SUBSEQ [S16.1XXD]

LEFT SHOULDER JOINT PAIN [M25.512]

LEFT ARM PAIN [M79.602]

Provider Details**Provider****NPI**

Pandya, Bhavesh Robert J (M.D.), M.D.

1679625032

Questionnaire**Question****Answer**

Reason:

*Consult/Referral

Order comments: Reason: Additional Physical Therapy The patient is being referred for additional physical therapy for neck and left shoulder and left arm. Frequency: 1-2 times a week for 3 weeks - total of 6 treatments. Patient has completed 4/6 therapy treatments to date and reported decrease in pain and improved function in ADLs, decreased medication usage, and decrease work restrictions. Patient reports decrease in pain. Physical therapy is appropriate per MTUS Chronic Pain Medical Treatment guidelines, Physical Medicine Treatment.

Referral Details**Referred By****Referred To****Type****Priority**

Pandya, Bhavesh

05/26/2020 - Video Visit in KP ON THE JOB (continued)**Other Orders (continued)**

Robert J (M.D.), M.D. 333 S HOPE ST STE C130 C145 LOS ANGELES CA 90071-1406 Phone: 833-574-2273 Fax: 833-574-2273	Diagnoses: NECK MUSCLE STRAIN, SUBSEQ LEFT SHOULDER JOINT PAIN LEFT ARM PAIN Order: Referral Physical Therapy / Occupational Therapy Reason: Specialty Services Required	*LOS ANGELES (LAMC) FOR REFERRALS ONLY LOS ANGELES CA 90027-5969 Specialty: Physical Therapy	Occupational Health	Routine
---	---	---	------------------------	---------

Comment: Reason: Additional Physical Therapy

The patient is being referred for additional physical therapy for neck and left shoulder and left arm.

Frequency: 1-2 times a week for 3 weeks - total of 6 treatments.

Patient has completed 4/6 therapy treatments to date and reported decrease in pain and improved function in ADLs, decreased medication usage, and decrease work restrictions. Patient reports decrease in pain. Physical therapy is appropriate per MTUS Chronic Pain Medical Treatment guidelines, Physical Medicine Treatment.

Question

Reason::

Answer

*Consult/Referral

Indications

NECK MUSCLE STRAIN, SUBSEQ [S16.1XXD (ICD-10-CM)]
LEFT SHOULDER JOINT PAIN [M25.512 (ICD-10-CM)]
LEFT ARM PAIN [M79.602 (ICD-10-CM)]

Patient Instructions

Thank you for visiting the Occupational Medicine department. We hope you had an excellent visit and we encourage you to share your experience with us. To share your experience, please contact Imran Rana, Department Administrator for Occupational Medicine. Available weekdays at **(323)783-4385** or via email at **Imran.Rana@kp.org**. Thank you for choosing Kaiser Permanente.

If you have not received a call to schedule any specialty consultation, physical therapy, occupational therapy or any other treatment or medical equipment ordered by your doctor, please call our Regional Business Unit at **(844)789-0172**.

Specialty Appointment **(323)783-2583**
One Call Therapy **(866)389-0211**
MRI Scheduling **(323)783-5384**

05/26/2020 - Video Visit in KP ON THE JOB (continued)

Patient Instructions (continued)

Medrisk (877)389-4580

AFTER VISIT SUMMARY

Pepper Smith MRN: 000004779300

KAISER
PERMANENTE

5/26/2020 9:10 AM KP ON THE JOB

Instructions from BHAVESH ROBERT J PANDYA MD, M.D.

Your personalized instructions can be found at the end of this document.

Today's Visit

You saw BHAVESH ROBERT J PANDYA MD, M.D. on Tuesday May 26, 2020. The following issues were addressed:

- NECK MUSCLE STRAIN
- HEADACHE
- LEFT SHOULDER JOINT PAIN
- LEFT ARM PAIN

What's Next

JUN 23 2020 Office Visit with BHAVESH ROBERT J PANDYA MD, M.D.
Tuesday June 23 1:00 PM

KP ON THE JOB
333 S HOPE ST STE C130 C145
LOS ANGELES CA 90071-1406
833-574-2273

Medications

NEW Medications

Methocarbamol (ROBAXIN) 500 mg Oral Tab

Visit Medication List

Patient reported, restarted, and new medications relevant to this visit.
This may not reflect all medications the patient is taking.

Methocarbamol (ROBAXIN) 500 mg Oral Tab ^{Dosage} 1 TAB PO Q8H PRN MUSCLE SPASMS
(Taking)

New Orders

Normal Orders This Visit

PHYS SPECIAL REPORT, PR-2 TREATING PHYS'S PROGRESS REPORT [99080 CPT(R)]
REFERRAL PHYSICAL THERAPY / OCCUPATIONAL THERAPY [229965 Custom]

Pepper Smith (MRN: 000004779300) • Printed at 5/26/20 9:53 AM

Page 1 of 5 **Epic**

This is confidential information. Do not throw away in a Kaiser Permanente trash can.

05/26/2020 - Video Visit in KP ON THE JOB (continued)

Common Medication Direction Abbreviations

PO = Orally, QD = Once/day, BID = Twice/day, TID = 3x/day, QID = 4x/day, PRN = as needed
QHS = Every night at bedtime, AC = Before meals, PC = After meals, c = With, s = Without

Allergies as of 5/26/2020

Reviewed by Pandya, Bhavesh Robert J (M.D.), M.D. on 5/26/2020

	Severity	Noted	Reaction Type	Reactions
No Known Drug Allergies	Not Specified	06/01/2005		

kp.org

View your After Visit Summary and more online at <https://healthy.kaiserpermanente.org/hconline/ie/>.

05/26/2020 - Video Visit in KP ON THE JOB (continued)

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General Information

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New and refill prescriptions mailed to your home.

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05/26/2020 - Video Visit in KP ON THE JOB (continued)

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05/26/2020 - Video Visit in KP ON THE JOB (continued)

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05/26/2020 - Video Visit in KP ON THE JOB (continued)

AFTER VISIT SUMMARY

Pepper Smith MRN: 000004779300



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Today's Visit

You saw BHAVESH ROBERT J PANDYA MD, M.D. on Tuesday May 26, 2020. The following issues were addressed:

- NECK MUSCLE STRAIN
- HEADACHE
- LEFT SHOULDER JOINT PAIN
- LEFT ARM PAIN

What's Next

You currently have no upcoming appointments scheduled.

Medications

NEW Medications

Methocarbamol (ROBAXIN) 500 mg Oral Tab

Visit Medication List

Patient reported, restarted, and new medications relevant to this visit.
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	Dosage
Methocarbamol (ROBAXIN) 500 mg Oral Tab	1 TAB PO Q8H PRN MUSCLE SPASMS
(Taking)	

New Orders

Normal Orders This Visit

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05/26/2020 - Video Visit in KP ON THE JOB (continued)

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05/26/2020 - Video Visit in KP ON THE JOB (continued)

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05/26/2020 - Video Visit in KP ON THE JOB (continued)

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Hours

Open 7 days a week
24 hours a day
Closed holidays

Medicare members

[800-443-0815](tel:800-443-0815) or TTY [711](tel:711)

Hours

Open 7 days a week
from 8 a.m. to 8 p.m.

Protect yourself from the flu. Get vaccinated.

The flu is a serious, contagious illness caused by influenza viruses. Anyone can get the flu. It can cause mild to severe illness. The best way to prevent the flu is by getting a flu shot each year. The CDC and Kaiser Permanente recommend everyone 6 months and older get a flu shot every year.

Flu shot clinics open in September. No appointment is necessary.

Flu shots are available at no charge to members at Kaiser Permanente medical facilities.

For information about hours, times, and locations, please visit kp.org/flu or call 1-866-70-NOFLU (1-866-706-6358).

Adults should participate in at least 30 minutes, and children at least 60 minutes, of moderate exercise (such as brisk walking) for five or more days each week, unless instructed otherwise by your provider. For more information on the health benefits of walking please refer to <http://www.everybodywalk.org>. THRIVE!

05/26/2020 - Video Visit in KP ON THE JOB (continued)

Register at www.kp.org to email your physician, renew prescriptions, request appointments, learn more about your personal health, or obtain tips for healthy living!

Save money and time! Get your refills for home delivery at www.kp.org/refill

Pepper Smith (MRN: 000004779300) • Printed at 5/26/20 9:45 AM

Page 5 of 5 **Epic**

This is confidential information. Do not throw away in a Kaiser Permanente trash can.

END OF ENCOUNTER

06/19/2020 - Released Future/Standing Orders in INTERNAL MEDICINE AQUA2

Visit Information

Provider Information

06/19/2020 - Released Future/Standing Orders in INTERNAL MEDICINE AQUA2 (continued)

Visit Information (continued)

Encounter Provider

Stahl, Jerusha Emily (M.D.), M.D.

Department

Name	Address	Phone
INTERNAL MEDICINE AQUA2	6041 CADILLAC AVE Los Angeles CA 90034-1702	833-574-2273

Reason for Visit

Visit Diagnosis

- SCREENING [Z13.9]

Labs

TSH [1554006929] (Final result)

Electronically signed by: **Stahl, Jerusha Emily (M.D.), M.D. on 03/19/20 1351** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Stahl, Jerusha Emily (M.D.), M.D. 03/19/20 1351

Authorized by: Stahl, Jerusha Emily (M.D.), M.D.

Ordering mode: Standard

Frequency: Routine 03/19/20 -

Class: Normal

Quantity: 1

Lab status: Final result

Diagnoses

SCREENING [Z13.9]

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.), M.D.	1083894638

Specimen Information

ID	Type	Source	Collected By
C00002202250 31562	—	BLOOD	D010557 08/12/20 1111

TSH [1554006929]

Resulted: 08/13/20 0038, Result status: Final result

Order status: Completed

Filed on: 09/29/22 1038

Collected by: D010557 08/12/20 1111

Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Narrative:

RMS ACCN: 683649361

Acknowledged by

Bergman, Julie A (D.O.), D.O. on 08/13/20 1302

Hoang, Thuy Lisa (L.V.N.), L.V.N. on 08/19/20 1315

Components

Component	Value	Reference Range	Flag	Lab
TSH	1.58	0.35 - 4.00 mIU/mL	—	956

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
240 - 956	SHERMAN WAY REGIONAL LABORATORY	Steven McLaren, DO	11668 Sherman Way NORTH HOLLYWOOD CA 91605	03/28/19 2317 - Present

TSH [1554006929]

Resulted: 08/12/20 2210, Result status: In process

Order status: Completed

Filed on: 09/29/22 1038

Collected by: D010557 08/12/20 1111

06/19/2020 - Released Future/Standing Orders in INTERNAL MEDICINE AQUA2 (continued)**Labs (continued)**Narrative:
RMS ACCN: 683649361**Reviewed by**

Hoang, Thuy Lisa (L.V.N.), L.V.N. on 08/19/20 1317
Bergman, Julie A (D.O.), D.O. on 08/16/20 2037
Bergman, Julie A (D.O.), D.O. on 08/16/20 2026
Bergman, Julie A (D.O.), D.O. on 08/16/20 2022
Bergman, Julie A (D.O.), D.O. on 08/16/20 2022
Bergman, Julie A (D.O.), D.O. on 08/16/20 2021
Bergman, Julie A (D.O.), D.O. on 08/13/20 1302
Indications

SCREENING [Z13.9 (ICD-10-CM)]
All Reviewers List

Hoang, Thuy Lisa (L.V.N.), L.V.N. on 8/19/2020 13:17
Bergman, Julie A (D.O.), D.O. on 8/16/2020 20:37
Bergman, Julie A (D.O.), D.O. on 8/16/2020 20:26
Bergman, Julie A (D.O.), D.O. on 8/16/2020 20:22
Bergman, Julie A (D.O.), D.O. on 8/16/2020 20:22
Bergman, Julie A (D.O.), D.O. on 8/16/2020 20:21
Bergman, Julie A (D.O.), D.O. on 8/13/2020 13:02
LIPID PANEL [1554006930] (Final result)Electronically signed by: **Stahl, Jerusha Emily (M.D.), M.D. on 03/19/20 1351**Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Stahl, Jerusha Emily (M.D.), M.D. 03/19/20 1351

Authorized by: Stahl, Jerusha Emily (M.D.), M.D.

Ordering mode: Standard

Frequency: Routine 03/19/20 -

Class: Normal

Quantity: 1

Lab status: Final result

Diagnoses

SCREENING [Z13.9]

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.), M.D.	1083894638

Specimen Information

ID	Type	Source	Collected By
C0000220202250 31560	—	BLOOD	D010557 08/12/20 1111

LIPID PANEL [1554006930] (Abnormal)

Resulted: 08/13/20 0028, Result status: Final result

Order status: Completed

Filed on: 09/29/22 1038

Collected by: D010557 08/12/20 1111

Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Narrative:

RMS ACCN: 683649361

FASTING? NO

Acknowledged by

Bergman, Julie A (D.O.), D.O. on 08/13/20 1302

Hoang, Thuy Lisa (L.V.N.), L.V.N. on 08/19/20 1315

Components

Component	Value	Reference Range	Flag	Lab
CHOLESTEROL	191	<=199 mg/dL	—	956
HDL	52	>=40 mg/dL	—	956
LDL	129	<=99 mg/dL	H ^	956

06/19/2020 - Released Future/Standing Orders in INTERNAL MEDICINE AQUA2 (continued)**Labs (continued)**

Comment: See LabNet for more information.

TRIGLYCERIDE, NONFASTING 104 <=149 mg/dL — 956

Comment:

Nonfasting triglycerides (TG) are affected by both recent meals and patient metabolism. No reference range is established. However, nonfasting triglycerides >170 mg/dL are significantly elevated, and measurement of fasting triglycerides may be warranted.

Note that if nonfasting TG are sufficiently high, then direct LDL (if TG>1300 mg/dL) or HDL (if TG>2000 mg/dL) measurements may not be valid.

CHOLESTEROL, NON-HDL 139 mg/dL — 956

Comment: NonHDL targets are 30 mg/dL higher than LDL targets.

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
240 - 956	SHERMAN WAY REGIONAL LABORATORY	Steven McLaren, DO	11668 Sherman Way NORTH HOLLYWOOD CA 91605	03/28/19 2317 - Present

LIPID PANEL [1554006930] (Abnormal)

Resulted: 08/13/20 0028, Result status: Final result

Order status: Completed

Filed on: 09/29/22 1038

Collected by: D010557 08/12/20 1111

Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Narrative:

RMS ACCN: 683649361

FASTING? NO

Components

Component	Value	Reference Range	Flag	Lab
CHOLESTEROL	191	<=199 mg/dL	—	956
HDL	52	>=40 mg/dL	—	956
LDL	129	<=99 mg/dL	H ^	956

Comment: See LabNet for more information.

TRIGLYCERIDE, NONFASTING 104 <=149 mg/dL — 956

Comment:

Nonfasting triglycerides (TG) are affected by both recent meals and patient metabolism. No reference range is established. However, nonfasting triglycerides >170 mg/dL are significantly elevated, and measurement of fasting triglycerides may be warranted.

Note that if nonfasting TG are sufficiently high, then direct LDL (if TG>1300 mg/dL) or HDL (if TG>2000 mg/dL) measurements may not be valid.

CHOLESTEROL, NON-HDL 139 mg/dL — 956

Comment: NonHDL targets are 30 mg/dL higher than LDL targets.

Reviewed by

Hoang, Thuy Lisa (L.V.N.), L.V.N. on 08/19/20 1317

Bergman, Julie A (D.O.), D.O. on 08/16/20 2037

Bergman, Julie A (D.O.), D.O. on 08/16/20 2026

Bergman, Julie A (D.O.), D.O. on 08/16/20 2022

Bergman, Julie A (D.O.), D.O. on 08/16/20 2022

Bergman, Julie A (D.O.), D.O. on 08/16/20 2021

Bergman, Julie A (D.O.), D.O. on 08/13/20 1302

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
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06/19/2020 - Released Future/Standing Orders in INTERNAL MEDICINE AQUA2 (continued)**Labs (continued)**

240 - 956	SHERMAN WAY REGIONAL LABORATORY	Steven McLaren, DO	11668 Sherman Way NORTH HOLLYWOOD CA 91605	03/28/19 2317 - Present
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LIPID PANEL [1554006930]

Resulted: 08/13/20 0028, Result status: Final result

Order status: Completed	Filed on: 09/29/22 1038
Collected by: D010557 08/12/20 1111	Resulting lab: SHERMAN WAY REGIONAL LABORATORY
Narrative:	
RMS ACCN: 683649361	
FASTING? NO	

Components

Component	Value	Reference Range	Flag	Lab
CHOLESTEROL	191	<=199 mg/dL	—	956
TRIGLYCERIDE, NONFASTING	104	<=149 mg/dL	—	956

Comment:

Nonfasting triglycerides (TG) are affected by both recent meals and patient metabolism. No reference range is established. However, nonfasting triglycerides >170 mg/dL are significantly elevated, and measurement of fasting triglycerides may be warranted.

Note that if nonfasting TG are sufficiently high, then direct LDL (if TG>1300 mg/dL) or HDL (if TG>2000 mg/dL) measurements may not be valid.

CHOLESTEROL, NON-HDL	139	mg/dL	—	956
Comment: NonHDL targets are 30 mg/dL higher than LDL targets.				

Reviewed by

Hoang, Thuy Lisa (L.V.N.), L.V.N. on 08/19/20 1317
 Bergman, Julie A (D.O.), D.O. on 08/16/20 2037
 Bergman, Julie A (D.O.), D.O. on 08/16/20 2026
 Bergman, Julie A (D.O.), D.O. on 08/16/20 2022
 Bergman, Julie A (D.O.), D.O. on 08/16/20 2022
 Bergman, Julie A (D.O.), D.O. on 08/16/20 2021
 Bergman, Julie A (D.O.), D.O. on 08/13/20 1302

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
240 - 956	SHERMAN WAY REGIONAL LABORATORY	Steven McLaren, DO	11668 Sherman Way NORTH HOLLYWOOD CA 91605	03/28/19 2317 - Present

LIPID PANEL [1554006930]

Resulted: 08/13/20 0028, Result status: Final result

Order status: Completed	Filed on: 09/29/22 0336
Collected by: D010557 08/12/20 1111	Resulting lab: SHERMAN WAY REGIONAL LABORATORY
Narrative:	
RMS ACCN: 683649361	
FASTING? NO	

Components

Component	Value	Reference Range	Flag	Lab
CHOLESTEROL, NON-HDL	139	mg/dL	—	956

Comment: NonHDL targets are 30 mg/dL higher than LDL targets.

Reviewed by

Hoang, Thuy Lisa (L.V.N.), L.V.N. on 08/19/20 1317
 Bergman, Julie A (D.O.), D.O. on 08/16/20 2037
 Bergman, Julie A (D.O.), D.O. on 08/16/20 2026

06/19/2020 - Released Future/Standing Orders in INTERNAL MEDICINE AQUA2 (continued)**Labs (continued)**

Bergman, Julie A (D.O.), D.O. on 08/16/20 2022
 Bergman, Julie A (D.O.), D.O. on 08/16/20 2022
 Bergman, Julie A (D.O.), D.O. on 08/16/20 2021
 Bergman, Julie A (D.O.), D.O. on 08/13/20 1302

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
240 - 956	SHERMAN WAY REGIONAL LABORATORY	Steven McLaren, DO	11668 Sherman Way NORTH HOLLYWOOD CA 91605	03/28/19 2317 - Present

LIPID PANEL [1554006930]

Resulted: 08/12/20 2208, Result status: In process

Order status: Completed

Filed on: 09/29/22 1038

Collected by: D010557 08/12/20 1111

Narrative:

RMS ACCN: 683649361FASTING? NO

Reviewed by

Hoang, Thuy Lisa (L.V.N.), L.V.N. on 08/19/20 1317
 Bergman, Julie A (D.O.), D.O. on 08/16/20 2037
 Bergman, Julie A (D.O.), D.O. on 08/16/20 2026
 Bergman, Julie A (D.O.), D.O. on 08/16/20 2022
 Bergman, Julie A (D.O.), D.O. on 08/16/20 2022
 Bergman, Julie A (D.O.), D.O. on 08/16/20 2021
 Bergman, Julie A (D.O.), D.O. on 08/13/20 1302

Indications

SCREENING [Z13.9 (ICD-10-CM)]

All Reviewers List

Hoang, Thuy Lisa (L.V.N.), L.V.N. on 8/19/2020 13:17
 Bergman, Julie A (D.O.), D.O. on 8/16/2020 20:37
 Bergman, Julie A (D.O.), D.O. on 8/16/2020 20:26
 Bergman, Julie A (D.O.), D.O. on 8/16/2020 20:22
 Bergman, Julie A (D.O.), D.O. on 8/16/2020 20:22
 Bergman, Julie A (D.O.), D.O. on 8/16/2020 20:21
 Bergman, Julie A (D.O.), D.O. on 8/13/2020 13:02

CREATININE [1554006931] (Final result)Electronically signed by: **Stahl, Jerusha Emily (M.D.), M.D. on 03/19/20 1351**Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Stahl, Jerusha Emily (M.D.), M.D. 03/19/20 1351

Authorized by: Stahl, Jerusha Emily (M.D.), M.D.

Ordering mode: Standard

Frequency: Routine 03/19/20 -

Class: Normal

Quantity: 1

Lab status: Final result

Diagnoses

SCREENING [Z13.9]

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.), M.D.	1083894638

Specimen Information

ID	Type	Source	Collected By
C0000220202250 31560	—	BLOOD	D010557 08/12/20 1111

06/19/2020 - Released Future/Standing Orders in INTERNAL MEDICINE AQUA2 (continued)

Labs (continued)

CREATININE [1554006931]

Resulted: 08/12/20 1809, Result status: Final result

Order status: Completed
 Collected by: D010557 08/12/20 1111
 Narrative:
 RMS ACCN: 683649360
 Acknowledged by
 Bergman, Julie A (D.O.), D.O. on 08/13/20 1302
 Hoang, Thuy Lisa (L.V.N.), L.V.N. on 08/19/20 1315

Filed on: 09/29/22 1038
 Resulting lab: KFH, LAMC HOSPITAL LABORATORY

Components

Component	Value	Reference Range	Flag	Lab
CREATININE	0.64	<=1.10 mg/dL	—	002
GLOMERULAR FILTRATION RATE	>120	>=60 mL/min/BSA	—	002

Comment:

GFR estimate is invalid if on dialysis or if acute kidney injury. For newly identified GFR decline, evaluate for reversible causes and order Kidney Profile (includes GFR and ACR). Go to Aura 5-year Renal Failure for CKD risk assessment and guidance.

CKD Categorization by GFR & ACR (urine Albumin/Creatinine Ratio = microalbumin/creatinine)

GFR >3 months	ACR <30(A1)	ACR 30-<300(A2)	ACR 300+(A3)
>=90		CKD1 A2 or *	CKD1 A3
60-<90		CKD2 A2 or *	CKD2 A3
30-<59	CKD3 A1 or *	CKD3 A2	CKD3 A3
15-<30	CKD4 A1	CKD4 A2	CKD4 A3
<15	CKD5 A1	CKD5 A2	CKD5 A3

*may label 'abnormal kidney function' or 'proteinuria' as appropriate

RACE Black — — 002

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
1225 - 002	KFH, LAMC HOSPITAL LABORATORY	Hedyeh Shafi, MD	4867 Sunset Blvd. Los Angeles CA 90027	03/31/16 0248 - Present

CREATININE [1554006931]

Resulted: 08/12/20 1809, Result status: Preliminary result

Order status: Completed
 Collected by: D010557 08/12/20 1111
 Narrative:
 RMS ACCN: 683649360

Filed on: 09/29/22 1038
 Resulting lab: KFH, LAMC HOSPITAL LABORATORY

Components

Component	Value	Reference Range	Flag	Lab
CREATININE	0.64	<=1.10 mg/dL	—	002
RACE	Black	—	—	002

Reviewed by

Hoang, Thuy Lisa (L.V.N.), L.V.N. on 08/19/20 1317
 Bergman, Julie A (D.O.), D.O. on 08/16/20 2037
 Bergman, Julie A (D.O.), D.O. on 08/16/20 2026
 Bergman, Julie A (D.O.), D.O. on 08/16/20 2022
 Bergman, Julie A (D.O.), D.O. on 08/16/20 2022

06/19/2020 - Released Future/Standing Orders in INTERNAL MEDICINE AQUA2 (continued)**Labs (continued)**

Bergman, Julie A (D.O.), D.O. on 08/16/20 2021
Bergman, Julie A (D.O.), D.O. on 08/13/20 1302

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
1225 - 002	KFH, LAMC HOSPITAL LABORATORY	Hedyeh Shafi, MD	4867 Sunset Blvd. Los Angeles CA 90027	03/31/16 0248 - Present

CREATININE [1554006931]

Resulted: 08/12/20 1809, Result status: Preliminary
result

Order status: Completed

Filed on: 09/29/22 1038

Collected by: D010557 08/12/20 1111

Resulting lab: KFH, LAMC HOSPITAL LABORATORY

Narrative:

RMS ACCN: 683649360

Components

Component	Value	Reference Range	Flag	Lab
CREATININE	0.64	<=1.10 mg/dL	—	002

Reviewed by

Hoang, Thuy Lisa (L.V.N.), L.V.N. on 08/19/20 1317
Bergman, Julie A (D.O.), D.O. on 08/16/20 2037
Bergman, Julie A (D.O.), D.O. on 08/16/20 2026
Bergman, Julie A (D.O.), D.O. on 08/16/20 2022
Bergman, Julie A (D.O.), D.O. on 08/16/20 2022
Bergman, Julie A (D.O.), D.O. on 08/16/20 2021
Bergman, Julie A (D.O.), D.O. on 08/13/20 1302

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
1225 - 002	KFH, LAMC HOSPITAL LABORATORY	Hedyeh Shafi, MD	4867 Sunset Blvd. Los Angeles CA 90027	03/31/16 0248 - Present

CREATININE [1554006931]

Resulted: 08/12/20 1751, Result status: In process

Order status: Completed

Filed on: 09/29/22 0336

Collected by: D010557 08/12/20 1111

Narrative:

RMS ACCN: 683649360

Reviewed by

Hoang, Thuy Lisa (L.V.N.), L.V.N. on 08/19/20 1317
Bergman, Julie A (D.O.), D.O. on 08/16/20 2037
Bergman, Julie A (D.O.), D.O. on 08/16/20 2026
Bergman, Julie A (D.O.), D.O. on 08/16/20 2022
Bergman, Julie A (D.O.), D.O. on 08/16/20 2022
Bergman, Julie A (D.O.), D.O. on 08/16/20 2021
Bergman, Julie A (D.O.), D.O. on 08/13/20 1302

Indications

SCREENING [Z13.9 (ICD-10-CM)]

All Reviewers List

Hoang, Thuy Lisa (L.V.N.), L.V.N. on 8/19/2020 13:17

06/19/2020 - Released Future/Standing Orders in INTERNAL MEDICINE AQUA2 (continued)**Labs (continued)**

Bergman, Julie A (D.O.), D.O. on 8/16/2020 20:37
 Bergman, Julie A (D.O.), D.O. on 8/16/2020 20:26
 Bergman, Julie A (D.O.), D.O. on 8/16/2020 20:22
 Bergman, Julie A (D.O.), D.O. on 8/16/2020 20:22
 Bergman, Julie A (D.O.), D.O. on 8/16/2020 20:21
 Bergman, Julie A (D.O.), D.O. on 8/13/2020 13:02

ALT [1554006932] (Final result)Electronically signed by: **Stahl, Jerusha Emily (M.D.), M.D. on 03/19/20 1351**Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Stahl, Jerusha Emily (M.D.), M.D. 03/19/20 1351

Authorized by: Stahl, Jerusha Emily (M.D.), M.D.

Ordering mode: Standard

Frequency: Routine 03/19/20 -

Class: Normal

Quantity: 1

Lab status: Final result

Diagnoses

SCREENING [Z13.9]

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.), M.D.	1083894638

Specimen Information

ID	Type	Source	Collected By
C0000220202250 31560	—	BLOOD	D010557 08/12/20 1111

ALT [1554006932]

Resulted: 08/12/20 1809, Result status: Final result

Order status: Completed

Filed on: 09/29/22 1038

Collected by: D010557 08/12/20 1111

Resulting lab: KFH, LAMC HOSPITAL LABORATORY

Narrative:

RMS ACCN: 683649360

Acknowledged by

Bergman, Julie A (D.O.), D.O. on 08/13/20 1302

Hoang, Thuy Lisa (L.V.N.), L.V.N. on 08/19/20 1315

Components

Component	Value	Reference Range	Flag	Lab
ALT	19	<=54 U/L	—	002

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
1225 - 002	KFH, LAMC HOSPITAL LABORATORY	Hedyeh Shafi, MD	4867 Sunset Blvd. Los Angeles CA 90027	03/31/16 0248 - Present

ALT [1554006932]

Resulted: 08/12/20 1751, Result status: In process

Order status: Completed

Filed on: 09/29/22 0336

Collected by: D010557 08/12/20 1111

Narrative:

RMS ACCN: 683649360

Reviewed by

Hoang, Thuy Lisa (L.V.N.), L.V.N. on 08/19/20 1317
 Bergman, Julie A (D.O.), D.O. on 08/16/20 2037
 Bergman, Julie A (D.O.), D.O. on 08/16/20 2026
 Bergman, Julie A (D.O.), D.O. on 08/16/20 2022
 Bergman, Julie A (D.O.), D.O. on 08/16/20 2022

06/19/2020 - Released Future/Standing Orders in INTERNAL MEDICINE AQUA2 (continued)**Labs (continued)**

Bergman, Julie A (D.O.), D.O. on 08/16/20 2021
Bergman, Julie A (D.O.), D.O. on 08/13/20 1302

Indications

SCREENING [Z13.9 (ICD-10-CM)]

All Reviewers List

Hoang, Thuy Lisa (L.V.N.), L.V.N. on 8/19/2020 13:17
Bergman, Julie A (D.O.), D.O. on 8/16/2020 20:37
Bergman, Julie A (D.O.), D.O. on 8/16/2020 20:26
Bergman, Julie A (D.O.), D.O. on 8/16/2020 20:22
Bergman, Julie A (D.O.), D.O. on 8/16/2020 20:22
Bergman, Julie A (D.O.), D.O. on 8/16/2020 20:21
Bergman, Julie A (D.O.), D.O. on 8/13/2020 13:02

CBC NO DIFFERENTIAL [1554006934] (Final result)

Electronically signed by: **Stahl, Jerusha Emily (M.D.), M.D. on 03/19/20 1351** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Stahl, Jerusha Emily (M.D.), M.D. 03/19/20 1351

Authorized by: Stahl, Jerusha Emily (M.D.), M.D.

Ordering mode: Standard

Frequency: Routine 03/19/20 -

Class: Normal

Quantity: 1

Lab status: Final result

Diagnoses

SCREENING [Z13.9]

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.), M.D.	1083894638

Specimen Information

ID	Type	Source	Collected By
C0000220202250 31560	—	BLOOD	D010557 08/12/20 1111

CBC NO DIFFERENTIAL [1554006934]

Resulted: 08/12/20 1724, Result status: Final result

Order status: Completed

Filed on: 09/29/22 1038

Collected by: D010557 08/12/20 1111

Resulting lab: KFH, LAMC HOSPITAL LABORATORY

Narrative:

RMS ACCN: 683649360

Acknowledged by

Bergman, Julie A (D.O.), D.O. on 08/13/20 1302

Hoang, Thuy Lisa (L.V.N.), L.V.N. on 08/19/20 1315

Components

Component	Value	Reference Range	Flag	Lab
WBC'S AUTO	4.7	4.0 - 11.0 x1000/mcL	—	002
RBC, AUTO	4.79	4.20 - 5.40 Mill/mcL	—	002
HGB	14.8	12.0 - 16.0 g/dL	—	002
HCT, AUTO	43.1	37.0 - 47.0 %	—	002
MCV	90.0	81.0 - 99.0 fL	—	002
MCH	30.8	27.0 - 35.0 pg/cell	—	002
MCHC	34.3	32.0 - 37.0 g/dL	—	002
RDW, BLOOD	12.5	11.5 - 14.5 %	—	002
PLATELETS, AUTOMATED COUNT	334	130 - 400 x1000/mcL	—	002

06/19/2020 - Released Future/Standing Orders in INTERNAL MEDICINE AQUA2 (continued)**Labs (continued)****Testing Performed By**

Lab - Abbreviation	Name	Director	Address	Valid Date Range
1225 - 002	KFH, LAMC HOSPITAL LABORATORY	Hedyeh Shafi, MD	4867 Sunset Blvd. Los Angeles CA 90027	03/31/16 0248 - Present

CBC NO DIFFERENTIAL [1554006934]

Resulted: 08/12/20 1709, Result status: In process

Order status: Completed

Filed on: 09/29/22 0336

Collected by: D010557 08/12/20 1111

Narrative:

RMS ACCN: 683649360

Reviewed by

Hoang, Thuy Lisa (L.V.N.), L.V.N. on 08/19/20 1317
 Bergman, Julie A (D.O.), D.O. on 08/16/20 2037
 Bergman, Julie A (D.O.), D.O. on 08/16/20 2026
 Bergman, Julie A (D.O.), D.O. on 08/16/20 2022
 Bergman, Julie A (D.O.), D.O. on 08/16/20 2022
 Bergman, Julie A (D.O.), D.O. on 08/16/20 2021
 Bergman, Julie A (D.O.), D.O. on 08/13/20 1302

Indications

SCREENING [Z13.9 (ICD-10-CM)]

All Reviewers List

Hoang, Thuy Lisa (L.V.N.), L.V.N. on 8/19/2020 13:17
 Bergman, Julie A (D.O.), D.O. on 8/16/2020 20:37
 Bergman, Julie A (D.O.), D.O. on 8/16/2020 20:26
 Bergman, Julie A (D.O.), D.O. on 8/16/2020 20:22
 Bergman, Julie A (D.O.), D.O. on 8/16/2020 20:22
 Bergman, Julie A (D.O.), D.O. on 8/16/2020 20:21
 Bergman, Julie A (D.O.), D.O. on 8/13/2020 13:02

HEMOGLOBIN A1C, SCREENING OR PREDIABETIC MONITORING [1554006936] (Final result)Electronically signed by: **Stahl, Jerusha Emily (M.D.), M.D. on 03/19/20 1351**Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Stahl, Jerusha Emily (M.D.), M.D. 03/19/20 1351

Authorized by: Stahl, Jerusha Emily (M.D.), M.D.

Ordering mode: Standard

Frequency: Routine 03/19/20 -

Class: Normal

Quantity: 1

Lab status: Final result

Diagnoses

SCREENING [Z13.9]

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.), M.D.	1083894638

Specimen Information

ID	Type	Source	Collected By
C0000220202250 31561	—	BLOOD	D010557 08/12/20 1111

HEMOGLOBIN A1C, SCREENING OR PREDIABETIC MONITORING [1554006936]

Resulted: 08/13/20 0202, Result status: Final result

Order status: Completed

Filed on: 09/29/22 1038

Collected by: D010557 08/12/20 1111

Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Narrative:

06/19/2020 - Released Future/Standing Orders in INTERNAL MEDICINE AQUA2 (continued)**Labs (continued)**

RMS ACCN: 683649361

Acknowledged by

Bergman, Julie A (D.O.), D.O. on 08/13/20 1302

Hoang, Thuy Lisa (L.V.N.), L.V.N. on 08/19/20 1315

Components

Component	Value	Reference Range	Flag	Lab
HGBA1C%	5.5	4.6 - 5.6 %	—	956

Comment:

A repeatable HbA1c > or = 6.5% is diagnostic of diabetes. A single HbA1c > or = 6.5% can also be confirmed by a fasting plasma glucose measurement > 125 mg/dL, a random plasma glucose > or = 200 mg/dL, or a 2 hour oral glucose tolerance test result > or = 200 mg/dL. Patients with HbA1c of 5.7-6.4% are at increased risk for future diabetes.

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
240 - 956	SHERMAN WAY REGIONAL LABORATORY	Steven McLaren, DO	11668 Sherman Way NORTH HOLLYWOOD CA 91605	03/28/19 2317 - Present

**HEMOGLOBIN A1C, SCREENING OR PREDIABETIC MONITORING
[1554006936]**

Resulted: 08/12/20 2341, Result status: In process

Order status: Completed

Filed on: 09/29/22 1038

Collected by: D010557 08/12/20 1111

Narrative:

RMS ACCN: 683649361

Reviewed by

Hoang, Thuy Lisa (L.V.N.), L.V.N. on 08/19/20 1317

Bergman, Julie A (D.O.), D.O. on 08/16/20 2037

Bergman, Julie A (D.O.), D.O. on 08/16/20 2026

Bergman, Julie A (D.O.), D.O. on 08/16/20 2022

Bergman, Julie A (D.O.), D.O. on 08/16/20 2022

Bergman, Julie A (D.O.), D.O. on 08/16/20 2021

Bergman, Julie A (D.O.), D.O. on 08/13/20 1302

Indications

SCREENING [Z13.9 (ICD-10-CM)]

All Reviewers List

Hoang, Thuy Lisa (L.V.N.), L.V.N. on 8/19/2020 13:17

Bergman, Julie A (D.O.), D.O. on 8/16/2020 20:37

Bergman, Julie A (D.O.), D.O. on 8/16/2020 20:26

Bergman, Julie A (D.O.), D.O. on 8/16/2020 20:22

Bergman, Julie A (D.O.), D.O. on 8/16/2020 20:22

Bergman, Julie A (D.O.), D.O. on 8/16/2020 20:21

Bergman, Julie A (D.O.), D.O. on 8/13/2020 13:02

VITAMIN D, 25-HYDROXY [1554006937] (Final result)Electronically signed by: **Stahl, Jerusha Emily (M.D.), M.D. on 03/19/20 1351**Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Stahl, Jerusha Emily (M.D.), M.D. 03/19/20 1351

Authorized by: Stahl, Jerusha Emily (M.D.), M.D.

Ordering mode: Standard

Frequency: Routine 03/19/20 -

Class: Normal

06/19/2020 - Released Future/Standing Orders in INTERNAL MEDICINE AQUA2 (continued)

Labs (continued)

Quantity: 1 Lab status: Final result
Diagnoses
SCREENING [Z13.9]

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.), M.D.	1083894638

Specimen Information

ID	Type	Source	Collected By
C0000220202250 31560	—	BLOOD	D010557 08/12/20 1111

VITAMIN D, 25-HYDROXY [1554006937] (Abnormal)

Resulted: 08/15/20 1615, Result status: Final result

Order status: Completed	Filed on: 09/29/22 1038
Collected by: D010557 08/12/20 1111	Resulting lab: SHERMAN WAY REGIONAL LABORATORY
Narrative:	
RMS ACCN: 683649362	
Acknowledged by	
Bergman, Julie A (D.O.), D.O. on 08/16/20 2021	
Hoang, Thuy Lisa (L.V.N.), L.V.N. on 08/19/20 1315	

Components

Component	Value	Reference Range	Flag	Lab
VITAMIN D, 25-HYDROXY, D3	13	ng/mL	—	956
VITAMIN D, 25-HYDROXY, D2	<4	ng/mL	—	956
25-HYDROXYVITAMIN D	13	30 - 100 ng/mL	L v	956

Comment:

There is general consensus (Endocrine Society, Natl Osteoporosis FDN, K_DOQI) that 25-OH Vitamin D measurements > 30 ng/mL are desirable. However, most Americans are deficient by this standard (NHanes III).

Levels <10 ng/mL are consistent with a diagnosis of Rickets/Osteomalacia.

Infants normally produce Vitamin D metabolites that falsely elevate 25-OH Vitamin D measurements. Please order D,25-Hydroxy, Neonatal [82306D] for these patients.

This test was developed and its performance characteristics determined by each applicable laboratory in the Southern California Permanente Medical Group Laboratory System where the test is performed. It has not been cleared or approved by the FDA. Each applicable laboratory is regulated under CLIA as qualified to perform high-complexity testing. This test is used for clinical purposes. It should not be regarded as investigational or for research.

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
240 - 956	SHERMAN WAY REGIONAL LABORATORY	Steven McLaren, DO	11668 Sherman Way NORTH HOLLYWOOD CA 91605	03/28/19 2317 - Present

VITAMIN D, 25-HYDROXY [1554006937]

Resulted: 08/12/20 2210, Result status: In process

Order status: Completed	Filed on: 09/29/22 1038
Collected by: D010557 08/12/20 1111	
Narrative:	
RMS ACCN: 683649362	

06/19/2020 - Released Future/Standing Orders in INTERNAL MEDICINE AQUA2 (continued)**Labs (continued)****Reviewed by**

Hoang, Thuy Lisa (L.V.N.), L.V.N. on 08/19/20 1317
 Bergman, Julie A (D.O.), D.O. on 08/16/20 2037
 Bergman, Julie A (D.O.), D.O. on 08/16/20 2026
 Bergman, Julie A (D.O.), D.O. on 08/16/20 2022
 Bergman, Julie A (D.O.), D.O. on 08/16/20 2022
 Bergman, Julie A (D.O.), D.O. on 08/16/20 2021

Indications

SCREENING [Z13.9 (ICD-10-CM)]

All Reviewers List

Hoang, Thuy Lisa (L.V.N.), L.V.N. on 8/19/2020 13:17
 Bergman, Julie A (D.O.), D.O. on 8/16/2020 20:37
 Bergman, Julie A (D.O.), D.O. on 8/16/2020 20:26
 Bergman, Julie A (D.O.), D.O. on 8/16/2020 20:22
 Bergman, Julie A (D.O.), D.O. on 8/16/2020 20:22
 Bergman, Julie A (D.O.), D.O. on 8/16/2020 20:21

END OF ENCOUNTER**06/23/2020 - Office Visit in KP ON THE JOB****Visit Information****Provider Information****Encounter Provider**

Pandya, Bhavesh Robert J (M.D.), M.D.

Authorizing Provider

Pandya, Bhavesh Robert J (M.D.), M.D.

Department

Name	Address	Phone	Fax
KP ON THE JOB	333 S HOPE ST STE C130 C145 Los Angeles CA 90071-1406	323-783-6621	877-515-8038

Level of Service**Level of Service**

OUTPT EST LEVEL 3

Reason for Visit**Chief Complaints**

- WORK RELATED INJURY (doi: 4/10/20)
- ARM INJURY
- HEAD INJURY
- NECK INJURY
- SHOULDER INJURY

Visit Diagnoses

- NECK MUSCLE STRAIN, SUBSEQ [S16.1XXD]
- HEADACHE [R51]
- LEFT SHOULDER JOINT PAIN [M25.512]
- LEFT ARM PAIN [M79.602]

06/23/2020 - Office Visit in KP ON THE JOB (continued)**Vitals****Vital Signs**

Most recent update: 6/23/2020 1:15 PM

BP 150/87	Pulse 77	Temp 98 °F (36.7 °C) (Tympanic)
--------------	-------------	------------------------------------

Pain Information (Last Filed)

Score	Location	Comments	Edu?
6 (scale 0-10)	NECK	None	No

Clinical Notes**Progress Notes****Pandya, Bhavesh Robert J (M.D.), M.D. at 6/23/2020 1306**

Author: Pandya, Bhavesh Robert J (M.D.), M.D. Filed: 6/23/2020 1:39 PM Status: Signed	Service: — Encounter Date: 6/23/2020 Editor: Pandya, Bhavesh Robert J (M.D.), M.D. (Physician)	Author Type: Physician Creation Time: 6/23/2020 1:06 PM
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PHYSICIAN'S PROGRESS NOTES

--- This documentation is for State Form (PR2) ---

SUBJECTIVE COMPLAINTS:**Chief Complaint:**

WORK RELATED INJURY; ARM INJURY; HEAD INJURY; NECK INJURY; and SHOULDER INJURY

CURRENT TREATMENT REVIEW FOR THIS INJURY/ILLNESS:

(Mechanism of injury / prior imaging studies and prior consults)

Pepper Smith is a 48 year old female who has worked as a(n) MANAGER 1 FOR STATE OF CALIFORNIA FOR THE PAST
DOES MOSTLY ADMIN WORK
. PLEASE NOTE I WAS NOT PROVIDED WITH A FORMAL WRITTEN JOB DESCRIPTION DESCRIBING THE PATIENT'S USUAL AND CUSTOMARY JOB DUTIES FOR MY REVIEW.

Mechanism of Injury: The patient states she was injured when SAYS INJURED SEVERAL AREAS: DUE TO MOVING TOWARDS WINDOW AND TURNING DUE TO A "STARTLED BY LOUD SOUND FROM EXPLOSION NEAR THE WORKSITE".

SEEN BY PCP MD DR RUTH GETACHEW

INJURY DESCRIBED AS : PHONE VISIT DOCUMENTATION:

4/10/20 pt was running to the window when she show an explosion, she made an immediately turned around when she heard the explosion

Later on noticed headache, that has since resolved

But pt also had some neck discomfort "

New diagnostic tests since last visit: none

06/23/2020 - Office Visit in KP ON THE JOB (continued)

Clinical Notes (continued)

New consultation:NO

Current prescribed/advised treatment detail:

TREATMENT PROGRESS:

The patient's symptoms from the previous visit are:

Improved

Pepper Smith is a 49 year old female with the following subjective factors:

Patient Complaints:

SUBJECTIVE COMPLAINTS:

Pepper Smith is a 49 year old female who complains of left neck pain

RATES AS BETTER THAN BEFORE

DENIES RADIATION INTO ARM OR PARESTHESIAS

DENIES NO headache with left upper back muscle tightness

Physical Therapy VERY HELPFUL, HAS ABOUT 4 MORE SESSIONS

DOING FULL DUTY

Review of Systems:

Gastrointestinal: No abdominal pain, or bleeding

Neurologic: No focal weakness, or paresthesia the arms or legs.

REVIEW OF SYSTEMS:

I have reviewed the following systems:

Gastrointestinal: No nausea, vomiting, or abdominal painNeurologic: No headache**OBJECTIVE FINDINGS:**

Vital Signs:

BP (!) 150/87 | Pulse 77 | Temp 98 °F (36.7 °C) (Tympanic) | LMP 06/05/2017

I confirm that I have performed the following examination(s):

Constitutional: Well developed and well nourished and Alert and conversant**PHYSICAL EXAMINATION:**

NO PHYSICAL EXAMINATION WAS PERFORMED FOR THIS VISIT

06/23/2020 - Office Visit in KP ON THE JOB (continued)

Clinical Notes (continued)

DIAGNOSES:

S16.1XXD NECK MUSCLE STRAIN, SUBSEQ
R51 HEADACHE
M25.512 LEFT SHOULDER JOINT PAIN
M79.602 LEFT ARM PAIN

Diagnoses not noted on current encounter:

S16.1XXD NECK MUSCLE STRAIN, SUBSEQ
R51 HEADACHE
M25.512 LEFT SHOULDER JOINT PAIN
M79.602 LEFT ARM PAIN

IMPROVING with Physical Therapy,
NOT YET AT MMI

TREATMENT PLAN:

Medications:

The medication(s)/supplies/radiological studies ordered this visit:
No orders of the defined types were placed in this encounter.

Treatment Rendered:
Has pain medications

Complete Physical Therapy

FULL DUTY

BEST ESTIMATED TIME TO MMI IS APPROX 2-3 MONTHS

FACTORS OF CARE:

Factors of Care:

For disability status/ updates/ or making appointments: (323) 783-6621.

Faxing @ (877) 515-8038

For questions regarding authorizations such as PT/ OT / MRI / NCV studies (except surgery), @ (844) 789-0172.

For questions regarding surgery authorizations please call the Case Coordinator, Hector Lohaiza (323) 783-

06/23/2020 - Office Visit in KP ON THE JOB (continued)

Clinical Notes (continued)

5124.

To speak to the Dept. Administrator, please call @ (323) 783-4385.

To speak to me, please call @ (323) 783 6621

Activity RX/Forms: No Work data filed for this patient encounter.

WORK STATUS:

See Below

Primary Treating Physician:

I declare under the penalty of perjury that this report is true and correct to the best of my knowledge and I have not violated Labor Code §139.3.

---End of Progress Notes---

Work Status:

Activity RX/Forms

No Work data filed for this patient encounter.

BHAVESH ROBERT J PANDYA MD

6/23/2020, 1:06 PM

Contact Information:

Electronically signed by Pandya, Bhavesh Robert J (M.D.), M.D. at 6/23/2020 1:39 PM

06/23/2020 - Office Visit in KP ON THE JOB (continued)**Clinical Notes (continued)****Procedures****PHYS SPECIAL REPORT, PR-2 TREATING PHYS'S PROGRESS REPORT [1554006938] (Active)**Electronically signed by: **Pandya, Bhavesh Robert J (M.D.), M.D. on 06/23/20 1325** Status: **Active**

Ordering user: Pandya, Bhavesh Robert J (M.D.), M.D. 06/23/20 1325 Authorized by: Pandya, Bhavesh Robert J (M.D.), M.D.

Ordering mode: Standard
Frequency: Routine 06/23/20 -
Quantity: 1Class: Back Office
Released by: Pandya, Bhavesh Robert J (M.D.), M.D. 06/23/20
1325**Diagnoses**NECK MUSCLE STRAIN, SUBSEQ [S16.1XXD]
HEADACHE [R51]
LEFT SHOULDER JOINT PAIN [M25.512]
LEFT ARM PAIN [M79.602]**Provider Details**

Provider	NPI
Pandya, Bhavesh Robert J (M.D.), M.D.	1679625032

IndicationsNECK MUSCLE STRAIN, SUBSEQ [S16.1XXD (ICD-10-CM)]
HEADACHE [R51 (ICD-10-CM)]
LEFT SHOULDER JOINT PAIN [M25.512 (ICD-10-CM)]
LEFT ARM PAIN [M79.602 (ICD-10-CM)]**Patient Instructions**

Thank you for visiting the Occupational Medicine department. We hope you had an excellent visit and we encourage you to share your experience with us. To share your experience, please contact Imran Rana, Department Administrator for Occupational Medicine. Available weekdays at **(323)783-4385** or via email at **Imran.Rana@kp.org**.

Thank you for choosing Kaiser Permanente.

If you have not received a call to schedule any specialty consultation, physical therapy, occupational therapy or any other treatment or medical equipment ordered by your doctor, please call our Regional Business Unit at **(844)789-0172**.

Specialty Appointment **(323)783-2583**

One Call Therapy **(866)389-0211**

06/23/2020 - Office Visit in KP ON THE JOB (continued)

Instructions from BHAVESH ROBERT J PANDYA MD, M.D.

Thank you for visiting the Occupational Medicine department. We hope you had an excellent visit and we encourage you to share your experience with us. To share your experience, please contact Imran Rana, Department Administrator for Occupational Medicine. Available weekdays at **(323)783-4385** or via email at **Imran.Rana@kp.org**. Thank you for choosing Kaiser Permanente.

If you have not received a call to schedule any specialty consultation, physical therapy, occupational therapy or any other treatment or medical equipment ordered by your doctor, please call our Regional Business Unit at **(844)789-0172**.

Specialty Appointment **(323)783-2583**
One Call Therapy **(866)389-0211**
MRI Scheduling **(323)783-5384**
Medrisk **(877)389-4580**

General Information

SKIP THE TRIP. Have our pharmacy come to you!

New and refill prescriptions mailed to your home.

When using the mail order option for obtaining prescriptions:

- **You must be able to wait 7 days** before starting a new, mail-order prescription. Medications needed before 7 days should be filled at the pharmacy. Ask the pharmacist if you have questions.
- You will need to have a **credit card** on file to use the mail-order option, unless you have dual medical coverage or have MediCal health benefits. You may bring a credit card to the pharmacy to be placed on file or enter while ordering on line.
- For most medications that are meant to be refilled every 30 days, filling the prescription by mail **you can obtain a 3-month supply** for just 2 months of copay!

4 ways to receive prescriptions by mail:

- If **checking-in at the Pharmacy**, ask for the mail order option to avoid waiting for the prescriptions to be filled. This is available only for medications not needed within the next 7 days.
- **Go to kp.org/Rxrefill**. After signing into kp.org, you will be brought to the Pharmacy Center.

06/23/2020 - Office Visit in KP ON THE JOB (continued)

- Use the **Kaiser Permanente app** for your mobile device. Find and download the app by searching for Kaiser Permanente on the Apple Store or the Google App Store.
- **Call (866) 206-2983** and be sure to have your medical record number and the prescription number located on the medication label ready when you call.

**You must be registered on KP.ORG to order prescriptions online or through the KP app.
Not registered yet? Go to KP.ORG/REGISTERNOW to get started.**

For questions, call member services at

[800-464-4000](tel:800-464-4000) or TTY [711](tel:711)
[800-788-0616](tel:800-788-0616) (Spanish)
[800-757-7585](tel:800-757-7585) (Chinese dialects)

Hours

Open 7 days a week
 24 hours a day
 Closed holidays

Medicare members

[800-443-0815](tel:800-443-0815) or TTY [711](tel:711)

Hours

Open 7 days a week
 from 8 a.m. to 8 p.m.

Protect yourself from the flu. Get vaccinated.

The flu is a serious, contagious illness caused by influenza viruses. Anyone can get the flu. It can cause mild to severe illness. The best way to prevent the flu is by getting a flu shot each year. The CDC and Kaiser Permanente recommend everyone 6 months and older get a flu shot every year.

Flu shot clinics open in September. No appointment is necessary.

Flu shots are available at no charge to members at Kaiser Permanente medical facilities.

For information about hours, times, and locations, please visit kp.org/flu or call 1-866-70-NOFLU (1-866-706-6358).

Adults should participate in at least 30 minutes, and children at least 60 minutes, of moderate exercise (such as brisk walking) for five or more days each week, unless instructed otherwise by your provider. For more information on the health benefits of walking please refer to <http://www.everybodywalk.org>. THRIVE!

06/23/2020 - Office Visit in KP ON THE JOB (continued)

Register at www.kp.org to email your physician, renew prescriptions, request appointments, learn more about your personal health, or obtain tips for healthy living!

Save money and time! Get your refills for home delivery at www.kp.org/refill

Pepper Smith (MRN: 000004779300) • Printed at 6/23/20 1:28 PM

Page 4 of 4 **Epic**

This is confidential information. Do not throw away in a Kaiser Permanente trash can.

END OF ENCOUNTER

07/15/2020 - Telephone in KP ON THE JOB

Visit Information

Nursing Assessment

07/15/2020 - Telephone in KP ON THE JOB (continued)

Visit Information (continued)

No Nursing Assessment available for this encounter.

Reason for Visit

Visit Diagnoses

- NECK MUSCLE STRAIN, SUBSEQ [S16.1XXD]
- LEFT SHOULDER JOINT PAIN [M25.512]

Clinical Notes

Telephone Encounter

Pandya, Bhavesh Robert J (M.D.), M.D. at 7/15/2020 1305

Author: Pandya, Bhavesh Robert J (M.D.), M.D.	Service: —	Author Type: Physician
Filed: 7/15/2020 6:02 PM	Encounter Date: 7/15/2020	Creation Time: 7/15/2020 1:05 PM
Status: Signed	Editor: Pandya, Bhavesh Robert J (M.D.), M.D. (Physician)	

Juarez, Inigo Liwanag (L.V.N.), L.V.N. - expired referral

[More Detail >>](#)

expired referral	Pepper Smith	
Juarez, Inigo Liwanag (L.V.N.), L.V.N.	MRN:000004779300	DOB:5/22/1971
	Pt626-Work:927-1082	Pt Home:323-377-1787

Sent:Wed July 15, 2020 10:44 AM
 To:Pandya, Bhavesh Robert J (M.D.), M.D.
 Cc:Jackson, Dorothy

Message

Good am Dr. Pandya,

Received a voicemail from IW.

States that she had a referral for therapy sessions but it expired.

Asking for a call back on what is the next step.

inigo

SPOIKE TO PATIENT, SAYS NEEDS NEW REFERRAL COMPLETED 10 SESSIONS, HELPING

Orders Placed This Encounter

- REFERRAL PHYSICAL THERAPY / OCCUPATIONAL THERAPY
 Referral Priority: Routine
 Referral Type: Outpatient Service

07/15/2020 - Telephone in KP ON THE JOB (continued)

Clinical Notes (continued)

Referral Reason:	Specialty Services Required
Referral Location:	*LOS ANGELES (LAMC)
Number of Visits Requested:	1

BP
BHAVESH ROBERT J PANDYA MD

7/15/2020

Electronically signed by Pandya, Bhavesh Robert J (M.D.), M.D. at 7/15/2020 6:02 PM

Other Orders

Referral

REFERRAL PHYSICAL THERAPY / OCCUPATIONAL THERAPY [1554006939] (Active)

Electronically signed by: **Pandya, Bhavesh Robert J (M.D.), M.D. on 07/15/20 1800** Status: **Active**
 Ordering user: Pandya, Bhavesh Robert J (M.D.), M.D. 07/15/20 Authorized by: Pandya, Bhavesh Robert J (M.D.), M.D.
 1800
 Ordering mode: Standard
 Frequency: Routine 07/15/20 - Class: Internal referral
 Quantity: 1
 Diagnoses
 NECK MUSCLE STRAIN, SUBSEQ [S16.1XXD]
 LEFT SHOULDER JOINT PAIN [M25.512]

Provider Details

Provider	NPI
Pandya, Bhavesh Robert J (M.D.), M.D.	1679625032

Questionnaire

Question	Answer
Reason:	*Consult/Referral

Order comments: Reason: Additional Physical Therapy The patient is being referred for additional physical therapy for Patient has completed approx 10 therapy treatments to date and reported decrease in pain and improved function in ADLs, decreased medication usage, and decrease work restrictions. Patient reports decrease in pain Physical therapy is appropriate per MTUS Chronic Pain Medical Treatment guidelines, Physical Medicine Treatment.

Referral Details

Referred By	Diagnoses	Referred To	Type	Priority
Pandya, Bhavesh Robert J (M.D.), M.D. 333 S HOPE ST STE C130 C145 LOS ANGELES CA 90071-1406 Phone: 833-574-2273 Fax: 833-574-2273	NECK MUSCLE STRAIN, SUBSEQ LEFT SHOULDER JOINT PAIN Order: Referral Physical Therapy / Occupational Therapy Reason: Specialty Services Required	*LOS ANGELES (LAMC) FOR REFERRALS ONLY LOS ANGELES CA 90027-5969 Specialty: Physical Therapy	Occupational Health	Routine

Comment: Reason: Additional Physical Therapy

The patient is being referred for additional physical therapy for Patient has completed approx 10 therapy treatments to date and reported decrease in pain and improved function in ADLs, decreased medication usage, and decrease work restrictions. Patient reports decrease in pain Physical therapy is appropriate per MTUS Chronic Pain Medical Treatment guidelines, Physical Medicine Treatment.

Question	Answer
----------	--------

07/15/2020 - Telephone in KP ON THE JOB (continued)

Other Orders (continued)

Reason::

*Consult/Referral

Indications

NECK MUSCLE STRAIN, SUBSEQ [S16.1XXD (ICD-10-CM)]
LEFT SHOULDER JOINT PAIN [M25.512 (ICD-10-CM)]

AFTER VISIT SUMMARY

Pepper Smith MRN: 000004779300



Today's Visit

You saw BHAVESH ROBERT J PANDYA MD, M.D. on Wednesday July 15, 2020. The following issues were addressed:

- NECK MUSCLE STRAIN
- LEFT SHOULDER JOINT PAIN

What's Next

AUG 4 Office Visit with BHAVESH ROBERT J PANDYA MD, M.D.
2020 Tuesday August 4 1:00 PM

KP ON THE JOB
333 S HOPE ST STE C130 C145
LOS ANGELES CA 90071-1406
323-783-6621

Medications

New Orders

Normal Orders This Visit

REFERRAL PHYSICAL THERAPY / OCCUPATIONAL THERAPY [229965 Custom]

Common Medication Direction Abbreviations

PO = Orally, QD = Once/day, BID = Twice/day, TID = 3x/day, QID = 4x/day, PRN = as needed
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Reviewed by Juarez, Inigo Liwanag (L.V.N.), L.V.N. on 6/23/2020

No Known Drug Allergies	Severity	Noted	Reaction Type	Reactions
	Not Specified	06/01/2005		

General Information

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07/15/2020 - Telephone in KP ON THE JOB (continued)

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07/15/2020 - Telephone in KP ON THE JOB (continued)

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END OF ENCOUNTER

07/17/2020 - Patient Self-Triage in SCAL ML E-VISITS ADMIN DEPT

Visit Information

Self Triage Urinary Incontinence Dt Scal

07/17/2020 - Patient Self-Triage in SCAL ML E-VISITS ADMIN DEPT (continued)

Visit Information (continued)

Last updated: 9/29/2022 10:40 AM PDT

Your answers to the following questions are part of your medical record and should reflect your current symptoms. Treatment decisions are based on your answers and can be harmful if you are not answering the questions accurately. Changing answers to questions and submitting multiple E-visits may result in the inability to treat you online.

--
In the past 6 months, have you experienced leaking of urine?

No

Patient Instructions

Selftriage Alert Reuse Appt_Ctr_C19 Adult Regn Peq_Scal

Pepper Smith,

It is important that you monitor your symptoms closely and call the Appointment Center at **1-833-574-2273** (TTY 711) to schedule a telephone or video visit. Inform them you have completed an E-visit.

As your trusted partner in health, please click on this link: kp.org webpage for more information on **COVID-19**. Check this webpage often for updated information as COVID-19 is constantly evolving and changing.

PLEASE DO NOT WALK IN TO ANY MEDICAL FACILITY WITHOUT SPEAKING TO A MEDICAL PROFESSIONAL FIRST to avoid putting you, your loved ones, or others around you at risk.

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07/17/2020 - Patient Self-Triage in SCAL ML E-VISITS ADMIN DEPT

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END OF ENCOUNTER**07/17/2020 - Telephone Appointment Visit in FAMILY PRACTICE GRN 1**

Visit Information

Provider Information

Encounter Provider

Hartmans, Sharon Gabrielle (M.D.), M.D.

Authorizing Provider

Hartmans, Sharon Gabrielle (M.D.), M.D.

Department

Name

FAMILY PRACTICE GRN 1

Address

5971 VENICE BLVD
Los Angeles CA 90034-1713

Phone

800-464-4000

Level of Service

Level of Service

PHYS TAV, EST PAT, 5-10 MIN OF MEDICAL DISCUSSION

Reason for Visit

Chief Complaint

- PELVIC PAIN

Visit Diagnosis

- LLQ ABDOMINAL PAIN [R10.32]

Clinical Notes

Nursing Note

Acosta, Maria (L.V.N.), L.V.N. at 7/17/2020 0943

Author: Acosta, Maria (L.V.N.), L.V.N.

Service: —

Author Type: LICENSED VOCATIONAL NURSE

Filed: 7/17/2020 9:44 AM

Encounter Date: 7/17/2020

Creation Time: 7/17/2020 9:43 AM

Status: Signed

Editor: Acosta, Maria (L.V.N.), L.V.N. (LICENSED VOCATIONAL NURSE)

No orders of the defined types were placed in this encounter.

Patient verified using 2 identifiers.

I have reviewed the provider's instructions and orders with the patient, answering all questions to her satisfaction.

Endorsed message to patient, patient declined to go to Urgent Care would like to be seen at IM dept.

07/17/2020 - Telephone Appointment Visit in FAMILY PRACTICE GRN 1 (continued)**Clinical Notes (continued)**

Assisted patient to book appointment.

Future Appointments

Date	Time	Provider	Department	Center
7/17/2020	3:10 PM	Pham, Anna Lee (D.O.), D.O.	VMFAM1	VENU
8/4/2020	1:00 PM	Pandya, Bhavesh Robert J (M.D.), M.D.	H3OHS1	HSMU

Electronically signed by Acosta, Maria (L.V.N.), L.V.N. at 7/17/2020 9:44 AM

Progress Notes**Hartmans, Sharon Gabrielle (M.D.), M.D. at 7/17/2020 0909**

Author: Hartmans, Sharon Gabrielle (M.D.), M.D.	Service: —	Author Type: Physician
Filed: 7/17/2020 9:18 AM	Encounter Date: 7/17/2020	Creation Time: 7/17/2020 9:09 AM
Status: Signed	Editor: Hartmans, Sharon Gabrielle (M.D.), M.D. (Physician)	

TELEPHONE APPOINTMENT VISIT (TAV) -- 9:09 AM

Pepper Smith is a 49 year old female

Reason for TAV: PELVIC PAIN

TELEHEALTH CONSENT

Prior to rendering the telehealth services:

1. I explained that there is available a face-to-face appointment with a provider to render the same health care services as this telehealth encounter.
2. The patient consented to receive health care services via telehealth for this encounter.

In the current climate of the 2020 COVID-19 crisis, We have discussed the risks and benefits to the patient of having a face-to-face appointment for evaluation and we have decided to postpone this patient's appointment unless further symptoms warrant one. I believe the risk of contracting COVID-19 during an in-person office visit is higher than the benefit for a face to face evaluation at this time.

PHONE VISIT DOCUMENTATION:

Patient with belching and gas two nights ago. She drank ginger ale and went to sleep but was uncomfortable. Woke up and pelvic area was sore.

Walking she feels the pain.

Every time she ate, pain was worse.

Feels it when she has a bowel movement or urinates.

Had a full hysterectomy.

07/17/2020 - Telephone Appointment Visit in FAMILY PRACTICE GRN 1 (continued)

Clinical Notes (continued)

Pain is mostly on the L
Has been constipated a few days ago.
No fever.

ASSESSMENT:

Encounter Diagnoses

Code	Name	Primary?
• R10.32	LLQ ABDOMINAL PAIN	

PLAN:
Suspicious for diverticulitis. No prior history of such.
Recommend in person evaluation
Will have nurse call to see if any same day apts available this morning. If not, recommend that patient go to Urgent Care for evaluation

Time spent with patient or guardian over the phone was 8 minutes.

Electronically signed by:
SHARON GABRIELLE HARTMANS MD
7/17/2020
9:16 AM

Electronically signed by Hartmans, Sharon Gabrielle (M.D.), M.D. at 7/17/2020 9:18 AM

07/17/2020 - Telephone Appointment Visit in FAMILY PRACTICE GRN 1 (continued)

AFTER VISIT SUMMARY

Pepper Smith MRN: 000004779300



7/17/2020 8:50 AM FAMILY PRACTICE GRN 1

Today's Visit

You saw SHARON GABRIELLE HARTMANS MD, M.D. on Friday July 17, 2020. The following issues were addressed:

- ABDOMINAL PAIN, LEFT LOWER

What's Next

JUL 17 2020 Office Visit with ANNA LEE PHAM DO, D.O.
Friday July 17 3:10 PM

FAMILY PRACTICE GRN 1
5971 VENICE BLVD
LOS ANGELES CA 90034-1713
800-464-4000

AUG 4 2020 Office Visit with BHAVESH ROBERT J PANDYA MD, M.D.
Tuesday August 4 1:00 PM

KP ON THE JOB
333 S HOPE ST STE C130 C145
LOS ANGELES CA 90071-1406
323-783-6621

Medications

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07/17/2020 - Telephone Appointment Visit in FAMILY PRACTICE GRN 1 (continued)

Allergies as of 7/17/2020

Reviewed by Juarez, Inigo Liwanag (L.V.N.), L.V.N. on 6/23/2020

No Known Drug Allergies	Severity	Noted	Reaction Type	Reactions
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07/17/2020 - Telephone Appointment Visit in FAMILY PRACTICE GRN 1 (continued)

Medicare members

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HoursOpen 7 days a week
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07/17/2020 - Telephone Appointment Visit in FAMILY PRACTICE GRN 1 (continued)

AFTER VISIT SUMMARY

Pepper Smith MRN: 000004779300



7/17/2020 8:50 AM FAMILY PRACTICE GRN 1

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 • ABDOMINAL PAIN, LEFT LOWER

What's Next

AUG 4 Office Visit with BHAVESH ROBERT J PANDYA MD, M.D.
 Tuesday August 4 1:00 PM
 2020

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7/17/2020 8:50 AM FAMILY PRACTICE GRN 1

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07/17/2020 - Telephone Appointment Visit in FAMILY PRACTICE GRN 1 (continued)

AFTER VISIT SUMMARY

Pepper Smith MRN: 000004779300



7/17/2020 8:50 AM FAMILY PRACTICE GRN 1

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- ABDOMINAL PAIN, LEFT LOWER

What's Next

AUG 4 2020 Office Visit with BHAVESH ROBERT J PANDYA MD, M.D.
 Tuesday August 4 1:00 PM

KP ON THE JOB
 333 S HOPE ST STE C130 C145
 LOS ANGELES CA 90071-1406
 323-783-6621

Medications

Visit Medication List

Patient reported, restarted, and new medications relevant to this visit. This may not reflect all medications the patient is taking.

	Dosage
Methocarbamol (ROBAXIN) 500 mg Oral Tab (Taking)	Take 1 tablet by mouth every 8 hours as needed for muscle spasms
Acetaminophen (PAIN RELIEVER EXTRA STRENGTH) 500 mg Oral Tab (Taking)	TAKE 1 TO 2 TABLETS ORALLY EVERY 6 HOURS AS NEEDED FOR PAIN. DO NOT EXCEED 6 TABLETS IN 24 HOURS
Diclofenac Sodium (VOLTAREN) 1 % Top Gel (Taking)	APPLY 2 GRAMS TO AFFECTED AREA(S) 2 TIMES DAILY AS NEEDED FOR PAIN. DO NOT EXCEED 32 GRAMS IN 24 HOURS
Omeprazole (PRILOSEC) 20 mg Oral CPDR SR Cap (Taking)	Take 1 capsule by mouth daily 30 minutes before breakfast for 8 weeks
Famotidine (PEPCID) 20 mg Oral Tab (Taking)	TAKE 1 TABLET BY MOUTH TWO TIMES DAILY AS NEEDED FOR EPIGASTRIC PAIN
Ibuprofen (MOTRIN) 800 mg Oral Tab (Taking)	Take 1 tablet by mouth every 6 to 8 hours as needed for pain

Common Medication Direction Abbreviations

PO = Orally, QD = Once/day, BID = Twice/day, TID = 3x/day, QID = 4x/day, PRN = as needed
 QHS = Every night at bedtime, AC = Before meals, PC = After meals, c = With, s = Without

Allergies as of 7/17/2020

Reviewed by Juarez, Inigo Liwanag (L.V.N.), L.V.N. on 6/23/2020

No Known Drug Allergies	Severity	Noted	Reaction Type	Reactions
	Not Specified	06/01/2005		

07/17/2020 - Telephone Appointment Visit in FAMILY PRACTICE GRN 1 (continued)**General Information****SKIP THE TRIP. Have our pharmacy come to you!**

New and refill prescriptions mailed to your home.

When using the mail order option for obtaining prescriptions:

- **You must be able to wait 7 days** before starting a new, mail-order prescription. Medications needed before 7 days should be filled at the pharmacy. Ask the pharmacist if you have questions.
- You will need to have a **credit card** on file to use the mail-order option, unless you have dual medical coverage or have MediCal health benefits. You may bring a credit card to the pharmacy to be placed on file or enter while ordering on line.
- For most medications that are meant to be refilled every 30 days, filling the prescription by mail **you can obtain a 3-month supply** for just 2 months of copay!

4 ways to receive prescriptions by mail:

- If **checking-in at the Pharmacy**, ask for the mail order option to avoid waiting for the prescriptions to be filled. This is available only for medications not needed within the next 7 days.
- **Go to kp.org/Rxrefill**. After signing into kp.org, you will be brought to the Pharmacy Center.
- Use the **Kaiser Permanente app** for your mobile device. Find and download the app by searching for Kaiser Permanente on the Apple Store or the Google App Store.
- **Call (866) 206-2983** and be sure to have your medical record number and the prescription number located on the medication label ready when you call.

**You must be registered on KP.ORG to order prescriptions online or through the KP app.
Not registered yet? Go to KP.ORG/REGISTERNOW to get started.**

For questions, call member services at

[800-464-4000](tel:8004644000) or TTY 711
[800-788-0616](tel:8007880616) (Spanish)
[800-757-7585](tel:8007577585) (Chinese dialects)

Hours

Open 7 days a week
 24 hours a day
 Closed holidays

Medicare members

[800-443-0815](tel:8004430815) or TTY 711

Hours

Open 7 days a week
 from 8 a.m. to 8 p.m.

07/17/2020 - Telephone Appointment Visit in FAMILY PRACTICE GRN 1 (continued)

Protect yourself from the flu. Get vaccinated.

The flu is a serious, contagious illness caused by influenza viruses. Anyone can get the flu. It can cause mild to severe illness. The best way to prevent the flu is by getting a flu shot each year. The CDC and Kaiser Permanente recommend everyone 6 months and older get a flu shot every year.

Flu shot clinics open in September. No appointment is necessary.

Flu shots are available at no charge to members at Kaiser Permanente medical facilities.

For information about hours, times, and locations, please visit kp.org/flu or call 1-866-70-NOFLU (1-866-706-6358).

Adults should participate in at least 30 minutes, and children at least 60 minutes, of moderate exercise (such as brisk walking) for five or more days each week, unless instructed otherwise by your provider. For more information on the health benefits of walking please refer to <http://www.everybodywalk.org>. THRIVE!

Register at www.kp.org to email your physician, renew prescriptions, request appointments, learn more about your personal health, or obtain tips for healthy living!

Save money and time! Get your refills for home delivery at www.kp.org/refill

kp.org

View your After Visit Summary and more online at <https://healthy.kaiserpermanente.org/hconline/ie/>.

END OF ENCOUNTER

07/17/2020 - Office Visit in FAMILY PRACTICE GRN 1

Visit Information

Provider Information

07/17/2020 - Office Visit in FAMILY PRACTICE GRN 1 (continued)

Visit Information (continued)

Encounter Provider		Authorizing Provider
Pham, Anna Lee (D.O.), D.O.		Pham, Anna Lee (D.O.), D.O.
Department		
Name	Address	Phone
FAMILY PRACTICE GRN 1	5971 VENICE BLVD Los Angeles CA 90034-1713	800-464-4000
Level of Service		
Level of Service		
OUTPT EST LEVEL 4		

Reason for Visit

Chief Complaint

- PELVIC PAIN (x 3 days)

Visit Diagnoses

- UTI (URINARY TRACT INFECTION) (primary) [N39.0]
- GASTRITIS [K29.70]

Vitals

Vital Signs					Most recent update: 7/17/2020 3:27 PM
BP	Pulse	Temp	Resp	Ht	
122/70 (BP)	79	98 °F (36.7 °C) (Tympanic)	18	5' 3" (1.6 m)	
Location: RA- RIGHT ARM, BP Patient Position: SITTING, Cuff Size: Large Adult)					
Wt	BMI				
227 lb 1.2 oz (103 kg)	40.22 kg/m ²				

Clinical Notes

Nursing Note

Zuniga, Pearl (L.V.N.), L.V.N. at 7/17/2020 1524

Author: Zuniga, Pearl (L.V.N.), L.V.N.

Service: —

Author Type: LICENSED VOCATIONAL NURSE

Filed: 7/17/2020 4:19 PM

Encounter Date: 7/17/2020

Creation Time: 7/17/2020 3:24 PM

Status: Addendum

Editor: Zuniga, Pearl (L.V.N.), L.V.N. (LICENSED VOCATIONAL NURSE)

Verified patient's identity using 2 identifiers such as patient's Name, Birthdate, kaiser Member Number and Address, hand hygiene and preventions applied.

Patient's height, weight, blood pressure and temperature taken, health history, medications, pharmacy, smoking history, chief complaint and allergies reviewed and documented.

Pepper Smith exercises 0 minutes 0 days per week at a moderate or strenuous level.

Care Gaps

- Missing Current Exercise Vitals
- Update BMI - Take Height AND Weight

07/17/2020 - Office Visit in FAMILY PRACTICE GRN 1 (continued)**Clinical Notes (continued)**

Estimated body mass index is 40.22 kg/m² as calculated from the following:

Height as of this encounter: 5' 3" (1.6 m).

Weight as of this encounter: 227 lb 1.2 oz (103 kg).

Electronically signed by Zuniga, Pearl (L.V.N.), L.V.N. at 7/17/2020 4:19 PM

Zuniga, Pearl (L.V.N.), L.V.N. at 7/17/2020 1619

Author: Zuniga, Pearl (L.V.N.), L.V.N.	Service: —	Author Type: LICENSED VOCATIONAL NURSE
Filed: 7/17/2020 4:19 PM	Encounter Date: 7/17/2020	Creation Time: 7/17/2020 4:19 PM
Status: Signed	Editor: Zuniga, Pearl (L.V.N.), L.V.N. (LICENSED VOCATIONAL NURSE)	

After Visit Summary discussed with and given to patient.

Electronically signed by Zuniga, Pearl (L.V.N.), L.V.N. at 7/17/2020 4:19 PM

Progress Notes**Pham, Anna Lee (D.O.), D.O. at 7/17/2020 1536**

Author: Pham, Anna Lee (D.O.), D.O.	Service: —	Author Type: PHYSICIAN (D.O.)
Filed: 7/17/2020 3:57 PM	Encounter Date: 7/17/2020	Creation Time: 7/17/2020 3:36 PM
Status: Signed	Editor: Pham, Anna Lee (D.O.), D.O. (PHYSICIAN (D.O.))	

(If Spanish translation was needed it was provided by Dr Pham. Patient was given the option of additional translation)

PCP: Stahl, Jerusha Emily (M.D.)

Pepper Smith is a 49 year old female

Start: 3:36 PM

Social History**Tobacco Use**

Smoking Status	Never Smoker
Smokeless Tobacco	Never Used

Patient Active Problem List:

SEVERE OBESITY, BMI 40-44.9, ADULT

VITAMIN D DEFICIENCY

HX OF TOTAL HYSTERECTOMY, NO VAGINAL PAP SMEAR REQUIRED

Reason for Visit

07/17/2020 - Office Visit in FAMILY PRACTICE GRN 1 (continued)**Clinical Notes (continued)****Chief Complaint**

Patient presents with

- PELVIC PAIN

x 3 days

Medications:

No outpatient medications have been marked as taking for the 7/17/20 encounter (Office Visit) with Pham, Anna Lee (D.O.), D.O..

History of Present Illness

3 days ago ate a chicken salad (half at work and half at home)

Started to develop belching and gas. Started to have pain in her pelvic area with urination and defecation.

Even taking steps are painful.

Took ibuprofen last night but still woke up with discomfort.

Has had a total hysterectomy

Denies associated diarrhea, vomiting.

Scared to eat because it makes her more gassy.

There are no preventive care reminders to display for this patient.

Health Maintenance:

Last Pap Smear : 6/6/16 (GYN CYTOLOGY)

Last Pap Smear : 10/5/12 (PAP)

Last Pap Smear : 9/4/09 (PAP)

Last Pap Smear : 12/4/07 (PAP)

HPV DNA, CVX, PROBE Negative 06/06/2016

HPV DNA, CVX, PROBE NEGATIVE 10/05/2012

HPV DNA, CVX, PROBE NEGATIVE 09/04/2009

HPV DNA, CVX, PROBE NEGATIVE 09/04/2009

Last Mammogram Test: 8/15/19 (MAMMO BILAT SCREENING SEQUENTIAL W OR WO COMPUTER AIDED DETECTION ANALYSIS)

Last Mammogram Test: 10/4/16 (MAMMO BILAT SCREENING 2 VIEWS EA BREAST W OR WO COMPUTER AIDED DETECTION ANALYSIS)

Last colon cancer screening: No results found for this basename: OCB1, OCB2, OCB3, OCBL, OCBIC, GLOB1, IFOBT

Last Dexa: Last Bone Density Test: none found

Last PSA: No results found for this basename: PSA:3, PSAFREE:3

07/17/2020 - Office Visit in FAMILY PRACTICE GRN 1 (continued)

Clinical Notes (continued)

Review of SystemsReview of Systems

All other systems reviewed and are negative.

Social History

Tobacco Use

Smoking Status Never Smoker
Smokeless Tobacco Never Used

Physical Exam

BP 122/70 (BP Location: RA-RIGHT ARM, BP Patient Position: SITTING, Cuff Size: Large Adult) | Pulse 79
| Temp 98 °F (36.7 °C) (Tympanic) | Resp 18 | Ht 5' 3" (1.6 m) | Wt 227 lb 1.2 oz (103 kg) | LMP
06/05/2017 | BMI 40.22 kg/m²

Physical Exam

Constitutional: She is oriented to person, place, and time and well-developed, well-nourished, and in no distress.

Eyes: Conjunctivae are normal.

Neck: Normal range of motion.

Pulmonary/Chest: Effort normal.

Abdominal: She exhibits no distension. There is tenderness. There is no rebound and no guarding.

Epigastric tenderness. Suprapubic tenderness. No CVA tenderness

Musculoskeletal: Normal range of motion.

Neurological: She is alert and oriented to person, place, and time.

Skin: Skin is warm and dry.

Psychiatric: Mood, memory, affect and judgment normal.

Assessment/Plan

UTI (URINARY TRACT INFECTION) (primary encounter diagnosis)

Plan: ESTRADIOL 0.01 % (0.1 MG/GRAM) VAGL CREA,
NITROFURANTOIN MONOHYDRATE 100 MG ORAL CAP,
URINE CULTURE, URINALYSIS, AUTOMATED,
PHENAZOPYRIDINE 95 MG ORAL TAB

GASTRITIS

Plan: OMEPRAZOLE 20 MG ORAL CPDR SR CAP

07/17/2020 - Office Visit in FAMILY PRACTICE GRN 1 (continued)**Clinical Notes (continued)**

Electronically signed by:
ANNA LEE PHAM DO
7/17/2020
3:36 PM

Future Appointments

Date	Time	Provider	Department	Center
8/4/2020	1:00 PM	Pandya, Bhavesh Robert J (M.D.), M.D.	H3OHS1	HSMU

Electronically signed by Pham, Anna Lee (D.O.), D.O. at 7/17/2020 3:57 PM

Labs**URINE CULTURE [1554006942] (Final result)**

Electronically signed by: **Pham, Anna Lee (D.O.), D.O. on 07/17/20 1547** Status: **Completed**
 Ordering user: Pham, Anna Lee (D.O.), D.O. 07/17/20 1547 Authorized by: Pham, Anna Lee (D.O.), D.O.
 Ordering mode: Standard Class: Normal
 Frequency: Routine 07/17/20 - Lab status: Final result
 Quantity: 1
 Diagnoses
 UTI (URINARY TRACT INFECTION) [N39.0]

Provider Details

Provider	NPI
Pham, Anna Lee (D.O.), D.O.	1609254879

Specimen Information

ID	Type	Source	Collected By
C0000220201990 64847	—	URINE, CLEAN CATCH	Patient, Collect 07/17/20 1628

URINE CULTURE [1554006942]

Resulted: 07/19/20 0700, Result status: Final result

Order status: Completed Filed on: 09/29/22 1038
 Collected by: Patient, Collect 07/17/20 1628 Resulting lab: SHERMAN WAY REGIONAL LABORATORY
 Narrative:
 RMS ACCN: 682411133
 Acknowledged by: Pham, Anna Lee (D.O.), D.O. on 07/20/20 2140

Components

Component	Value	Reference Range	Flag	Lab
FINAL RESULT	Less than 1000 CFU/ml (no growth)	—	—	956

Testing Performed By

07/17/2020 - Office Visit in FAMILY PRACTICE GRN 1 (continued)

Labs (continued)

Lab - Abbreviation	Name	Director	Address	Valid Date Range
240 - 956	SHERMAN WAY REGIONAL LABORATORY	Steven McLaren, DO	11668 Sherman Way NORTH HOLLYWOOD CA 91605	03/28/19 2317 - Present

URINE CULTURE [1554006942]

Resulted: 07/18/20 0209, Result status: In process

Order status: Completed

Filed on: 09/29/22 1038

Collected by: Patient, Collect 07/17/20 1628

Narrative:

RMS ACCN: 682411133

Reviewed by

Pham, Anna Lee (D.O.), D.O. on 07/20/20 2141

Pham, Anna Lee (D.O.), D.O. on 07/20/20 2140

Indications

UTI (URINARY TRACT INFECTION) [N39.0 (ICD-10-CM)]

All Reviewers List

Pham, Anna Lee (D.O.), D.O. on 7/20/2020 21:41

Pham, Anna Lee (D.O.), D.O. on 7/20/2020 21:40

URINALYSIS, AUTOMATED [1554006943] (Final result)

Electronically signed by: Pham, Anna Lee (D.O.), D.O. on 07/17/20 1547

Status: Completed

Ordering user: Pham, Anna Lee (D.O.), D.O. 07/17/20 1547

Authorized by: Pham, Anna Lee (D.O.), D.O.

Ordering mode: Standard

Frequency: Routine 07/17/20 -

Quantity: 1

Diagnoses

UTI (URINARY TRACT INFECTION) [N39.0]

Provider Details

Provider	NPI
Pham, Anna Lee (D.O.), D.O.	1609254879

Specimen Information

ID	Type	Source	Collected By
C0000220201990 64846	—	URINE	Patient, Collect 07/17/20 1628

URINALYSIS, AUTOMATED [1554006943]

Resulted: 07/17/20 1745, Result status: Final result

Order status: Completed

Filed on: 09/29/22 1038

Collected by: Patient, Collect 07/17/20 1628

Narrative:

RMS ACCN: 682411132

Acknowledged by: Pham, Anna Lee (D.O.), D.O. on 07/17/20 2155

Components

Component	Value	Reference Range	Flag	Lab
GLUCOSE, UA	Negative	Negative mg/dL	—	—
KETONES, UA	Negative	Negative mg/dL	—	—
SPECIFIC GRAVITY, UA	1.016	1.005 - 1.030	—	—
UA HGB	Negative	Negative mg/dL	—	—
PH, UA	6.0	5.0 - 8.0	—	—
PROTEIN, UA	Negative	Negative mg/dL	—	—
NITRITE, UA	Negative	Negative	—	—
LEUKOCYTE ESTERASE, UA	Negative	Negative	—	—

07/17/2020 - Office Visit in FAMILY PRACTICE GRN 1 (continued)

Labs (continued)

UROBILINOGEN, UA, QL	Negative	Negative mg/dL	—	—
BILIRUBIN, UA	Negative	Negative mg/dL	—	—

URINALYSIS, AUTOMATED [1554006943]

Resulted: 07/17/20 1738, Result status: In process

Order status: Completed

Filed on: 09/29/22 0336

Collected by: Patient, Collect 07/17/20 1628

Narrative:

RMS ACCN: 682411132

Reviewed by

- Pham, Anna Lee (D.O.), D.O. on 07/20/20 2141
- Pham, Anna Lee (D.O.), D.O. on 07/20/20 2140
- Pham, Anna Lee (D.O.), D.O. on 07/17/20 2155
- Pham, Anna Lee (D.O.), D.O. on 07/17/20 2155

Indications

UTI (URINARY TRACT INFECTION) [N39.0 (ICD-10-CM)]

All Reviewers List

- Pham, Anna Lee (D.O.), D.O. on 7/20/2020 21:41
- Pham, Anna Lee (D.O.), D.O. on 7/20/2020 21:40
- Pham, Anna Lee (D.O.), D.O. on 7/17/2020 21:55
- Pham, Anna Lee (D.O.), D.O. on 7/17/2020 21:55

07/17/2020 - Office Visit in FAMILY PRACTICE GRN 1 (continued)

Other Orders

Medications

Phenazopyridine (PRODIUM) 95 mg Oral Tab [1554006944] (Expired)

Electronically signed by: **Pham, Anna Lee (D.O.), D.O. on 07/17/20 1547** Status: **Expired**
 Ordering user: Pham, Anna Lee (D.O.), D.O. 07/17/20 1547 Authorized by: Pham, Anna Lee (D.O.), D.O.
 Ordering mode: Standard
 Frequency: Routine 07/17/20 - 07/27/20 2359 Class: Fill Now
 Diagnoses
 UTI (URINARY TRACT INFECTION) [N39.0]

Provider Details

Provider	NPI
Pham, Anna Lee (D.O.), D.O.	1609254879

Questionnaire

Question	Answer
Is this medication for a workers' compensation condition?	No

Indications

UTI (URINARY TRACT INFECTION) [N39.0 (ICD-10-CM)]

Estradiol (ESTRACE) 0.01 % (0.1 mg/gram) Vagl Crea [1554006940] (Discontinued)

Electronically signed by: **Pham, Anna Lee (D.O.), D.O. on 07/17/20 1547** Status: **Discontinued**
 Ordering user: Pham, Anna Lee (D.O.), D.O. 07/17/20 1547 Authorized by: Pham, Anna Lee (D.O.), D.O.
 Ordering mode: Standard
 Frequency: Routine 07/17/20 - 10/20/20 Class: Fill Now
 Discontinued by: Plehn, Charles Ronald (M.D.), M.D. 10/20/20 1229
 Diagnoses
 UTI (URINARY TRACT INFECTION) [N39.0]

Provider Details

Provider	NPI
Pham, Anna Lee (D.O.), D.O.	1609254879

Questionnaire

Question	Answer
Is this medication for a workers' compensation condition?	No

Indications

UTI (URINARY TRACT INFECTION) [N39.0 (ICD-10-CM)]

Nitrofurantoin Monohydrate (MACROBID) 100 mg Oral Cap [1554006941] (Expired)

Electronically signed by: **Pham, Anna Lee (D.O.), D.O. on 07/17/20 1547** Status: **Expired**
 Ordering user: Pham, Anna Lee (D.O.), D.O. 07/17/20 1547 Authorized by: Pham, Anna Lee (D.O.), D.O.
 Ordering mode: Standard
 Frequency: Routine 07/17/20 - 08/01/20 2359 Class: Fill Now
 Diagnoses
 UTI (URINARY TRACT INFECTION) [N39.0]

Provider Details

Provider	NPI
Pham, Anna Lee (D.O.), D.O.	1609254879

Questionnaire

Question	Answer
Is this medication for a workers' compensation condition?	No

Indications

UTI (URINARY TRACT INFECTION) [N39.0 (ICD-10-CM)]

07/17/2020 - Office Visit in FAMILY PRACTICE GRN 1 (continued)

Other Orders (continued)

Omeprazole (PRILOSEC) 20 mg Oral CPDR SR Cap [1554006945] (Discontinued)

Electronically signed by: **Pham, Anna Lee (D.O.), D.O. on 07/17/20 1547** Status: **Discontinued**
 Ordering user: Pham, Anna Lee (D.O.), D.O. 07/17/20 1547 Authorized by: Pham, Anna Lee (D.O.), D.O.
 Ordering mode: Standard
 Frequency: Routine 07/17/20 - 07/12/21 Class: Fill Now
 Discontinued by: Moallemi, Raymond (M.D.), M.D. 07/12/21 1802
 Diagnoses
 GASTRITIS [K29.70]

Provider Details

Provider	NPI
Pham, Anna Lee (D.O.), D.O.	1609254879

Questionnaire

Question	Answer
Is this medication for a workers' compensation condition?	No

Indications

GASTRITIS [K29.70 (ICD-10-CM)]

07/17/2020 - Office Visit in FAMILY PRACTICE GRN 1 (continued)

AFTER VISIT SUMMARY

Pepper Smith MRN: 000004779300



7/17/2020 3:10 PM FAMILY PRACTICE GRN 1

What's Next

AUG 4 2020 Office Visit with BHAVESH ROBERT J PANDYA MD, M.D. Tuesday August 4 1:00 PM

KP ON THE JOB
333 S HOPE ST STE C130 C145
LOS ANGELES CA 90071-1406
323-783-6621

Today's Visit

You saw ANNA LEE PHAM DO, D.O. on Friday July 17, 2020. The following issues were addressed:

- URINARY TRACT INFECTION
- GASTRITIS

Medications

NEW Medications

Estradiol (ESTRACE) 0.01 % (0.1 mg/gram) VagI Crea
Nitrofurantoin Monohydrate (MACROBID) 100 mg Oral Cap
Phenazopyridine (PRODIUM) 95 mg Oral Tab
Omeprazole (PRILOSEC) 20 mg Oral CPDR SR Cap

Blood Pressure 122/70	BMI 40.22
Weight 227 lb 1.2 oz	Height 5' 3"
Temperature (Tympanic) 98 °F	Pulse 79
Respiration 18	

Visit Medication List

Patient

reported, restarted, and new medications relevant to this visit. This may not reflect all medications the patient is taking.

	Dosage
Estradiol (ESTRACE) 0.01 % (0.1 mg/gram) VagI Crea (Taking)	INSERT 1 G VAGINALLY 2 TO 3 TIMES A WEEK AT BEDTIME
Nitrofurantoin Monohydrate (MACROBID) 100 mg Oral Cap (Taking)	1 CAP BY MOUTH TWO TIMES A DAY FOR 5 DAYS FOR UTI
Phenazopyridine (PRODIUM) 95 mg Oral Tab (Taking)	1 BY MOUTH THREE TIMES A DAY AS NEEDED FOR URINARY DISCOMFORT
Omeprazole (PRILOSEC) 20 mg Oral CPDR SR Cap (Taking)	1 CAP PO DAILY 30 MINS BEFORE BREAKFAST FOR 8 WEEKS

New Orders

Normal Orders This Visit
URINALYSIS, AUTOMATED [81003 CPT(R)]

kp.org

View your After Visit Summary and more online at <https://healthy.kaiserpermanente.org/honline/ie/>.

07/17/2020 - Office Visit in FAMILY PRACTICE GRN 1 (continued)

New Orders (continued)

Normal Orders This Visit

URINE CULTURE [87088 CPT(R)]

Common Medication Direction Abbreviations

PO = Orally, QD = Once/day, BID = Twice/day, TID = 3x/day, QID = 4x/day, PRN = as needed

QHS = Every night at bedtime, AC = Before meals, PC = After meals, c = With, s = Without

Allergies as of 7/17/2020

Reviewed by Zuniga, Pearl (L.V.N.), L.V.N. on 7/17/2020

No Known Drug Allergies	Severity	Noted	Reaction Type	Reactions
	Not Specified	06/01/2005		

General Information**SKIP THE TRIP. Have our pharmacy come to you!****New and refill prescriptions mailed to your home.****When using the mail order option for obtaining prescriptions:**

- **You must be able to wait 7 days** before starting a new, mail-order prescription. Medications needed before 7 days should be filled at the pharmacy. Ask the pharmacist if you have questions.
- You will need to have a **credit card** on file to use the mail-order option, unless you have dual medical coverage or have MediCal health benefits. You may bring a credit card to the pharmacy to be placed on file or enter while ordering on line.
- For most medications that are meant to be refilled every 30 days, filling the prescription by mail **you can obtain a 3-month supply** for just 2 months of copay!

4 ways to receive prescriptions by mail:

- If **checking-in at the Pharmacy**, ask for the mail order option to avoid waiting for the prescriptions to be filled. This is available only for medications not needed within the next 7 days.
- **Go to kp.org/Rxrefill**. After signing into kp.org, you will be brought to the Pharmacy Center.
- Use the **Kaiser Permanente app** for your mobile device. Find and download the app by searching for Kaiser Permanente on the Apple Store or the Google App Store.
- **Call (866) 206-2983** and be sure to have your medical record number and the prescription number located on the medication label ready when you call.

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07/17/2020 - Office Visit in FAMILY PRACTICE GRN 1 (continued)

For questions, call member services at

800-464-4000 or TTY 711
800-788-0616 (Spanish)
800-757-7585 (Chinese dialects)

Hours

Open 7 days a week
24 hours a day
Closed holidays

Medicare members

800-443-0815 or TTY 711

Hours

Open 7 days a week
from 8 a.m. to 8 p.m.

Protect yourself from the flu. Get vaccinated.

The flu is a serious, contagious illness caused by influenza viruses. Anyone can get the flu. It can cause mild to severe illness. The best way to prevent the flu is by getting a flu shot each year. The CDC and Kaiser Permanente recommend everyone 6 months and older get a flu shot every year.

Flu shot clinics open in September. No appointment is necessary.

Flu shots are available at no charge to members at Kaiser Permanente medical facilities.

For information about hours, times, and locations, please visit kp.org/flu or call 1-866-70-NOFLU (1-866-706-6358).

Adults should participate in at least 30 minutes, and children at least 60 minutes, of moderate exercise (such as brisk walking) for five or more days each week, unless instructed otherwise by your provider. For more information on the health benefits of walking please refer to <http://www.everybodywalk.org>. THRIVE!

Register at www.kp.org to email your physician, renew prescriptions, request appointments, learn more about your personal health, or obtain tips for healthy living!

Save money and time! Get your refills for home delivery at www.kp.org/refill

END OF ENCOUNTER

07/22/2020 - Call Center Telephone Encounter in INTERNAL MEDICINE GREEN1

Visit Information

Provider Information

07/22/2020 - Call Center Telephone Encounter in INTERNAL MEDICINE GREEN1 (continued)

Visit Information (continued)

Encounter Provider

Stahl, Jerusha Emily (M.D.), M.D.

Department

Name	Address	Phone
INTERNAL MEDICINE GREEN1	6041 CADILLAC AVE Los Angeles CA 90034-1702	833-574-2273

Reason for Visit

Chief Complaints

- REFERRAL REQUEST (REFERRAL)
- ENHANCED TELEPHONE COMMUNICATION, onset date 7/22/2020

Visit Diagnosis

- SCREENING [Z13.9]

Clinical Notes

Telephone Encounter

Filed on 7/22/2020 1136

MESSAGE FROM CALL CENTER: =====

MessageType: Referral Request , MessagePriority: Normal - Message Sent: 07/22/2020 11:34:22 AM

To: STAHL, JERUSHA EMILY (M.D.), Facility: WLA, Department: MED
Adult

Speciality Department Requested

Pt was seen outside of Kaiser and was advised to see a Glaucoma specialist for Glaucoma in both eyes she is asking for a ref to oph for services at this time please call to assist thank you.

Remind member to register on KP.ORG

CONTACT INFORMATION:

Contact Name, Relationship to Member: Pepper Smith , Self
Phone Today/Tomorrow: 323-377-1787
Preferred Language: English

CALL BACK PERMISSION:

Permission to leave voice mail message

=====

Wed Jul 22 11:30:57 PDT 2020 AGENT (AGENT) : Sylvia Spearman I159437 Contact Center: Los Angeles

07/22/2020 - Call Center Telephone Encounter in INTERNAL MEDICINE GREEN1 (continued)

Clinical Notes (continued)

Arun, Smitha Mohan (R.N.), R.N. at 7/22/2020 1530

Author: Arun, Smitha Mohan (R.N.), R.N.	Service: —	Author Type: REGISTERED NURSE
Filed: 7/22/2020 3:36 PM	Encounter Date: 7/22/2020	Creation Time: 7/22/2020 3:30 PM
Status: Signed	Editor: Arun, Smitha Mohan (R.N.), R.N. (REGISTERED NURSE)	

Reason for Message: Referral Request

Patient's reason for requesting ophthalmology **referral**:
 To evaluate for glaucoma. Patient was seen outside KP and was instructed to see Ophthalmologist to evaluate glaucoma on both eyes.

Action:
 Pended for Physician/Provider review and signature.

SMITHA MOHAN ARUN RN
 7/22/2020 3:31 PM

Electronically signed by Arun, Smitha Mohan (R.N.), R.N. at 7/22/2020 3:36 PM

Other Orders

Referral

REFERRAL OPHTHALMOLOGY [1554006946] (Active)

Electronically signed by: Howell, William Murdoch (M.D.), M.D. on 07/22/20 1538	Status: Active
Ordering user: Howell, William Murdoch (M.D.), M.D. 07/22/20 1538	Authorized by: Howell, William Murdoch (M.D.), M.D.
Ordering mode: Standard	Class: Internal referral
Frequency: Routine 07/22/20 -	Released by: Howell, William Murdoch (M.D.), M.D. 07/22/20 1538
Quantity: 1	

Diagnoses
 SCREENING [Z13.9]

Provider Details

Provider	NPI
Howell, William Murdoch (M.D.), M.D.	1518999143

Questionnaire

Question	Answer
Reason:	*Consult/Referral (All)
For consults, do you authorize this department to book a telephone or video visit if available?	Yes

Order comments: Reason: 49 year old female who would like to be evaluated for glaucoma on both eyes.

Referral Details

07/22/2020 - Call Center Telephone Encounter in INTERNAL MEDICINE GREEN1 (continued)

Other Orders (continued)

Referred By	Diagnoses	Referred To	Type	Priority
Howell, William Murdoch (M.D.), M.D. 3782 W MARTIN LUTHER KING JR LOS ANGELES CA 90008-1703 Phone: 833-574-2273 Fax: 833-574-2273	Diagnoses: SCREENING Order: Referral Ophthalmology Reason: Specialty Services Required	*WEST LOS ANGELES (WLA) FOR REFERRALS ONLY LOS ANGELES CA 90034-1702 Specialty: Ophthalmology	Outpatient Service	Routine
Comment: Reason: 49 year old female who would like to be evaluated for glaucoma on both eyes.				
Question		Answer		
Reason: For consults, do you authorize this department to book a telephone or video visit if available?:		*Consult/Referral (All) Yes		

Indications

SCREENING [Z13.9 (ICD-10-CM)]

END OF ENCOUNTER

07/23/2020 - Letter (Out) in OPHTHALMOLOGY

Visit Information

Provider Information

Encounter Provider

Lee, Brian Lewis (M.D.), M.D.

Department

Name	Address	Phone
OPHTHALMOLOGY	3782 W MARTIN LUTHER KING JR Los Angeles CA 90008-1703	323-421-2900

Letters

Letter by Lee, Brian Lewis (M.D.), M.D. on 7/23/2020

Status: Sent
 Letter body:



7/23/2020

Smith, Pepper
 2822 7th Ave
 Los Angeles CA 90018

07/23/2020 - Letter (Out) in OPHTHALMOLOGY (continued)**Letters (continued)**

Dear Pepper Smith,

You have been referred to the Department of Ophthalmology for an evaluation.

For this appointment your eyes will be dilated. The eye drops used for dilation (Phenylephrine) will cause your pupils to widen, allowing in more light and giving your doctor a better view of the back of your eye. Eye dilation assists your doctor in diagnosing common diseases and conditions, possibly at their earliest stages.

It usually takes about 20 to 30 minutes for your pupils to fully open. The effects of dilating eye drops last a few hours. Your eye doctor cannot tell you how blurry or sensitive to light your vision will be and for how long. Every patient is different.

It may not be safe to drive yourself after having your eyes dilated. Please bring your sunglasses or a disposable pair will be provided for you and plan for transportation if needed.

Please call our appointment center at (323) 421-2900 to schedule an appointment. Please select Option 1 for English or Option 2 for Spanish, followed with Option 3 to schedule or cancel and lastly Option 1 to get to the appointment line directly. We are open Monday through Friday from 7:30 am to 4:30 pm and we are located at 3782 W. Martin Luther King Jr. Blvd. Los Angeles, CA 90008

Thank you.

Ophthalmology Department

END OF ENCOUNTER**08/04/2020 - Office Visit in KP ON THE JOB****Visit Information****Provider Information****Encounter Provider**

Pandya, Bhavesh Robert J (M.D.), M.D.

Authorizing Provider

Pandya, Bhavesh Robert J (M.D.), M.D.

Department

Name	Address	Phone	Fax
KP ON THE JOB	333 S HOPE ST STE C130 C145 Los Angeles CA 90071-1406	323-783-6621	877-515-8038

Level of Service**Level of Service**

OUTPT EST LEVEL 3

08/04/2020 - Office Visit in KP ON THE JOB (continued)**Reason for Visit****Chief Complaints**

- WORK RELATED INJURY (doi: 4/10/20)
- HEAD INJURY
- NECK INJURY
- ARM INJURY
- SHOULDER INJURY

Visit Diagnoses

- NECK MUSCLE STRAIN, SUBSEQ [S16.1XXD]
- LEFT SHOULDER JOINT PAIN [M25.512]

Vitals**Vital Signs**

Most recent update: 8/4/2020 1:15 PM

BP	Pulse	Temp	SpO2
137/79	84	98.9 °F (37.2 °C) (Tympanic)	99%

Pain Information (Last Filed)

Score	Location	Comments	Edu?
6 (scale 0-10)	SHOULDER	None	No

Clinical Notes**Progress Notes****Pandya, Bhavesh Robert J (M.D.), M.D. at 8/4/2020 1302**

Author: Pandya, Bhavesh Robert J (M.D.), M.D.	Service: —	Author Type: Physician
Filed: 8/4/2020 1:39 PM	Encounter Date: 8/4/2020	Creation Time: 8/4/2020 1:02 PM
Status: Signed	Editor: Pandya, Bhavesh Robert J (M.D.), M.D. (Physician)	

PHYSICIAN'S PROGRESS NOTES

--- This documentation is for State Form (PR2) ---

SUBJECTIVE COMPLAINTS:**Chief Complaint:**

WORK RELATED INJURY; HEAD INJURY; NECK INJURY; ARM INJURY; and SHOULDER INJURY

CURRENT TREATMENT REVIEW FOR THIS INJURY/ILLNESS:

(Mechanism of injury / prior imaging studies and prior consults)

Pepper Smith is a 48 year old female who has worked as a(n) MANAGER 1 FOR STATE OF CALIFORNIA FOR THE PAST

DOES MOSTLY ADMIN WORK

. PLEASE NOTE I WAS NOT PROVIDED WITH A FORMAL WRITTEN JOB DESCRIPTION DESCRIBING THE PATIENT'S USUAL AND CUSTOMARY JOB DUTIES FOR MY REVIEW.

Mechanism of Injury: The patient states she was injured when SAYS INJURED SEVERAL AREAS:

08/04/2020 - Office Visit in KP ON THE JOB (continued)

Clinical Notes (continued)

DUE TO MOVING TOWARDS WINDOW AND TURNING DUE TO A "STARTLED BY LOUD SOUND FROM EXPLOSION NEAR THE WORKSITE".

SEEN BY PCP MD DR RUTH GETACHEW

INJURY DESCRIBED AS : PHONE VISIT DOCUMENTATION:

4/10/20 pt was running to the window when she show an explosion, she made an immediately turned around when she heard the explosion

Later on noticed headache, that has since resolved

But pt also had some neck discomfort "

New diagnostic tests since last visit: none

New consultation:NO

Current prescribed/advised treatment detail:

TREATMENT PROGRESS:

The patient's symptoms from the previous visit are:

Improved

Pepper Smith is a 49 year old female with the following subjective factors:

Patient Complaints:

SUBJECTIVE COMPLAINTS:

Pepper Smith is a 49 year old female who complains of left sided neck pain

Feels better

DENIES RADIATION INTO ARM OR PARESTHESIAS

Completed 3/6 Physical Therapy sessions, helpful, says had muscle that was sore in left side of neck improve with manual Physical Therapy with last provider

Physical Therapy VERY HELPFUL, HAS ABOUT 4 MORE SESSIONS

DOING FULL DUTY

Review of Systems:

Gastrointestinal: No abdominal pain, or bleeding

Neurologic: No focal weakness, or paresthesia the arms or legs.

REVIEW OF SYSTEMS:

I have reviewed the following systems:

Gastrointestinal: No nausea, vomiting, or abdominal pain

Neurologic: No headache

08/04/2020 - Office Visit in KP ON THE JOB (continued)

Clinical Notes (continued)

OBJECTIVE FINDINGS:

Vital Signs:

BP 137/79 | Pulse 84 | Temp 98.9 °F (37.2 °C) (Tympanic) | LMP 06/05/2017 | SpO2 99%

I confirm that I have performed the following examination(s):

Constitutional: Well developed and well nourished and Alert and conversant

PHYSICAL EXAMINATION:

NO PHYSICAL EXAMINATION WAS PERFORMED FOR THIS VISIT

DIAGNOSES:

S16.1XXD NECK MUSCLE STRAIN, SUBSEQ

M25.512 LEFT SHOULDER JOINT PAIN

Diagnoses not noted on current encounter:

S16.1XXD NECK MUSCLE STRAIN, SUBSEQ

M25.512 LEFT SHOULDER JOINT PAIN

IMPROVING with Physical Therapy,
NOT YET AT MMI

TREATMENT PLAN:

Medications:

The medication(s)/supplies/radiological studies ordered this visit:

Orders Placed This Encounter

PHYS SPECIAL REPORT, PR-2 TREATING PHYS'S PROGRESS REPORT

Treatment Rendered:

Has pain medications

Complete Physical Therapy

FULL DUTY

BEST ESTIMATED TIME TO MMI IS APPROX 2-3 MONTHS

FACTORS OF CARE:

08/04/2020 - Office Visit in KP ON THE JOB (continued)

Clinical Notes (continued)

Factors of Care:

For disability status/ updates/ or making appointments: (323) 783-6621.

Faxing @ (877) 515-8038

For questions regarding authorizations such as PT/ OT / MRI / NCV studies (except surgery), @ (844) 789-0172.

For questions regarding surgery authorizations please call the Case Coordinator, Hector Lohaiza (323) 783-5124.

To speak to the Dept. Administrator, please call @ (323) 783-4385.

To speak to me, please call @ (323) 783 6621

Activity RX/Forms: No Work data filed for this patient encounter.

WORK STATUS:

See Below

Primary Treating Physician:

I declare under the penalty of perjury that this report is true and correct to the best of my knowledge and I have not violated Labor Code §139.3.

---End of Progress Notes---

Work Status:

Activity RX/Forms

No Work data filed for this patient encounter.

08/04/2020 - Office Visit in KP ON THE JOB (continued)

Clinical Notes (continued)

BHAVESH ROBERT J PANDYA MD
8/4/2020, 1:03 PM

Contact Information:

Electronically signed by Pandya, Bhavesh Robert J (M.D.), M.D. at 8/4/2020 1:39 PM

Procedures

PHYS SPECIAL REPORT, PR-2 TREATING PHYS'S PROGRESS REPORT [1554006947] (Active)

Electronically signed by: **Pandya, Bhavesh Robert J (M.D.), M.D. on 08/04/20 1317** Status: **Active**
 Ordering user: Pandya, Bhavesh Robert J (M.D.), M.D. 08/04/20 1317 Authorized by: Pandya, Bhavesh Robert J (M.D.), M.D.
 Ordering mode: Standard
 Frequency: Routine 08/04/20 - Class: Back Office
 Quantity: 1 Released by: Pandya, Bhavesh Robert J (M.D.), M.D. 08/04/20 1317

Diagnoses

NECK MUSCLE STRAIN, SUBSEQ [S16.1XXD]
LEFT SHOULDER JOINT PAIN [M25.512]

Provider Details

Provider	NPI
Pandya, Bhavesh Robert J (M.D.), M.D.	1679625032

Indications

NECK MUSCLE STRAIN, SUBSEQ [S16.1XXD (ICD-10-CM)]
LEFT SHOULDER JOINT PAIN [M25.512 (ICD-10-CM)]

Patient Instructions

Thank you for visiting the Occupational Medicine department. We hope you had an excellent visit and we encourage you to share your experience with us. To share your experience, please contact Imran Rana, Department Administrator for Occupational Medicine. Available weekdays at **(323)783-4385** or via email at **Imran.Rana@kp.org**. Thank you for choosing Kaiser Permanente.

If you have not received a call to schedule any specialty consultation, physical therapy, occupational therapy or any other treatment or medical equipment ordered by your doctor, please call our Regional

08/04/2020 - Office Visit in KP ON THE JOB (continued)

Patient Instructions (continued)

Business Unit at (844)789-0172.

Specialty Appointment (323)783-2583

One Call Therapy (866)389-0211

MRI Scheduling (323)783-5384

Medrisk (877)389-4580

08/04/2020 - Office Visit in KP ON THE JOB (continued)

AFTER VISIT SUMMARY

Pepper Smith MRN: 000004779300



Instructions from BHAVESH ROBERT J PANDYA MD, M.D.
 Your personalized instructions can be found at the end of this document.

Today's Visit

You saw BHAVESH ROBERT J PANDYA MD, M.D. on Tuesday August 4, 2020. The following issues were addressed:

- NECK MUSCLE STRAIN
- LEFT SHOULDER JOINT PAIN

What's Next

- | | |
|---|--|
| <p>AUG 6 2020 Procedure with ERVIN A. NANDE, TECH
 Thursday August 6 8:45 AM</p> | <p>OPHTHALMOLOGY
 3782 W MARTIN LUTHER KING JR LOS ANGELES CA 90008-1703 323-421-2900</p> |
| <p>AUG 6 2020 Consult with GARRICK CHAK MD, M.D.
 Thursday August 6 9:30 AM</p> | <p>OPHTHALMOLOGY
 3782 W MARTIN LUTHER KING JR LOS ANGELES CA 90008 1703 323-421-2900</p> |
| <p>SEP 16 2020 Office Visit with BHAVESH ROBERT J PANDYA MD, M.D.
 Wednesday September 16 2:20 PM</p> | <p>KP ON THE JOB
 333 S HOPE ST STE C130 C145 LOS ANGELES CA 90071-1406 323-783-6621</p> |

Blood Pressure 137/79	Temperature (Tympanic) 98.9 °F
Pulse 84	Oxygen Saturation 99%

Medications

New Orders

Normal Orders This Visit
PHYS SPECIAL REPORT, PR-2 TREATING PHYS'S PROGRESS REPORT [99080 CPT(R)]

Common Medication Direction Abbreviations
 PO = Orally, QD = Once/day, BID = Twice/day, TID = 3x/day, QID = 4x/day, PRN = as needed
 QHS = Every night at bedtime, AC = Before meals, PC = After meals, c = With, s = Without

kp.org
 View your After Visit Summary and more online at <https://healthy.kaiserpermanente.org/honline/ie/>.

08/04/2020 - Office Visit in KP ON THE JOB (continued)

Allergies as of 8/4/2020

Reviewed by Pandya, Bhavesh Robert J (M.D.), M.D. on 8/4/2020

Severity	Noted	Reaction Type	Reactions
No Known Drug Allergies	06/01/2005		
Not Specified			

08/04/2020 - Office Visit in KP ON THE JOB (continued)

Instructions from BHAVESH ROBERT J PANDYA MD, M.D.

Thank you for visiting the Occupational Medicine department. We hope you had an excellent visit and we encourage you to share your experience with us. To share your experience, please contact Imran Rana, Department Administrator for Occupational Medicine. Available weekdays at **(323)783-4385** or via email at **Imran.Rana@kp.org**. Thank you for choosing Kaiser Permanente.

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Specialty Appointment **(323)783-2583**
One Call Therapy **(866)389-0211**
MRI Scheduling **(323)783-5384**
Medrisk **(877)389-4580**

General Information

SKIP THE TRIP. Have our pharmacy come to you!

New and refill prescriptions mailed to your home.

When using the mail order option for obtaining prescriptions:

- **You must be able to wait 7 days** before starting a new, mail-order prescription. Medications needed before 7 days should be filled at the pharmacy. Ask the pharmacist if you have questions.
- You will need to have a **credit card** on file to use the mail-order option, unless you have dual medical coverage or have MediCal health benefits. You may bring a credit card to the pharmacy to be placed on file or enter while ordering on line.
- For most medications that are meant to be refilled every 30 days, filling the prescription by mail **you can obtain a 3-month supply** for just 2 months of copay!

4 ways to receive prescriptions by mail:

- If **checking-in at the Pharmacy**, ask for the mail order option to avoid waiting for the prescriptions to be filled. This is available only for medications not needed within the next 7 days.
- **Go to kp.org/Rxrefill**. After signing into kp.org, you will be brought to the Pharmacy Center.

08/04/2020 - Office Visit in KP ON THE JOB (continued)

- Use the **Kaiser Permanente app** for your mobile device. Find and download the app by searching for Kaiser Permanente on the Apple Store or the Google App Store.
- **Call (866) 206-2983** and be sure to have your medical record number and the prescription number located on the medication label ready when you call.

**You must be registered on KP.ORG to order prescriptions online or through the KP app.
Not registered yet? Go to KP.ORG/REGISTERNOW to get started.**

For questions, call member services at

[800-464-4000](tel:800-464-4000) or TTY [711](tel:711)
[800-788-0616](tel:800-788-0616) (Spanish)
[800-757-7585](tel:800-757-7585) (Chinese dialects)

Hours

Open 7 days a week
 24 hours a day
 Closed holidays

Medicare members

[800-443-0815](tel:800-443-0815) or TTY [711](tel:711)

Hours

Open 7 days a week
 from 8 a.m. to 8 p.m.

Protect yourself from the flu. Get vaccinated.

The flu is a serious, contagious illness caused by influenza viruses. Anyone can get the flu. It can cause mild to severe illness. The best way to prevent the flu is by getting a flu shot each year. The CDC and Kaiser Permanente recommend everyone 6 months and older get a flu shot every year.

Flu shot clinics open in September. No appointment is necessary.

Flu shots are available at no charge to members at Kaiser Permanente medical facilities.

For information about hours, times, and locations, please visit kp.org/flu or call 1-866-70-NOFLU (1-866-706-6358).

Adults should participate in at least 30 minutes, and children at least 60 minutes, of moderate exercise (such as brisk walking) for five or more days each week, unless instructed otherwise by your provider. For more information on the health benefits of walking please refer to <http://www.everybodywalk.org>. THRIVE!

08/04/2020 - Office Visit in KP ON THE JOB (continued)

Register at www.kp.org to email your physician, renew prescriptions, request appointments, learn more about your personal health, or obtain tips for healthy living!

Save money and time! Get your refills for home delivery at www.kp.org/refill

END OF ENCOUNTER

08/05/2020 - Patient Message in INTERNAL MEDICINE AQUA2

Visit Information

Provider Information

08/05/2020 - Patient Message in INTERNAL MEDICINE AQUA2 (continued)**Visit Information (continued)****Encounter Provider**

Stahl, Jerusha Emily (M.D.), M.D.

Department

Name	Address	Phone
INTERNAL MEDICINE AQUA2	6041 CADILLAC AVE Los Angeles CA 90034-1702	833-574-2273

Reason for Visit**Visit Diagnosis**

- ABDOMINAL PAIN [R10.9]

Clinical Notes**Procedures**

Filed on 9/11/2020 1615

Procedure Orders

1. CT ABD AND PELVIS W CONTRAST [1554006949] ordered by Stahl, Jerusha Emily (M.D.), M.D. at 08/06/20 1433

CLINICAL HISTORY: Evaluate for chronic abdominal pain

RIS TECH NOTES:

COMPARISON: 10/4/2016

TECHNIQUE: Study performed per protocol.

CT Dose:

As required by California law, the CT DIvol and DLP radiation doses associated with this CT study are listed below. This represents the estimated dose to a standard lucite phantom resulting from the technique used for this study, but is not the dose to this specific patient.

Type / CT DIvol / DLP / Phantom

Abdomen / 20.49 / 1014.20 / B

Total Exam DLP: 1014.20

CT DIvol = mGy DLP = mGy-cm

Phantom: B=Body32, H=Head16

CONTRAST: 100 milliliter of OMNIPAQUE 300 was given on 9/10/2020

7:04:00 PM by route: INTRAVENOUS

FINDINGS:

ABDOMEN:

Lung bases are unremarkable.

Visualized liver is normal.

There appear to be multiple gallstones.

Visualized spleen is normal.

08/05/2020 - Patient Message in INTERNAL MEDICINE AQUA2 (continued)**Clinical Notes (continued)**

Pancreas is normal in size.
 Kidneys are normal in size. No renal mass is identified. There is no hydronephrosis.
 Adrenal glands are unremarkable.
 There is very mild aortic atherosclerosis.
 No ascites or peritoneal fluid collections. No evidence of pneumoperitoneum.
 No abdominal adenopathy.
 Visualized GI tract is unremarkable.

Pelvis:

Urinary bladder is unremarkable.
 The uterus is surgically absent.
 Bony structures are unremarkable.
 There is a 3.7 cm cystic structure within the right ovary.

IMPRESSION:

There appear to be multiple gallstones. Recommend right upper quadrant ultrasound to evaluate.

3.7 cm cystic structure within the right ovary. Recommend pelvic ultrasound to evaluate if this represents a benign follicular cyst or a more aggressive lesion.

Post hysterectomy. Very mild aortic atherosclerosis.

This report electronically signed by Vijay Rao on 9/11/2020 4:09 PM

Electronically signed by Rao, Vijay Aroor (M.D.), M.D. at 9/11/2020 4:15 PM

Telephone Encounter**Stahl, Jerusha Emily (M.D.), M.D. at 8/6/2020 1430**

Author: Stahl, Jerusha Emily (M.D.), M.D.	Service: —	Author Type: Physician
Filed: 8/6/2020 2:30 PM	Encounter Date: 8/5/2020	Creation Time: 8/6/2020 2:30 PM
Status: Signed	Editor: Stahl, Jerusha Emily (M.D.), M.D. (Physician)	

08/05/2020 - Patient Message in INTERNAL MEDICINE AQUA2 (continued)**Clinical Notes (continued)**

From: Pepper Smith
To: Stahl, Jerusha Emily (M.D.), M.D.
Sent: 8/5/2020 2:37 PM PDT
Subject: colonoscopy

Hi Dr. I hope all is well.
I've been having a lot of issues with my stomach. A lot of belching, gas, stomach hard to the touch.
Very uncomfortable.

My mom had these problems as well and she ended up with gallbladder cancer and then pancreatic cancer.

I cut back on so much in take and yet I still have these problems plus the acid reflux. When I had a phone appt it was suggested that I get a colonoscopy done. Please advise. Thank you!

Electronically signed by Stahl, Jerusha Emily (M.D.), M.D. at 8/6/2020 2:30 PM

Imaging**Imaging****CT ABD AND PELVIS W CONTRAST [1554006949] (Final result)**

Electronically signed by: **Stahl, Jerusha Emily (M.D.), M.D. on 08/06/20 1433** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Stahl, Jerusha Emily (M.D.), M.D. 08/06/20 1433 Authorized by: Stahl, Jerusha Emily (M.D.), M.D.

Ordering mode: Standard

Frequency: Routine 08/06/20 -

Class: Normal

Quantity: 1

Lab status: Final result

Diagnoses

ABDOMINAL PAIN [R10.9]

Provider Details**Provider****NPI**

Stahl, Jerusha Emily (M.D.), M.D.

1083894638

Questionnaire**Question****Answer**

DOES PT HAVE?

NONE

Scheduling instructions

If the patient is not NPO, may have clear liquids prior to CT scan.

Contact Radiology Department for required prep instructions.

Notify staff if patient is over 300 pounds.

Patient must be able to lie flat and be cooperative.

Order comments: Evaluate for chronic abdominal pain

CT ABD AND PELVIS W CONTRAST [1554006949]

Resulted: 09/10/20 1904, Result status: Final result

Order status: Completed

Filed on: 09/29/22 1038

Accession number: 95087014

Resulting lab: SCAL RADIOLOGY INTERFACE

Narrative:

8/18/20 @8:53am spoke with pt. to schedule CTAPC., pt. is aware of preps, time and location. M.Guevara appt. clk. DOES PT HAVE?->NONE

Acknowledged by: Stahl, Jerusha Emily (M.D.), M.D. on 09/11/20 1615

Transcription**Type****ID****Date and Time****Dictating Provider**

Diagnostic imaging

95087014

9/11/2020 4:15 PM

Rao, Vijay Aroor (M.D.), M.D.

Signed by Rao, Vijay Aroor (M.D.), MEDICAL DOCTOR on 09/11/20 at 1615

08/05/2020 - Patient Message in INTERNAL MEDICINE AQUA2 (continued)

Imaging (continued)

CLINICAL HISTORY: Evaluate for chronic abdominal pain
RIS TECH NOTES:

COMPARISON: 10/4/2016

TECHNIQUE: Study performed per protocol.

CT Dose:

As required by California law, the CT DIvol and DLP radiation doses associated with this CT study are listed below. This represents the estimated dose to a standard lucite phantom resulting from the technique used for this study, but is not the dose to this specific patient.

Type / CT DIvol / DLP / Phantom

Abdomen / 20.49 / 1014.20 / B

Total Exam DLP: 1014.20

CT DIvol = mGy DLP = mGy-cm

Phantom: B=Body32, H=Head16

CONTRAST: 100 milliliter of OMNIPAQUE 300 was given on 9/10/2020
7:04:00 PM by route: INTRAVENOUS

FINDINGS:**ABDOMEN:**

Lung bases are unremarkable.

Visualized liver is normal.

There appear to be multiple gallstones.

Visualized spleen is normal.

Pancreas is normal in size.

Kidneys are normal in size. No renal mass is identified. There is no hydronephrosis.

Adrenal glands are unremarkable.

There is very mild aortic atherosclerosis.

No ascites or peritoneal fluid collections. No evidence of pneumoperitoneum.

No abdominal adenopathy.

Visualized GI tract is unremarkable.

Pelvis:

Urinary bladder is unremarkable.

The uterus is surgically absent.

Bony structures are unremarkable.

There is a 3.7 cm cystic structure within the right ovary.

08/05/2020 - Patient Message in INTERNAL MEDICINE AQUA2 (continued)**Imaging (continued)****IMPRESSION:**

There appear to be multiple gallstones. Recommend right upper quadrant ultrasound to evaluate.

3.7 cm cystic structure within the right ovary. Recommend pelvic ultrasound to evaluate if this represents a benign follicular cyst or a more aggressive lesion.

Post hysterectomy. Very mild aortic atherosclerosis.

This report electronically signed by Vijay Rao on 9/11/2020 4:09 PM

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
120 - SCA	SCAL RADIOLOGY INTERFACE	Unknown	Unknown	02/13/04 0000 - Present

CT ABD AND PELVIS W CONTRAST [1554006949]

Resulted: 09/10/20 1904, Result status: In process

Order status: Completed

Filed on: 09/29/22 1038

Accession number: 95087014

Resulting lab: SCAL RADIOLOGY INTERFACE

Narrative:

8/18/20 @8:53am spoke with pt. to schedule CTAPC., pt. is aware of preps, time and location. M.Guevara appt. clk. DOES PT HAVE?->NONE

Transcription

Type	ID	Date and Time	Dictating Provider
Diagnostic imaging	95087014	9/11/2020 4:15 PM	Rao, Vijay Aroor (M.D.), M.D.
Signed by Rao, Vijay Aroor (M.D.), MEDICAL DOCTOR on 09/11/20 at 1615			

CLINICAL HISTORY: Evaluate for chronic abdominal pain

RIS TECH NOTES:

COMPARISON: 10/4/2016

TECHNIQUE: Study performed per protocol.

CT Dose:

As required by California law, the CT DIvol and DLP radiation doses associated with this CT study are listed below. This represents the estimated dose to a standard lucite phantom resulting from the technique used for this study, but is not the dose to this specific patient.

Type / CT DIvol / DLP / Phantom

Abdomen / 20.49 / 1014.20 / B

Total Exam DLP: 1014.20

CT DIvol = mGy

DLP = mGy-cm

08/05/2020 - Patient Message in INTERNAL MEDICINE AQUA2 (continued)

Imaging (continued)

Phantom: B=Body32, H=Head16

CONTRAST: 100 milliliter of OMNIPAQUE 300 was given on 9/10/2020
7:04:00 PM by route: INTRAVENOUS

FINDINGS:**ABDOMEN:**

Lung bases are unremarkable.
Visualized liver is normal.
There appear to be multiple gallstones.
Visualized spleen is normal.
Pancreas is normal in size.
Kidneys are normal in size. No renal mass is identified. There is no hydronephrosis.
Adrenal glands are unremarkable.
There is very mild aortic atherosclerosis.
No ascites or peritoneal fluid collections. No evidence of pneumoperitoneum.
No abdominal adenopathy.
Visualized GI tract is unremarkable.

Pelvis:

Urinary bladder is unremarkable.
The uterus is surgically absent.
Bony structures are unremarkable.
There is a 3.7 cm cystic structure within the right ovary.

IMPRESSION:

There appear to be multiple gallstones. Recommend right upper quadrant ultrasound to evaluate.

3.7 cm cystic structure within the right ovary. Recommend pelvic ultrasound to evaluate if this represents a benign follicular cyst or a more aggressive lesion.

Post hysterectomy. Very mild aortic atherosclerosis.

This report electronically signed by Vijay Rao on 9/11/2020 4:09 PM

Reviewed by

Stahl, Jerusha Emily (M.D.), M.D. on 09/11/20 1621
Stahl, Jerusha Emily (M.D.), M.D. on 09/11/20 1616
Stahl, Jerusha Emily (M.D.), M.D. on 09/11/20 1615

08/05/2020 - Patient Message in INTERNAL MEDICINE AQUA2 (continued)**Imaging (continued)****Testing Performed By**

Lab - Abbreviation	Name	Director	Address	Valid Date Range
120 - SCA	SCAL RADIOLOGY INTERFACE	Unknown	Unknown	02/13/04 0000 - Present

CT ABD AND PELVIS W CONTRAST [1554006949]

Resulted: 09/10/20 1850, Result status: In process

Order status: Completed

Filed on: 09/29/22 0336

Accession number: 95087014

Resulting lab: SCAL RADIOLOGY INTERFACE

Narrative:

Transcription

Type	ID	Date and Time	Dictating Provider
Diagnostic imaging	95087014	9/11/2020 4:15 PM	Rao, Vijay Aroor (M.D.), M.D.
Signed by Rao, Vijay Aroor (M.D.), MEDICAL DOCTOR on 09/11/20 at 1615			

CLINICAL HISTORY: Evaluate for chronic abdominal pain

RIS TECH NOTES:

COMPARISON: 10/4/2016

TECHNIQUE: Study performed per protocol.

CT Dose:

As required by California law, the CT DIvol and DLP radiation doses associated with this CT study are listed below. This represents the estimated dose to a standard lucite phantom resulting from the technique used for this study, but is not the dose to this specific patient.

Type / CT DIvol / DLP / Phantom

Abdomen / 20.49 / 1014.20 / B

Total Exam DLP: 1014.20

CT DIvol = mGy DLP = mGy-cm

Phantom: B=Body32, H=Head16

CONTRAST: 100 milliliter of OMNIPAQUE 300 was given on 9/10/2020

7:04:00 PM by route: INTRAVENOUS

FINDINGS:**ABDOMEN:**

Lung bases are unremarkable.

Visualized liver is normal.

There appear to be multiple gallstones.

Visualized spleen is normal.

Pancreas is normal in size.

Kidneys are normal in size. No renal mass is identified. There is no hydronephrosis.

08/05/2020 - Patient Message in INTERNAL MEDICINE AQUA2 (continued)**Imaging (continued)**

Adrenal glands are unremarkable.
 There is very mild aortic atherosclerosis.
 No ascites or peritoneal fluid collections. No evidence of pneumoperitoneum.
 No abdominal adenopathy.
 Visualized GI tract is unremarkable.

Pelvis:

Urinary bladder is unremarkable.
 The uterus is surgically absent.
 Bony structures are unremarkable.
 There is a 3.7 cm cystic structure within the right ovary.

IMPRESSION:

There appear to be multiple gallstones. Recommend right upper quadrant ultrasound to evaluate.

3.7 cm cystic structure within the right ovary. Recommend pelvic ultrasound to evaluate if this represents a benign follicular cyst or a more aggressive lesion.

Post hysterectomy. Very mild aortic atherosclerosis.

This report electronically signed by Vijay Rao on 9/11/2020 4:09 PM

Reviewed by

Stahl, Jerusha Emily (M.D.), M.D. on 09/11/20 1621
 Stahl, Jerusha Emily (M.D.), M.D. on 09/11/20 1616
 Stahl, Jerusha Emily (M.D.), M.D. on 09/11/20 1615

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
120 - SCA	SCAL RADIOLOGY INTERFACE	Unknown	Unknown	02/13/04 0000 - Present

Indications

ABDOMINAL PAIN [R10.9 (ICD-10-CM)]

All Reviewers List

Stahl, Jerusha Emily (M.D.), M.D. on 9/11/2020 16:21
 Stahl, Jerusha Emily (M.D.), M.D. on 9/11/2020 16:16
 Stahl, Jerusha Emily (M.D.), M.D. on 9/11/2020 16:15

08/05/2020 - Patient Message in INTERNAL MEDICINE AQUA2 (continued)**Messages****RE: colonoscopy**

From Pepper Smith	To Jerusha Emily (M.D.) Stahl, M.D.	Sent 8/11/2020 2:45 PM
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I'm sorry I thought I responded. It's been over a month. I would like to look in to this.

Thank you!

RE: colonoscopy

From Pepper Smith	To Jerusha Emily (M.D.) Stahl, M.D.	Sent 8/7/2020 11:30 AM
----------------------	--	---------------------------

It's been just about 2 months. When I went in it was determined as a UTI plus acid reflux but it's still not right. And the UTI keep happening very since the surgery.
Thank you I will wait for the call.

RE: colonoscopy

From Jerusha Emily (M.D.) Stahl, M.D. Last Read in kp.org 8/11/2020 2:43 PM by Pepper Smith	To Pepper Smith	Sent and Delivered 8/6/2020 2:32 PM
--	--------------------	--

Hi Pepper,

How long has this been going on for?

I think before a colonoscopy a CT scan of your abdomen makes more sense. You will need to do a blood test for your kidneys prior the scan. Labs are already ordered for you from June. You can go to the lab anytime. Radiology will call you to schedule the CT scan.

Take care,

Jerusha Stahl, MD

colonoscopy

From Pepper Smith	To Jerusha Emily (M.D.) Stahl, M.D.	Sent 8/5/2020 2:37 PM
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Hi Dr. I hope all is well.

I've been having a lot of issues with my stomach. A lot of belching, gas, stomach hard to the touch.

Very uncomfortable.

08/05/2020 - Patient Message in INTERNAL MEDICINE AQUA2 (continued)**Messages (continued)**

My mom had these problems as well and she ended up with gallbladder cancer and then pancreatic cancer.

I cut back on so much in take and yet I still have these problems plus the acid reflux. When I had a phone appt it was suggested that I get a colonoscopy done. Please advise. Thank you!

END OF ENCOUNTER**08/06/2020 - Allied Health/Nurse Visit in OPHTHALMOLOGY****Visit Information****Provider Information****Encounter Provider**

Nande, Ervin A., TECH

Department

Name	Address	Phone
OPHTHALMOLOGY	3782 W MARTIN LUTHER KING JR Los Angeles CA 90008-1703	323-421-2900

Reason for Visit**Chief Complaint**

- OCULAR COHERENCE TOMOGRAPHY (rnfl)

Visit Diagnosis

- EYE DISORDER [H57.9]

Other Orders**Eye Procedures IPROC****OCT POSTERIOR SEGMENT BOTH EYES, OPTIC NERVE, INTERP AND RPT (OU) [1554006948] (In process)**Electronically signed by: **Velasco, Luis E on 08/06/20 0847**Status: **Completed**

Ordering user: Velasco, Luis E 08/06/20 0847

Authorized by: Chak, Garrick (M.D.), M.D.

Ordering mode: Standard

Frequency: Routine 08/06/20 -

Class: Normal

Quantity: 1

Lab status: In process

Diagnoses

EYE DISORDER [H57.9]

Provider Details

Provider	NPI
Chak, Garrick (M.D.), M.D.	1497047526
Velasco, Luis E	—

Order comments: This order was created through External Result Entry

Specimen Information

ID	Type	Source	Collected By
ECS2161249532 842	—	—	08/06/20 0858

08/06/2020 - Allied Health/Nurse Visit in OPHTHALMOLOGY (continued)

Other Orders (continued)

OCT POSTERIOR SEGMENT BOTH EYES, OPTIC NERVE, INTERP AND RPT (OU) [1554006948]

Resulted: 08/06/20 0858, Result status: In process

Order status: Completed
Collected by: 08/06/20 0858

Filed on: 09/29/22 1038
Resulting lab: SCAL CVIS INTERFACE

Indications

EYE DISORDER [H57.9 (ICD-10-CM)]

08/06/2020 - Allied Health/Nurse Visit in OPHTHALMOLOGY (continued)

AFTER VISIT SUMMARY

Pepper Smith MRN: 000004779300



8/6/2020 8:45 AM OPTHALMOLOGY

Today's Visit

You saw ERVIN A. NANDE, TECH on Thursday August 6, 2020. The following issues were addressed:

- EYE DISORDER

What's Next

Office Visit with BHAVESH ROBERT J PANDYA MD, M.D.
Wednesday September 16 2:20 PM

KP ON THE JOB
333 S HOPE ST STE C130 C145
LOS ANGELES CA 90071-1406
323-783-6621

Medications

New Orders

Normal Orders This Visit

OCT POSTERIOR SEGMENT BOTH EYES, OPTIC NERVE, INTERP AND RPT (OU) [92133 CPT(R)]

Common Medication Direction Abbreviations

PO = Orally, QD = Once/day, BID = Twice/day, TID = 3x/day, QID = 4x/day, PRN = as needed
QHS = Every night at bedtime, AC = Before meals, PC = After meals, c = With, s = Without

Allergies as of 8/6/2020

Reviewed by Pandya, Bhavesh Robert J (M.D.), M.D. on 8/4/2020

No Known Drug Allergies	Severity	Noted	Reaction Type	Reactions
No Known Drug Allergies	Not Specified	06/01/2005		

General Information

SKIP THE TRIP. Have our pharmacy come to you!

New and refill prescriptions mailed to your home.

When using the mail order option for obtaining prescriptions:

08/06/2020 - Allied Health/Nurse Visit in OPHTHALMOLOGY (continued)

- **You must be able to wait 7 days** before starting a new, mail-order prescription. Medications needed before 7 days should be filled at the pharmacy. Ask the pharmacist if you have questions.
- You will need to have a **credit card** on file to use the mail-order option, unless you have dual medical coverage or have MediCal health benefits. You may bring a credit card to the pharmacy to be placed on file or enter while ordering on line.
- For most medications that are meant to be refilled every 30 days, filling the prescription by mail **you can obtain a 3-month supply** for just 2 months of copay!

4 ways to receive prescriptions by mail:

- If **checking-in at the Pharmacy**, ask for the mail order option to avoid waiting for the prescriptions to be filled. This is available only for medications not needed within the next 7 days.
- **Go to kp.org/Rxrefill**. After signing into kp.org, you will be brought to the Pharmacy Center.
- Use the **Kaiser Permanente app** for your mobile device. Find and download the app by searching for Kaiser Permanente on the Apple Store or the Google App Store.
- **Call (866) 206-2983** and be sure to have your medical record number and the prescription number located on the medication label ready when you call.

**You must be registered on KP.ORG to order prescriptions online or through the KP app.
Not registered yet? Go to KP.ORG/REGISTERNOW to get started.**

For questions, call member services at

[800-464-4000](tel:8004644000) or TTY [711](tel:711)
[800-788-0616](tel:8007880616) (Spanish)
[800-757-7585](tel:8007577585) (Chinese dialects)

Hours

Open 7 days a week
 24 hours a day
 Closed holidays

Medicare members

[800-443-0815](tel:8004430815) or TTY [711](tel:711)

Hours

Open 7 days a week
 from 8 a.m. to 8 p.m.

kp.org

View your After Visit Summary and more online at <https://healthy.kaiserpermanente.org/hconline/ie/>.

08/06/2020 - Allied Health/Nurse Visit in OPHTHALMOLOGY (continued)

Protect yourself from the flu. Get vaccinated.

The flu is a serious, contagious illness caused by influenza viruses. Anyone can get the flu. It can cause mild to severe illness. The best way to prevent the flu is by getting a flu shot each year. The CDC and Kaiser Permanente recommend everyone 6 months and older get a flu shot every year.

Flu shot clinics open in September. No appointment is necessary.

Flu shots are available at no charge to members at Kaiser Permanente medical facilities.

For information about hours, times, and locations, please visit kp.org/flu or call 1-866-70-NOFLU (1-866-706-6358).

Adults should participate in at least 30 minutes, and children at least 60 minutes, of moderate exercise (such as brisk walking) for five or more days each week, unless instructed otherwise by your provider. For more information on the health benefits of walking please refer to <http://www.everybodywalk.org>. THRIVE!

Register at www.kp.org to email your physician, renew prescriptions, request appointments, learn more about your personal health, or obtain tips for healthy living!

Save money and time! Get your refills for home delivery at www.kp.org/refill

END OF ENCOUNTER

08/06/2020 - Office Visit in OPHTHALMOLOGY

Visit Information

Provider Information

08/06/2020 - Office Visit in OPHTHALMOLOGY (continued)**Visit Information (continued)**

Encounter Provider	Authorizing Provider	Referring Provider
Chak, Garrick (M.D.), M.D.	Chak, Garrick (M.D.), M.D.	Howell, William Murdoch (M.D.), M.D.

Department

Name	Address	Phone
OPHTHALMOLOGY	3782 W MARTIN LUTHER KING JR Los Angeles CA 90008-1703	323-421-2900

Follow-up and Dispositions**Level of Service**

Level of Service
COMPREHENSIVE EYE EXAM, ESTABLISHED PAT, W DILATION

Reason for Visit**Chief Complaint**

- EYE EXAMINATION (GLAUCOMA CHECK + OCT)

Visit Diagnoses

Name	Code	Chronic?
BILAT ANATOMICAL NARROW ANGLE, ANTERIOR CHAMBER	H40.033	No
CONGENITAL RETINAL PIGMENT EPITHELIAL HYPERTROPHY	Q14.1	Yes
BLURRED VISION	H53.8	No

Clinical Notes**Nursing Note****Washington, Lakeisha N (M.A.), M.A. at 8/6/2020 0910**

Author: Washington, Lakeisha N (M.A.), M.A.	Service: —	Author Type: MEDICAL ASSISTANT
Filed: 8/6/2020 9:10 AM	Encounter Date: 8/6/2020	Creation Time: 8/6/2020 9:10 AM
Status: Signed	Editor: Washington, Lakeisha N (M.A.), M.A. (MEDICAL ASSISTANT)	

EYE MEDS:
NO NEED TO ASK ABOUT DROPS- PER DR. CHAK

HGBA1C 5.6 05/31/2018

(proactive review- care gaps)

Care Gaps

- Update BMI - Take Height AND Weight 07/17/2020
- Weight Management Education Needed

Electronically signed by Washington, Lakeisha N (M.A.), M.A. at 8/6/2020 9:10 AM

Progress Notes**Chak, Garrick (M.D.), M.D. at 8/6/2020 0921**

Author: Chak, Garrick (M.D.), M.D.	Service: —	Author Type: Physician
Filed: 8/7/2020 10:05 AM	Encounter Date: 8/6/2020	Creation Time: 8/6/2020 9:21 AM
Status: Signed	Editor: Chak, Garrick (M.D.), M.D. (Physician)	

08/06/2020 - Office Visit in OPHTHALMOLOGY (continued)**Clinical Notes (continued)**

Chief Complaint: narrow glaucoma eval both eyes
acute decreased vision left eye for < 1yr

History of Present Illness: Pepper Smith, a 49 year old year old female sent for consultation by outside optom for eval of narrow glaucoma eval both eyes
acute decreased vision left eye for < 1yr
unable to dilate outside due to narrow angles
+FHx father glaucoma.

Patient denies headache, intermittent blurriness, haloes around lights, eye pain, tearing, redness, nausea/vomiting.

Nursing Notes:

Washington, Lakeisha N (M.A.), M.A. 8/6/2020 9:10 AM Signed

EYE MEDS:

NO NEED TO ASK ABOUT DROPS- PER DR. CHAK

HGBA1C 5.6 05/31/2018

(proactive review- care gaps)

Care Gaps

- Update BMI - Take Height AND Weight 07/17/2020
- Weight Management Education Needed

Allergies:

Allergies

Allergen

- No Known Drug Allergies

Reactions

Medications:

Outpatient Medications Marked as Taking for the 8/6/20 encounter (Office Visit) with Chak, Garrick (M.D.), M.D.

Medication

- Omeprazole (PRILOSEC) 20 mg Oral CPDR SR Cap

Past Medical History:

Past Medical History:

Diagnosis

- SEVERE OBESITY, BMI 40-44.9, ADULT
- VITAMIN D DEFICIENCY
- UTERINE FIBROIDS
- IRON DEFICIENCY ANEMIA

Date

4/11/2006

3/30/2011

8/25/2016

10/13/2016

Past Surgical History:

Past Surgical History:

08/06/2020 - Office Visit in OPHTHALMOLOGY (continued)**Clinical Notes (continued)**

Procedure	Laterality	Date
• LAPAROSCOPIC HYSTERECTOMY <i>Procedure: ABDOMINAL HYSTERECTOMY LAPAROSCOPIC; Laterality: N/A; Surgeon: Lansdowne, Elisa Danielle (M.D.), M.D.</i>	N/A	8/17/2017
• LAPAROSCOPIC SALPINGECTOMY <i>Procedure: SALPINGECTOMY LAPAROSCOPIC; Laterality: Left; Surgeon: Lansdowne, Elisa Danielle (M.D.), M.D.</i>	Left	8/17/2017
• CYSTOSCOPY PROCEDURES <i>Procedure: CYSTOSCOPY; Laterality: N/A; Surgeon: Lansdowne, Elisa Danielle (M.D.), M.D.</i>	N/A	8/17/2017
• LAPAROSCOPIC LYSIS OF INTRA-ABDOMINAL ADHESION <i>Procedure: INTRA ABDOMINAL LYSIS OF ADHESIONS LAPAROSCOPIC; Laterality: N/A; Surgeon: Lansdowne, Elisa Danielle (M.D.), M.D.</i>	N/A	8/17/2017
• LIGATION OF FALLOPIAN TUBE		
• SALPINGECTOMY COMPLETE <i>two ectopic pregnancies after BTL</i>	Right	

Social History:

Social History

Socioeconomic History

- Marital status: Married
Spouse name: No social history on file - go to History activity and enter appropriate social history
- Number of children: 4
- Years of education: No social history on file - go to History activity and enter appropriate social history
- Highest education level: No social history on file - go to History activity and enter appropriate social history

Occupational History

- Occupation: DMV

Tobacco Use

- Smoking status: Never Smoker
- Smokeless tobacco: Never Used

Substance and Sexual Activity

- Alcohol use: No
Alcohol/week: 0.0 oz
Comment: occassional

- Drug use: No

- Sexual activity: Yes

Partners: Male

Other Topics

Concern

- No social history on file - go to History activity and enter appropriate social history

Social History Narrative

- No social history on file - go to History activity and enter appropriate social history

Family History:

cataract

08/06/2020 - Office Visit in OPHTHALMOLOGY (continued)**Clinical Notes (continued)****Base Exam**

Tonometry (Tonopen, 9:06 AM)

	Right	Left
Pressure	19	17

Edited by: Washington, Lakeisha N (M.A.), M.A.

Refraction Exam

Manifest Refraction

	Sphere	Cylinder	Axis	Dist VA
Right	-0.50	+0.25	013	20/20
Left	-0.50	+0.25	116	20/60

Edited by: Washington, Lakeisha N (M.A.), M.A.

Not recorded

Wt Readings from Last 3 Encounters:

07/17/20 103 kg (227 lb 1.2 oz)
01/28/20 101.3 kg (223 lb 5.2 oz)
01/01/20 100.2 kg (220 lb 14.4 oz)

Temp Readings from Last 3 Encounters:

08/04/20 98.9 °F (37.2 °C) (Tympanic)
07/17/20 98 °F (36.7 °C) (Tympanic)
06/23/20 98 °F (36.7 °C) (Tympanic)

BP Readings from Last 3 Encounters:

08/04/20 137/79
07/17/20 122/70
06/23/20 (!) 150/87

Pulse Readings from Last 3 Encounters:

08/04/20 84
07/17/20 79
06/23/20 77

GFR 120 05/31/2018

08/06/2020 - Office Visit in OPHTHALMOLOGY (continued)

Clinical Notes (continued)

HGBA1C 5.6 05/31/2018

ASSESSMENT/PLAN:*First Chak encounter 8/6/2020*

1. Narrow angles occludable both eyes :

- +FHx father blind from glaucoma

-trauma

- works at DMV; an explosion at LADWP across the street (very loud, ringing in the ears) 4/2020

Narrow but not occludable both eyes

Ok for dilation

2. CHRPE left eye superiorly

benign

3. Macular atrophy inferiorly left eye

Most likely D/Dx includes prior BRAO

at one point BP high in left eye 160/100s Nov 2019 for 1 month

ishihara wnl

refer to retina for consultation

F/U retina in 2-3wks HVF 10-2 + optos autofluorescence

F/U Chak 1yr Optical Coherence Tomography nerve + gonio

Electronically signed by:

GARRICK CHAK MD

Dept of Ophthalmology, Glaucoma Division

Kaiser Permanente West Los Angeles

8/6/2020

9:21 AM

Electronically signed by Chak, Garrick (M.D.), M.D. at 8/7/2020 10:05 AM

08/06/2020 - Office Visit in OPHTHALMOLOGY (continued)

Clinical Notes (continued)

Ophthalmology

Base Eye Exam

Tonometry (Tonopen, 9:06 AM)

	Right	Left
Pressure	19	17

Gonioscopy

	Right	Left
Temporal	slit SS	slit SS
Nasal	slit SS	slit SS
Superior	ATM superonasal; PTM superotemporal	ATM superonasal; PTM superotemporal
Inferior	slit SS	slit SS

Extraocular Movement

	Right	Left
	Full	Full

Neuro/Psych

Oriented x3: Yes
Mood/Affect: Normal

Dilation

Left eye: 1.0% Tropicamide, 2.5% Phenylephrine, 0.5% Proparacaine @ 9:29 AM

Slit Lamp and Fundus Exam

External Exam

	Right	Left
External	Normal	Normal

Slit Lamp Exam

	Right	Left
Lids/Lashes	no lesions, normal configuration	no lesions, normal configuration
Conjunctiva/Sclera	clear	clear
Cornea	clear	clear
Anterior Chamber	no cell or flare, narrow	no cell or flare narrow
Iris	round pupil, normal stroma	round pupil, normal stroma
Lens	clear	clear
Vitreous	clear	clear

Fundus Exam

	Right	Left
Disc	no pallor, margin distinct	no pallor, margin distinct
C/D Ratio	0.3	0.35
Macula	no RPE changes, no retinopathy	no RPE changes, no retinopathy
Vessels		normal caliber
Periphery		flat, no tears, no holes; CHRPE superiorly

Refraction

Manifest Refraction

	Right	Left
Sphere	-0.50	-0.50

08/06/2020 - Office Visit in OPHTHALMOLOGY (continued)**Ophthalmology (continued)**

Cylinder	+0.25	+0.25
Axis	013	116
Dist VA	20/20	20/60

Referrals**Outpatient Service #21619983471**

Reason: Specialty Services Required	Priority: Routine
Class: Internal	Status: Closed
Status updated on: 7/22/2020	Valid dates: From 7/22/2020 to 7/22/2021

Referred From

Location: WEST LA MEDICAL CENTER U	Department: INTWLWLA MED6 GREN1
Provider: Howell, William Murdoch (M.D.), M.D.	Provider phone: 833-574-2273
Provider address: 3782 W MARTIN LUTHER KING JR LOS ANGELES CA 90008-1703	

Referred To

Location: *WEST LOS ANGELES (WLA)	Specialty: Ophthalmology
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Visits

Requested: 1	Authorized: 1	Completed: 1	Scheduled: 0
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Procedures**REFERRAL OPHTHALMOLOGY**

Number requested: 1	Number approved: 1
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Diagnoses

- Z13.9 (ICD-10-CM) - SCREENING

Referral Notes**Provider Comments by Howell, William Murdoch (M.D.), M.D. at 7/22/2020 1538**

Summary: Provider Comments

Reason: 49 year old female who would like to be evaluated for glaucoma on both eyes.

Questionnaire

Question	Answer
RUC Starts the Denial Process	—
Select Reason for Medical Necessity Denial	—
---- RUC Denial Letter and Appeals Section ----	—
Select Member's Preferred Written Language	English,
Select Notification Address	—
Select Reason for Benefit Denial	—
Select the Department Providing Supporting Documentation	—
Select Denial Subtype	—
Select Service Type	—
Select Service Category	—
Select Commercial Letter	—
Select Federal (FEHBP) Letter	—
Select Medi-Cal Letter	—
Select Medicare Letter	—
Select Self-Funding (SF) Letter	—
Select Coverage Type	—
Was a Semi-Translation Sent to Member?	—

08/06/2020 - Office Visit in OPHTHALMOLOGY (continued)

Referrals (continued)

Enter Date Semi-Translation Sent to Member —
 Was a Full Translation Letter Requested? —
 Enter Date Full Translation Requested by Member —
 Enter Date Full Translation Requested by Kaiser to Vendor —
 Enter Date Full Translation Received by Kaiser from Vendor —
 Enter Date Full Translation Sent to Member —
 Select Authorized Representative - Relationship —
 Enter Authorized Representative's Name —
 Enter Authorized Representative's Phone Number —
 Enter Alternate Street Address —
 Enter Alternate City —
 Enter Alternate State —
 Enter Alternate Zip Code —
 Was Additional Information Needed to Complete Denial Letter? —
 Enter Date Additional Information was Requested —
 Enter Time Additional Information was Requested —
 Enter Date Additional Information was Received —
 Enter Time Additional Information was Received —
 Select Physician Decision Maker's Name —
 Enter Physician Decision Maker's Phone —
 Select Denial Letter Type —
 Member Requires an Authorized Representative? —
 Did Member Request Dx/Px Information? —
 Enter Date Member Request to MSCC —
 Enter Date UM Mailed Information to Member —
 Enter Date UM Received Request —
 Select Change for Appointment Type —
 Select the Specialty Visit Type? —
 Enter Relevant Dx/Px Related UM Denial —
 Select KPIC Letter —
 Select Level of Service —
 Was an Extension Letter Issued? —
 Enter Date Extension Letter Sent to Physician —
 Enter Time Extension Letter Sent to Physician —
 Enter Date Extension Letter Sent to Member —
 Was Requested Information Received? —
 Enter Date Requested Information was Received —
 Was this letter Retracted? —
 Enter Time Extension Letter Sent to Member —
 Enter Time Requested Information was Received —

Order

REFERRAL OPHTHALMOLOGY [1554006946]

Electronically signed by: **Howell, William Murdoch (M.D.), M.D. on 07/22/20 1538** Status: **Active**
 Ordering user: Howell, William Murdoch (M.D.), M.D. 07/22/20 1538 Authorized by: Howell, William Murdoch (M.D.), M.D.
 1538
 Ordered during: Call Center Telephone Encounter on 07/22/2020
 Diagnoses
 SCREENING [Z13.9]
 Order comments: Reason: 49 year old female who would like to be evaluated for glaucoma on both eyes.

Triage

Triage Information

Decision: None Schedule by date: 8/5/2020

Coverages

State Comp Insurance Fund

Plan: State Comp Ins Fund, Covered: Covered From: 8/22/2016 To: 8/26/2016
 Fresno - 65005

08/06/2020 - Office Visit in OPHTHALMOLOGY (continued)

Referrals (continued)

Member #: xxxxx8475

State Comp Insurance Fund

Plan: State Comp Ins Fund, Fresno - 65005	Covered: Covered	From: 4/10/2020	To: 7/12/2021
--	------------------	-----------------	---------------

Member #: xxx-xx-8475

08/06/2020 - Office Visit in OPHTHALMOLOGY (continued)

AFTER VISIT SUMMARY

Pepper Smith MRN: 000004779300



8/6/2020 9:30 AM OPHTHALMOLOGY

Today's Visit

You saw GARRICK CHAK MD, M.D. on Thursday August 6, 2020. The following issues were addressed:

- BILAT ANATOMICAL NARROW ANGLE, ANTERIOR CHAMBER
- CONGENITAL RETINAL PIGMENT EPITHELIAL HYPERTROPHY (EYE CONDITION)
- BLURRED VISION

What's Next

Office Visit with BHAVESH ROBERT J PANDYA MD, M.D.
16 Wednesday September 16 2:20 PM
2020

KP ON THE JOB
333 S HOPE ST STE C130 C145
LOS ANGELES CA 90071-1406
323-783-6621

Medications

Visit Medication List

Patient reported, restarted, and new medications relevant to this visit. This may not reflect all medications the patient is taking.

Omeprazole (PRILOSEC) 20 mg Oral CPDR SR ^{Dosage} Take 1 capsule by mouth daily 30 minutes before breakfast for 8 weeks
Cap (Taking)

Common Medication Direction Abbreviations

PO = Orally, QD = Once/day, BID = Twice/day, TID = 3x/day, QID = 4x/day, PRN = as needed
QHS = Every night at bedtime, AC = Before meals, PC = After meals, c = With, s = Without

Allergies as of 8/6/2020

Reviewed by Washington, Lakeisha N (M.A.), M.A. on 8/6/2020

No Known Drug Allergies	Severity	Noted	Reaction Type	Reactions
	Not Specified	06/01/2005		

kp.org

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08/06/2020 - Office Visit in OPHTHALMOLOGY (continued)**General Information****SKIP THE TRIP. Have our pharmacy come to you!**

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[800-788-0616](tel:8007880616) (Spanish)
[800-757-7585](tel:8007577585) (Chinese dialects)

Hours

Open 7 days a week
 24 hours a day
 Closed holidays

Medicare members

[800-443-0815](tel:8004430815) or TTY 711

Hours

Open 7 days a week
 from 8 a.m. to 8 p.m.

08/06/2020 - Office Visit in OPHTHALMOLOGY (continued)

Protect yourself from the flu. Get vaccinated.

The flu is a serious, contagious illness caused by influenza viruses. Anyone can get the flu. It can cause mild to severe illness. The best way to prevent the flu is by getting a flu shot each year. The CDC and Kaiser Permanente recommend everyone 6 months and older get a flu shot every year.

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Register at www.kp.org to email your physician, renew prescriptions, request appointments, learn more about your personal health, or obtain tips for healthy living!

Save money and time! Get your refills for home delivery at www.kp.org/refill

END OF ENCOUNTER

08/07/2020 - Telephone in OPHTHALMOLOGY

Visit Information

Contacts

08/07/2020 - Telephone in OPHTHALMOLOGY (continued)**Visit Information (continued)**

	Type	Contact	Phone/Fax	User
08/07/2020 03:32 PM PDT	Phone (Outgoing)	Smith, Pepper (Self)	323-377-1787 (H)	Castro, Kathrina

Nursing Assessment

No Nursing Assessment available for this encounter.

Reason for Visit**Chief Complaint**

- APPOINTMENT REQUEST, ROUTINE; onset date 8/7/2020

Clinical Notes**Telephone Encounter****Castro, Kathrina at 8/7/2020 1532**Author: Castro, Kathrina
Filed: 8/7/2020 3:32 PM
Status: SignedService: —
Encounter Date: 8/7/2020
Editor: Castro, KathrinaAuthor Type: —
Creation Time: 8/7/2020 3:32 PM**Future Appointments**

Date	Time	Provider	Department	Center
8/27/2020	9:00 AM	Amador, Alejandra (R.N.), R.N.	CZEYE	CWMU
8/27/2020	9:30 AM	Hopkins, Ashley	CZEYE	CWMU
8/27/2020	10:15 AM	Makhijani, Vikram Suresh (D.O.), D.O.	CZEYE	CWMU
9/16/2020	2:20 PM	Pandya, Bhavesh Robert J (M.D.), M.D.	H3OHS1	HSMU

Chak, Garrick (M.D.), M.D.

Sent: Fri August 07, 2020 10:05 AM

To: Castro, Kathrina

Message

Hi I/K/S

Could you pls arrange Makhijani visit in approx 3wks
with HVF 10-2 + Optos autofluorescence?

Thanks

G

Electronically signed by Castro, Kathrina at 8/7/2020 3:32 PM

END OF ENCOUNTER

08/07/2020 - Telephone in OPHTHALMOLOGY (continued)

08/12/2020 - Allied Health/Nurse Visit in FAMILY PRACTICE NURSE CLINIC

Visit Information

Provider Information

Encounter Provider

Braggs, Angela F (M.A.), M.A.

Department

Name	Address	Phone
FAMILY PRACTICE NURSE CLINIC	7007 ROMAINE ST Los Angeles CA 90038-2304	833-574-2273

Follow-up and Dispositions

Questionnaires

ALCOHOL SCREENING PROACTIVE CARE PCM AMB SCAL

If patient is LESS THAN 65 YEARS OLD AND FEMALE: How many times in the past year have you had 4 or more drinks per day?

zero or never

Entered by Braggs, Angela F (M.A.), M.A.
Entered on 8/12/2020 11:19 AM

Reason for Visit

Chief Complaint

- BLOOD PRESSURE CHECK

Vitals

Vital Signs				Most recent update: 8/12/2020 11:19 AM
BP 138/84 (BP Location: LA- LEFT ARM, BP Patient Position: SITTING, Cuff Size: Large Adult)	Pulse 69	Temp 96.4 °F (35.8 °C) (Tympanic)	Ht 5' 3" (1.6 m)	Wt 221 lb (100.2 kg)
SpO2 100%	BMI 39.15 kg/m ²			

Pain Information (Last Filed)

Score	Location	Comments	Edu?
0 (scale 0-10)	None	None	None

Clinical Notes

Progress Notes

Braggs, Angela F (M.A.), M.A. at 8/12/2020 1119

Author: Braggs, Angela F (M.A.), M.A.
Filed: 8/12/2020 11:22 AM
Status: Signed

Service: —
Encounter Date: 8/12/2020
Editor: Braggs, Angela F (M.A.), M.A. (MEDICAL ASSISTANT)

Author Type: MEDICAL ASSISTANT
Creation Time: 8/12/2020 11:19 AM

Clinical Notes (continued)

Nurse Clinic Blood Pressure Check

Proactive Care Actions

Proactive Office Encounter Actions: There are no care gaps at this time

Last A1c: HGBA1C 5.6 05/31/2018

If A1c > 8, was TAV scheduled with PCP for follow up in 3-4 week's: (if PCP is in another MOB advise patient to follow up with PCP)

Is the patient's primary language English: Yes

Interpreter Questionnaire completed: No

Ms. Pepper Smith 49 year old present at nurse clinic for Blood Pressure Check:
PCP: Stahl, Jerusha Emily (M.D.)**Vitals:**

	08/12/20 1106
BP:	138/84
BP Patient	SITTING
Position:	
BP Location:	LA-LEFT ARM
Cuff Size:	Large Adult
Pulse:	69
Temp:	96.4 °F (35.8 °C)
TempSrc:	Tympanic
SpO2:	100%
Weight:	221 lb (100.2 kg)
Height:	5' 3" (1.6 m)

Last BP

BP Readings from Last 3 Encounters:

08/12/20	138/84
08/04/20	137/79
07/17/20	122/70

History of Hypertension: no

Has patient taken blood pressure medication today?: N/A, if no instruct patient to take medication as directed.

Clinical Notes (continued)

Is medication taken as prescribed? n/a

Did patient have any caffeine today? no.

Does patient smoke? no

Symptoms: no complaints

List Medications:

No outpatient medications have been marked as taking for the 8/12/20 encounter (Allied Health/Nurse Visit) with Braggs, Angela F (M.A.), M.A..

If BP reading is elevated was RN or MD consulted?

PLAN:

If BP is elevated add HYPERTENSION PI NATL (aka HTN) Instructions added to AVS

Follow up appointment scheduled?

Electronically signed by:

ANGELA F BRAGGS MA

Electronically signed by Braggs, Angela F (M.A.), M.A. at 8/12/2020 11:22 AM

AFTER VISIT SUMMARY

Pepper Smith MRN: 000004779300

8/12/2020 11:10 AM FAMILY PRACTICE NURSE CLINIC



What's Next

- AUG 27 2020 Procedure with ALEJANDRA AMADOR RN, R.N.
 Thursday August 27 9:00 AM

OPHTHALMOLOGY
 3782 W MARTIN LUTHER KING JR LOS ANGELES CA 90008-1703 323-421-2900
- AUG 27 2020 Procedure with ASHLEY HOPKINS
 Thursday August 27 9:30 AM

OPHTHALMOLOGY
 3782 W MARTIN LUTHER KING JR LOS ANGELES CA 90008-1703 323-421-2900
- AUG 27 2020 Consult with VIKRAM SURESH MAKHIJANI DO, D.O.
 Thursday August 27 10:15 AM

OPHTHALMOLOGY
 3782 W MARTIN LUTHER KING JR LOS ANGELES CA 90008-1703 323-421-2900
- SEP 16 2020 Office Visit with BHAVESH ROBERT J PANDYA MD, M.D.
 Wednesday September 16 2:20 PM

KP ON THE JOB
 333 S HOPE ST STE C130 C145 LOS ANGELES CA 90071-1406 323-783-6621

Today's Visit

You saw ANGELA F BRAGGS MA, M.A. on Wednesday August 12, 2020.

Blood Pressure **138/84**
 BMI **39.15**
 Weight **221 lb**
 Height **5' 3"**
 Temperature (Tympanic) **96.4 °F**
 Pulse **69**
 Oxygen Saturation **100%**

Medications

Common Medication Direction Abbreviations
 PO = Orally, QD = Once/day, BID = Twice/day, TID = 3x/day, QID = 4x/day, PRN = as needed
 QHS = Every night at bedtime, AC = Before meals, PC = After meals, c = With, s = Without

Allergies as of 8/12/2020 Reviewed By Braggs, Angela F (M.A.), M.A. on 8/12/2020

No Known Drug Allergies	Severity	Noted	Reaction Type	Reactions
	Not Specified	06/01/2005		

General Information

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Hours

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24 hours a day
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Medicare members

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AFTER VISIT SUMMARY

Pepper Smith MRN: 000004779300



8/12/2020 11:10 AM FAMILY PRACTICE NURSE CLINIC

What's Next

AUG 27 2020 Procedure with ALEJANDRA AMADOR RN, R.N.
 Thursday August 27 9:00 AM

AUG 27 2020 Procedure with ASHLEY HOPKINS
 Thursday August 27 9:30 AM

AUG 27 2020 Consult with VIKRAM SURESH MAKHIJANI DO, D.O.
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END OF ENCOUNTER

08/14/2020 - Telephone in FAMILY MEDICINE KP CARE NOW

Visit Information

Contacts

Type	Contact	Phone/Fax	User
------	---------	-----------	------

08/14/2020 - Telephone in FAMILY MEDICINE KP CARE NOW (continued)**Visit Information (continued)**

08/14/2020 12:19 PM PDT	Phone (Incoming)	Smith, Pepper (Self)	323-377-1787 (H)	Newton-Welcome, Sophia Zoe (R.N.), R.N.
----------------------------	------------------	----------------------	------------------	--

Nursing Assessment

No Nursing Assessment available for this encounter.

Reason for Visit**Chief Complaint**

- VMC RN CARE QUEUE, onset date 8/14/2020

Clinical Notes**Telephone Encounter****Newton-Welcome, Sophia Zoe (R.N.), R.N. at 8/14/2020 1219**

Author: Newton-Welcome, Sophia Zoe (R.N.), R.N.	Service: —	Author Type: REGISTERED NURSE
Filed: 8/14/2020 12:25 PM	Encounter Date: 8/14/2020	Creation Time: 8/14/2020 12:19 PM
Status: Signed	Editor: Newton-Welcome, Sophia Zoe (R.N.), R.N. (REGISTERED NURSE)	

NURSING NOTES**S: MRN: 000004779300; Pt Name: Pepper Smith, 49 year old****Allergy:****Allergies**

Allergen

- No Known Drug Allergies

Reactions

Any International or US travel within the last 14 days: no

Do you have respiratory symptoms: no

Health Care Worker: no

I instructed the pt to: to seek outside of KP testing for asymptomatic patients, such as covid19.ca.gov and or CVS Minute clinics. Pt verbalized understanding of information provided.

Pertinent Medical History: NA**Recent visit for current symptoms: none****Treatments tried: no****Duration NA days****Runny nose/congestion none****Sinus/Facial Pain no****Cough none****Wheezing none****Shortness of breath none****Fever none****Myalgia no****Sore Throat no****Tolerating Fluids yes**

08/14/2020 - Telephone in FAMILY MEDICINE KP CARE NOW (continued)

Clinical Notes (continued)

Patient requests/concerns COVID testing after being exposed, but is currently asymptomatic.

Patient Instructions:
F/U unresolving, ASAP worse. Warning symptoms reviewed.

Patient verbalized understanding.

SOPHIA ZOE NEWTON-WELCOME RN
Registered Nurse
Regional Virtual Medical Center
Clinical Operations

Electronically signed by Newton-Welcome, Sophia Zoe (R.N.), R.N. at 8/14/2020 12:25 PM

END OF ENCOUNTER

08/16/2020 - Telephone in INTERNAL MEDICINE

Visit Information

Nursing Assessment

No Nursing Assessment available for this encounter.

Level of Service

Level of Service

LOS NOT REQUIRED

Reason for Visit

Chief Complaints

- TEST RESULTS (Vaccine titer low), onset date 8/16/2020
- ENCOUNTER CREATED IN ERROR, onset date 8/16/2020

Visit Diagnosis

- ADMINISTRATIVE ENCOUNTER FOR CHART BEING OPENED IN ERROR [ADMIN CODE]

Clinical Notes

Telephone Encounter

Bergman, Julie A (D.O.), D.O. at 8/16/2020 2022

Author: Bergman, Julie A (D.O.), D.O.
Filed: 8/16/2020 8:25 PM
Status: Signed

Service: —
Encounter Date: 8/16/2020
Editor: Bergman, Julie A (D.O.), D.O. (PHYSICIAN (D.O.))

Author Type: PHYSICIAN (D.O.)
Creation Time: 8/16/2020 8:22 PM

Chart opened in error

Electronically signed by Bergman, Julie A (D.O.), D.O. at 8/16/2020 8:25 PM

08/16/2020 - Telephone in INTERNAL MEDICINE (continued)

Clinical Notes (continued)

END OF ENCOUNTER**08/16/2020 - Telephone in INTERNAL MEDICINE**

Visit Information

Contacts

	Type	Contact	Phone/Fax	User
08/18/2020 08:44 AM PDT	Phone (Outgoing)	Smith, Pepper (Self)	323-377-1787 (H)	Hoang, Thuy Lisa (L.V.N.), L.V.N.

Nursing Assessment

No Nursing Assessment available for this encounter.

Reason for Visit

Chief Complaints

- VITAMIN D DEFICIENCY (Vit D very low: Rec 50k weekly x 12), onset date 8/16/2020
- TEST RESULTS, onset date 8/18/2020

Visit Diagnosis

- VITAMIN D DEFICIENCY [E55.9]

Clinical Notes

Telephone Encounter

Bergman, Julie A (D.O.), D.O. at 8/16/2020 2026

Author: Bergman, Julie A (D.O.), D.O.	Service: —	Author Type: PHYSICIAN (D.O.)
Filed: 8/16/2020 8:37 PM	Encounter Date: 8/16/2020	Creation Time: 8/16/2020 8:26 PM
Status: Signed	Editor: Bergman, Julie A (D.O.), D.O. (PHYSICIAN (D.O.))	

Please inform that Vitamin D level came back very low.

To help improve levels, I ordered high dose Vitamin D tablets once a WEEK for 12 weeks and a recheck in 3 months.

When finished, take Vitamin-D3 supplements containing at least 1000-2000 IU per day, ideally at bedtime on an empty stomach.

Not recommended to take in combination with calcium.

Thanks.

All other labs normal

Covering for Dr. Stahl

Electronically signed by Bergman, Julie A (D.O.), D.O. at 8/16/2020 8:37 PM

Hoang, Thuy Lisa (L.V.N.), L.V.N. at 8/18/2020 0845

Author: Hoang, Thuy Lisa (L.V.N.), L.V.N.	Service: —	Author Type: LICENSED VOCATIONAL NURSE
Filed: 8/18/2020 8:46 AM	Encounter Date: 8/16/2020	Creation Time: 8/18/2020 8:45 AM
Status: Addendum	Editor: Hoang, Thuy Lisa (L.V.N.), L.V.N. (LICENSED VOCATIONAL NURSE)	

08/16/2020 - Telephone in INTERNAL MEDICINE (continued)**Clinical Notes (continued)**

Spoke with patient, verified identity. Relayed results and recommendations per MD. Pt verbalized understanding, acknowledged instructions. Pt requests to schedule CT scan. Provided Radiology phone number (323) 857-2421.

Electronically signed by Hoang, Thuy Lisa (L.V.N.), L.V.N. at 8/18/2020 8:46 AM

Labs**VITAMIN D, 25-HYDROXY [1554006950] (Discontinued)**

Electronically signed by: **Bergman, Julie A (D.O.), D.O. on 08/16/20 2037** Status: **Discontinued**

Ordering user: Bergman, Julie A (D.O.), D.O. 08/16/20 2037 Authorized by: Bergman, Julie A (D.O.), D.O.

Ordering mode: Standard

Frequency: Routine 08/16/20 -

Class: Normal

Quantity: 1

Diagnoses

VITAMIN D DEFICIENCY [E55.9]

Provider Details

Provider	NPI
Bergman, Julie A (D.O.), D.O.	1700248309

Specimen Information

ID	Type	Source	Collected By
—	—	BLOOD	—

Indications

VITAMIN D DEFICIENCY [E55.9 (ICD-10-CM)]

Indications

VITAMIN D DEFICIENCY [E55.9 (ICD-10-CM)]

Other Orders**Medications****Ergocalciferol, Vit D2, (DRISDOL) 1,250 mcg (50,000 unit) Oral Cap [1554006951] (Discontinued)**

Electronically signed by: **Bergman, Julie A (D.O.), D.O. on 08/16/20 2037** Status: **Discontinued**

Ordering user: Bergman, Julie A (D.O.), D.O. 08/16/20 2037 Authorized by: Bergman, Julie A (D.O.), D.O.

Ordering mode: Standard

Frequency: Routine 08/16/20 - 10/20/20

Class: Fill Later

Discontinued by: Plehn, Charles Ronald (M.D.), M.D. 10/20/20 1228

Diagnoses

VITAMIN D DEFICIENCY [E55.9]

Provider Details

Provider	NPI
Bergman, Julie A (D.O.), D.O.	1700248309

Questionnaire

Question	Answer
Is this medication for a workers' compensation condition?	No

Indications

VITAMIN D DEFICIENCY [E55.9 (ICD-10-CM)]

08/16/2020 - Telephone in INTERNAL MEDICINE (continued)

Other Orders (continued)

AFTER VISIT SUMMARY

Pepper Smith MRN: 000004779300



Today's Visit

You saw JULIE A BERGMAN DO, D.O. on Sunday August 16, 2020. The following issues were addressed:
• VITAMIN D DEFICIENCY

What's Next

- AUG 27 2020 Procedure with ALEJANDRA AMADOR RN, R.N. Thursday August 27 9:00 AM
- AUG 27 2020 Procedure with ASHLEY HOPKINS Thursday August 27 9:30 AM
- AUG 27 2020 Consult with VIKRAM SURESH MAKHIJANI DO, D.O. Thursday August 27 10:15 AM
- SEP 16 2020 Office Visit with BHAVESH ROBERT J PANDYA MD, M.D. Wednesday September 16 2:20 PM

- OPHTHALMOLOGY 3782 W MARTIN LUTHER KING JR LOS ANGELES CA 90008 1703 323-421-2900
- OPHTHALMOLOGY 3782 W MARTIN LUTHER KING JR LOS ANGELES CA 90008-1703 323-421-2900
- OPHTHALMOLOGY 3782 W MARTIN LUTHER KING JR LOS ANGELES CA 90008-1703 323-421-2900
- KP ON THE JOB 333 S HOPE ST STE C130 C145 LOS ANGELES CA 90071-1406 323-783-6621

Medications

NEW Medications

Ergocalciferol, Vit D2, (DRISDOL) 1,250 mcg (50,000 unit) Oral Cap

Visit Medication List

Patient reported, restarted, and new medications relevant to this visit. This may not reflect all medications the patient is taking.

Ergocalciferol, Vit D2, (DRISDOL) 1,250 mcg (50,000 unit) Oral Cap (Taking)	Dosage 1 CAP BY MOUTH EVERY WEEK FOR 12 WEEKS FOR BONES
---	--

kp.org

View your After Visit Summary and more online at <https://healthy.kaiserpermanente.org/hconline/ie/>.

08/16/2020 - Telephone in INTERNAL MEDICINE (continued)

New Orders

Future Labs/Procedures	No Sooner Than	No Later Than
VITAMIN D, 25-HYDROXY [82306 CPT(R)]	10/16/2020	12/16/2020

Common Medication Direction Abbreviations

PO = Orally, QD = Once/day, BID = Twice/day, TID = 3x/day, QID = 4x/day, PRN = as needed
 QHS = Every night at bedtime, AC = Before meals, PC = After meals, c = With, s = Without

Allergies as of 8/16/2020

Reviewed by Braggs, Angela F (M.A.), M.A. on 8/12/2020

No Known Drug Allergies	Severity	Noted	Reaction Type	Reactions
	Not Specified	06/01/2005		

General Information**SKIP THE TRIP. Have our pharmacy come to you!**

New and refill prescriptions mailed to your home.

When using the mail order option for obtaining prescriptions:

- **You must be able to wait 7 days** before starting a new, mail-order prescription. Medications needed before 7 days should be filled at the pharmacy. Ask the pharmacist if you have questions.
- You will need to have a **credit card** on file to use the mail-order option, unless you have dual medical coverage or have MediCal health benefits. You may bring a credit card to the pharmacy to be placed on file or enter while ordering on line.
- For most medications that are meant to be refilled every 30 days, filling the prescription by mail **you can obtain a 3-month supply** for just 2 months of copay!

4 ways to receive prescriptions by mail:

- If **checking-in at the Pharmacy**, ask for the mail order option to avoid waiting for the prescriptions to be filled. This is available only for medications not needed within the next 7 days.
- **Go to kp.org/Rxrefill**. After signing into kp.org, you will be brought to the Pharmacy Center.
- Use the **Kaiser Permanente app** for your mobile device. Find and download the app by searching for Kaiser Permanente on the Apple Store or the Google App Store.
- **Call (866) 206-2983** and be sure to have your medical record number and the prescription number located on the medication label ready when you call.

08/16/2020 - Telephone in INTERNAL MEDICINE (continued)

**You must be registered on KP.ORG to order prescriptions online or through the KP app.
Not registered yet? Go to KP.ORG/REGISTERNOW to get started.**

For questions, call member services at

800-464-4000 or TTY 711
800-788-0616 (Spanish)
800-757-7585 (Chinese dialects)

Hours

Open 7 days a week
24 hours a day
Closed holidays

Medicare members

800-443-0815 or TTY 711

Hours

Open 7 days a week
from 8 a.m. to 8 p.m.

Protect yourself from the flu. Get vaccinated.

The flu is a serious, contagious illness caused by influenza viruses. Anyone can get the flu. It can cause mild to severe illness. The best way to prevent the flu is by getting a flu shot each year. The CDC and Kaiser Permanente recommend everyone 6 months and older get a flu shot every year.

Flu shot clinics open in September. No appointment is necessary.

Flu shots are available at no charge to members at Kaiser Permanente medical facilities.

For information about hours, times, and locations, please visit kp.org/flu or call 1-866-70-NOFLU (1-866-706-6358).

Adults should participate in at least 30 minutes, and children at least 60 minutes, of moderate exercise (such as brisk walking) for five or more days each week, unless instructed otherwise by your provider. For more information on the health benefits of walking please refer to <http://www.everybodywalk.org>. THRIVE!

Register at www.kp.org to email your physician, renew prescriptions, request appointments, learn more about your personal health, or obtain tips for healthy living!

Save money and time! Get your refills for home delivery at www.kp.org/refill

08/16/2020 - Telephone in INTERNAL MEDICINE (continued)

AFTER VISIT SUMMARY

Pepper Smith MRN: 000004779300



Today's Visit

You saw JULIE A BERGMAN DO, D.O. on Sunday August 16, 2020. The following issues were addressed:
• VITAMIN D DEFICIENCY

What's Next

- AUG 27 2020 Procedure with ALEJANDRA AMADOR RN, R.N.
Thursday August 27 9:00 AM
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- AUG 27 2020 Consult with VIKRAM SURESH MAKHIJANI DO, D.O.
Thursday August 27 10:15 AM
- SEP 16 2020 Office Visit with BHAVESH ROBERT J PANDYA MD, M.D.
Wednesday September 16 2:20 PM

- OPHTHALMOLOGY
3782 W MARTIN LUTHER KING JR
LOS ANGELES CA 90008-1703
323-421-2900
- OPHTHALMOLOGY
3782 W MARTIN LUTHER KING JR
LOS ANGELES CA 90008-1703
323-421-2900
- OPHTHALMOLOGY
3782 W MARTIN LUTHER KING JR
LOS ANGELES CA 90008-1703
323-421-2900
- KP ON THE JOB
333 S HOPE ST STE C130 C145
LOS ANGELES CA 90071-1406
323-783-6621

Medications

NEW Medications

Ergocalciferol, Vit D2, (DRISDOL) 1,250 mcg (50,000 unit) Oral Cap

Visit Medication List

Patient reported, restarted, and new medications relevant to this visit.
This may not reflect all medications the patient is taking.

Ergocalciferol, Vit D2, (DRISDOL) 1,250 mcg (50,000 unit) Oral Cap (Taking)	Dosage 1 CAP BY MOUTH EVERY WEEK FOR 12 WEEKS FOR BONES
---	--

kp.org

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08/16/2020 - Telephone in INTERNAL MEDICINE (continued)

New Orders

Future Labs/Procedures	No Sooner Than	No Later Than
VITAMIN D, 25-HYDROXY [82306 CPT(R)]	10/16/2020	12/16/2020

Common Medication Direction Abbreviations

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Allergies as of 8/16/2020

Reviewed by Braggs, Angela F (M.A.), M.A. on 8/12/2020

	Severity	Noted	Reaction Type	Reactions
No Known Drug Allergies	Not Specified	06/01/2005		

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- Use the **Kaiser Permanente app** for your mobile device. Find and download the app by searching for Kaiser Permanente on the Apple Store or the Google App Store.
- **Call (866) 206-2983** and be sure to have your medical record number and the prescription number located on the medication label ready when you call.

08/16/2020 - Telephone in INTERNAL MEDICINE (continued)

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800-788-0616 (Spanish)
800-757-7585 (Chinese dialects)

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24 hours a day
Closed holidays

Medicare members

800-443-0815 or TTY 711

Hours

Open 7 days a week
from 8 a.m. to 8 p.m.

Protect yourself from the flu. Get vaccinated.

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Flu shots are available at no charge to members at Kaiser Permanente medical facilities.

For information about hours, times, and locations, please visit kp.org/flu or call 1-866-70-NOFLU (1-866-706-6358).

Adults should participate in at least 30 minutes, and children at least 60 minutes, of moderate exercise (such as brisk walking) for five or more days each week, unless instructed otherwise by your provider. For more information on the health benefits of walking please refer to <http://www.everybodywalk.org>. THRIVE!

Register at www.kp.org to email your physician, renew prescriptions, request appointments, learn more about your personal health, or obtain tips for healthy living!

Save money and time! Get your refills for home delivery at www.kp.org/refill

Pepper Smith (MRN: 000004779300) • Printed at 8/16/20 8:37 PM

Page 3 of 3 **Epic**

This is confidential information. Do not throw away in a Kaiser Permanente trash can.

END OF ENCOUNTER

08/18/2020 - Telephone in HOV GENERAL (X-RAY)

Visit Information

Contacts

08/18/2020 - Telephone in HOV GENERAL (X-RAY) (continued)**Visit Information (continued)**

	Type	Contact	Phone/Fax	User
08/18/2020 08:53 AM PDT	Phone (Incoming)	Smith, Pepper (Self)	323-377-1787 (H)	Guevara, Michael
8/18/20 @8:53am spoke with pt. to schedule CTAPC., pt. is aware of preps, time and location. M.Guevara appt. clk.				

Nursing Assessment

No Nursing Assessment available for this encounter.

Reason for Visit**Chief Complaint**

- SCHEDULE APPOINTMENT (8/18/20 @8:53am spoke with pt. to schedule CTAPC., pt. is aware of preps, time and location. M.Guevara appt. clk.); onset date 8/18/2020

Clinical Notes**Telephone Encounter****Guevara, Michael at 8/18/2020 0852**

Author: Guevara, Michael
Filed: 8/18/2020 8:54 AM
Status: Signed

Service: —
Encounter Date: 8/18/2020
Editor: Guevara, Michael

Author Type: —
Creation Time: 8/18/2020 8:52 AM

8/18/20 @8:53am spoke with pt. to schedule CTAPC., pt. is aware of preps, time and location. M.Guevara appt. clk.

Electronically signed by Guevara, Michael at 8/18/2020 8:54 AM

END OF ENCOUNTER**08/19/2020 - Patient Message in FAMILY PRACTICE PURPLE****Visit Information****Provider Information****Encounter Provider**

Hoang, Thuy Lisa (L.V.N.), L.V.N.

Department

Name	Address	Phone
FAMILY PRACTICE PURPLE	6041 CADILLAC AVE Los Angeles CA 90034-1702	833-574-2273

Messages**Vitamin D**

From
Thuy Lisa (L.V.N.) Hoang, L.V.N.
Last Read in kp.org
8/20/2020 11:55 AM by Pepper Smith

To
Pepper Smith

Sent and Delivered
8/19/2020 1:17 PM

Hello Ms. Smith,

08/19/2020 - Patient Message in FAMILY PRACTICE PURPLE (continued)

Messages (continued)

My name is Lisa, I'm a nurse assisting Dr. Stahl with messages for the day.
Dr. Stahl has reviewed your recent test results and made the following comments:

Your recent Vitamin D level came back very low. To help improve this, Dr. Stahl has ordered high dose Vitamin D tablets for you to take once a week for 12 weeks and a Vitamin D lab recheck once you finish taking the medication. Please pick up your Vitamin D prescription from any of our Kaiser Permanente pharmacies listed below.

Thank you for choosing Kaiser Permanente. Have a great day and thrive!

Sincerely,
Lisa, LVN II on behalf of Dr. Stahl, Jerusha Emily (M.D.)

Baldwin Hills Medical Office
3782 W Martin Luther King Jr Blvd, Los Angeles CA 90008
Mon.-Thu. 7:00am-7:00pm / Fri. 7:00am-5:00pm

Culver Marina Medical Office
12001 W. Washington, Culver City CA 90066
Mon.-Fri. 9:00am-5:30pm

Inglewood Medical Office
110 N. La Brea, Inglewood CA 90301
Mon.-Fri. 8:30am-6:00pm

Playa Vista Medical Office
5620 Mesmer Ave., Culver City CA 90230
Mon.-Fri. 9:00am-5:30pm

Santa Monica Medical Office
1450 10th Street, 2nd Floor, Santa Monica CA 90401
Mon. - Thur. 7:30am-6:30pm / Fri. 7:30am-4:30pm / Sat. 8:30am-11:30am

South LA Medical Office
1550 W Manchester Ave, Flr 1., Los Angeles CA 90047-5424
Mon.-Fri. 9:00am-5:30pm

Venice Medical Office
5971 Venice Blvd., Los Angeles CA 90034

08/19/2020 - Patient Message in FAMILY PRACTICE PURPLE (continued)**Messages (continued)**

Mon.-Fri. 9:00am-5:30pm

West LA Medical Center
6041 Cadillac Ave 1st Flr., Los Angeles CA 90034
Open 24 Hours**END OF ENCOUNTER****08/20/2020 - Patient Message in KP ON THE JOB****Visit Information****Provider Information****Encounter Provider**

Pandya, Bhavesh Robert J (M.D.), M.D.

Department

Name	Address	Phone	Fax
KP ON THE JOB	333 S HOPE ST STE C130 C145 Los Angeles CA 90071-1406	323-783-6621	877-515-8038

Messages**Therapy Sessions**

From	To	Sent
Pepper Smith	Bhavesh Robert J (M.D.) Pandya, M.D.	8/20/2020 12:08 PM

Hi Dr,

I will be needing more therapy assignments today was my last one. Thank you!

END OF ENCOUNTER**08/27/2020 - Allied Health/Nurse Visit in OPHTHALMOLOGY****Visit Information****Provider Information****Encounter Provider**

Amador, Alejandra (R.N.), R.N.

Department

Name	Address	Phone
OPHTHALMOLOGY	3782 W MARTIN LUTHER KING JR	323-421-2900

08/27/2020 - Allied Health/Nurse Visit in OPHTHALMOLOGY (continued)**Visit Information (continued)**

Los Angeles CA 90008-1703

Reason for Visit**Chief Complaint**

- DIGITAL RETINAL PHOTOS

Visit Diagnosis

- EYE DISORDER [H57.9]

Other Orders**Eye Procedures IPROC****FUNDUS PHOTOGRAPHY EYE [1554006952] (In process)**Electronically signed by: **Velasco, Luis E on 08/27/20 0910**Status: **Completed**

Ordering user: Velasco, Luis E 08/27/20 0910

Authorized by: Chak, Garrick (M.D.), M.D.

Ordering mode: Standard

Frequency: Routine 08/27/20 -

Class: Normal

Quantity: 1

Lab status: In process

Diagnoses

EYE DISORDER [H57.9]

Provider Details**Provider****NPI**

Chak, Garrick (M.D.), M.D.

1497047526

Velasco, Luis E

—

Order comments: This order was created through External Result Entry

Specimen Information

ID	Type	Source	Collected By
ECS2161257488 504	—	—	08/27/20 0927

FUNDUS PHOTOGRAPHY EYE [1554006952]

Resulted: 08/27/20 0927, Result status: In process

Order status: Completed

Filed on: 09/29/22 1038

Collected by: 08/27/20 0927

Resulting lab: SCAL CVIS INTERFACE

FUNDUS PHOTOGRAPHY EYE [1554006952]

Resulted: 08/27/20 0910, Result status: In process

Order status: Completed

Filed on: 09/29/22 0336

Collected by: 08/27/20 0927

Resulting lab: SCAL CVIS INTERFACE

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
1246 - Unknown	SCAL CVIS INTERFACE	Unknown	Unknown	09/03/09 0810 - Present

Indications

EYE DISORDER [H57.9 (ICD-10-CM)]

08/27/2020 - Allied Health/Nurse Visit in OPHTHALMOLOGY (continued)

AFTER VISIT SUMMARY

Pepper Smith MRN: 000004779300



8/27/2020 9:00 AM OPHTHALMOLOGY

Today's Visit

You saw ALEJANDRA AMADOR RN, R.N. on Thursday August 27, 2020. The following issues were addressed:

- EYE DISORDER

What's Next

AUG 28 2020 Diagnostic Imaging
 Friday August 28 6:45 PM

HOV GENERAL (X-RAY)
 6041 CADILLAC AVE
 LOS ANGELES CA 90034-1702
 323-857-2421

SEP 16 2020 Office Visit with BHAVESH ROBERT J PANDYA MD, M.D.
 Wednesday September 16 2:20 PM

KP ON THE JOB
 333 S HOPE ST STE C130 C145
 LOS ANGELES CA 90071-1406
 323-783-6621

Medications

New Orders

Normal Orders This Visit

FUNDUS PHOTOGRAPHY EYE [92250 CPT(R)]

Common Medication Direction Abbreviations

PO = Orally, QD = Once/day, BID = Twice/day, TID = 3x/day, QID = 4x/day, PRN = as needed
 QHS = Every night at bedtime, AC = Before meals, PC = After meals, c = With, s = Without

Allergies as of 8/27/2020

Reviewed by Washington, Lakeisha N (M.A.), M.A. on 8/27/2020

No Known Drug Allergies	Severity	Noted	Reaction Type	Reactions
	Not Specified	06/01/2005		

kp.org

View your After Visit Summary and more online at <https://healthy.kaiserpermanente.org/hconline/ie/>.

08/27/2020 - Allied Health/Nurse Visit in OPHTHALMOLOGY (continued)**General Information****SKIP THE TRIP. Have our pharmacy come to you!**

New and refill prescriptions mailed to your home.

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- Use the **Kaiser Permanente app** for your mobile device. Find and download the app by searching for Kaiser Permanente on the Apple Store or the Google App Store.
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[800-788-0616](tel:8007880616) (Spanish)
[800-757-7585](tel:8007577585) (Chinese dialects)

Hours

Open 7 days a week
 24 hours a day
 Closed holidays

Medicare members

[800-443-0815](tel:8004430815) or TTY 711

Hours

Open 7 days a week
 from 8 a.m. to 8 p.m.

08/27/2020 - Allied Health/Nurse Visit in OPHTHALMOLOGY (continued)

Protect yourself from the flu. Get vaccinated.

The flu is a serious, contagious illness caused by influenza viruses. Anyone can get the flu. It can cause mild to severe illness. The best way to prevent the flu is by getting a flu shot each year. The CDC and Kaiser Permanente recommend everyone 6 months and older get a flu shot every year.

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For information about hours, times, and locations, please visit kp.org/flu or call 1-866-70-NOFLU (1-866-706-6358).

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Register at www.kp.org to email your physician, renew prescriptions, request appointments, learn more about your personal health, or obtain tips for healthy living!

Save money and time! Get your refills for home delivery at www.kp.org/refill

END OF ENCOUNTER

08/27/2020 - Allied Health/Nurse Visit in OPHTHALMOLOGY

Visit Information

Provider Information

08/27/2020 - Allied Health/Nurse Visit in OPHTHALMOLOGY (continued)**Visit Information (continued)****Encounter Provider**

Hopkins, Ashley

Department

Name	Address	Phone
OPHTHALMOLOGY	3782 W MARTIN LUTHER KING JR Los Angeles CA 90008-1703	323-421-2900

Reason for Visit**Chief Complaint**

- VISUAL FIELD TESTING (hvf 10-2)

Visit Diagnosis

- EYE DISORDER [H57.9]

Other Orders**Eye Procedures****VISUAL FIELD EXAM, EXTENDED [1554006953] (In process)**Electronically signed by: **Velasco, Luis E on 08/27/20 0910**Status: **Completed**

Ordering user: Velasco, Luis E 08/27/20 0910

Authorized by: Chak, Garrick (M.D.), M.D.

Ordering mode: Standard

Frequency: Routine 08/27/20 -

Class: Normal

Quantity: 1

Lab status: In process

Diagnoses

EYE DISORDER [H57.9]

Provider Details

Provider	NPI
Chak, Garrick (M.D.), M.D.	1497047526
Velasco, Luis E	—

Order comments: This order was created through External Result Entry

Specimen Information

ID	Type	Source	Collected By
ECS2161257488 723	—	—	08/27/20 0938

VISUAL FIELD EXAM, EXTENDED [1554006953]

Resulted: 08/27/20 0938, Result status: In process

Order status: Completed

Filed on: 09/29/22 1038

Collected by: 08/27/20 0938

Resulting lab: SCAL CVIS INTERFACE

Indications

EYE DISORDER [H57.9 (ICD-10-CM)]

08/27/2020 - Allied Health/Nurse Visit in OPHTHALMOLOGY (continued)

AFTER VISIT SUMMARY

Pepper Smith MRN: 000004779300



8/27/2020 9:30 AM OPHTHALMOLOGY

Today's Visit

You saw ASHLEY HOPKINS on Thursday August 27, 2020. The following issues were addressed:

- EYE DISORDER

What's Next

AUG 28 2020 Diagnostic Imaging
Friday August 28 6:45 PM

HOV GENERAL (X-RAY)
6041 CADILLAC AVE
LOS ANGELES CA 90034-1702
323-857-2421

SEP 16 2020 Office Visit with BHAVESH ROBERT J PANDYA MD, M.D.
Wednesday September 16 2:20 PM

KP ON THE JOB
333 S HOPE ST STE C130 C145
LOS ANGELES CA 90071-1406
323-783-6621

Medications

New Orders

Normal Orders This Visit

VISUAL FIELD EXAM, EXTENDED [92083 CPT(R)]

Common Medication Direction Abbreviations

PO = Orally, QD = Once/day, BID = Twice/day, TID = 3x/day, QID = 4x/day, PRN = as needed
QHS = Every night at bedtime, AC = Before meals, PC = After meals, c = With, s = Without

Allergies as of 8/27/2020

Reviewed by Washington, Lakeisha N (M.A.), M.A. on 8/27/2020

No Known Drug Allergies	Severity	Noted	Reaction Type	Reactions
	Not Specified	06/01/2005		

kp.org

View your After Visit Summary and more online at <https://healthy.kaiserpermanente.org/hconline/ie/>.

08/27/2020 - Allied Health/Nurse Visit in OPHTHALMOLOGY (continued)**General Information****SKIP THE TRIP. Have our pharmacy come to you!**

New and refill prescriptions mailed to your home.

When using the mail order option for obtaining prescriptions:

- **You must be able to wait 7 days** before starting a new, mail-order prescription. Medications needed before 7 days should be filled at the pharmacy. Ask the pharmacist if you have questions.
- You will need to have a **credit card** on file to use the mail-order option, unless you have dual medical coverage or have MediCal health benefits. You may bring a credit card to the pharmacy to be placed on file or enter while ordering on line.
- For most medications that are meant to be refilled every 30 days, filling the prescription by mail **you can obtain a 3-month supply** for just 2 months of copay!

4 ways to receive prescriptions by mail:

- If **checking-in at the Pharmacy**, ask for the mail order option to avoid waiting for the prescriptions to be filled. This is available only for medications not needed within the next 7 days.
- **Go to kp.org/Rxrefill**. After signing into kp.org, you will be brought to the Pharmacy Center.
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[800-464-4000](tel:8004644000) or TTY 711
[800-788-0616](tel:8007880616) (Spanish)
[800-757-7585](tel:8007577585) (Chinese dialects)

Hours

Open 7 days a week
 24 hours a day
 Closed holidays

Medicare members

[800-443-0815](tel:8004430815) or TTY 711

Hours

Open 7 days a week
 from 8 a.m. to 8 p.m.

08/27/2020 - Allied Health/Nurse Visit in OPHTHALMOLOGY (continued)

Protect yourself from the flu. Get vaccinated.

The flu is a serious, contagious illness caused by influenza viruses. Anyone can get the flu. It can cause mild to severe illness. The best way to prevent the flu is by getting a flu shot each year. The CDC and Kaiser Permanente recommend everyone 6 months and older get a flu shot every year.

Flu shot clinics open in September. No appointment is necessary.

Flu shots are available at no charge to members at Kaiser Permanente medical facilities.

For information about hours, times, and locations, please visit kp.org/flu or call 1-866-70-NOFLU (1-866-706-6358).

Adults should participate in at least 30 minutes, and children at least 60 minutes, of moderate exercise (such as brisk walking) for five or more days each week, unless instructed otherwise by your provider. For more information on the health benefits of walking please refer to <http://www.everybodywalk.org>. THRIVE!

Register at www.kp.org to email your physician, renew prescriptions, request appointments, learn more about your personal health, or obtain tips for healthy living!

Save money and time! Get your refills for home delivery at www.kp.org/refill

END OF ENCOUNTER

08/27/2020 - Office Visit in OPHTHALMOLOGY

Visit Information

Provider Information

08/27/2020 - Office Visit in OPHTHALMOLOGY (continued)**Visit Information (continued)**

Encounter Provider	Authorizing Provider
Makhijani, Vikram Suresh (D.O.), D.O.	Makhijani, Vikram Suresh (D.O.), D.O.

Department

Name	Address	Phone
OPHTHALMOLOGY	3782 W MARTIN LUTHER KING JR Los Angeles CA 90008-1703	323-421-2900

Level of Service

Level of Service
INTERMEDIATE EYE EXAM, ESTABLISHED PAT, W DILATION

Reason for Visit**Chief Complaint**

- EYE EXAMINATION (2-3wks HVF 10-2 + optos autofluorescence)

Visit Diagnoses

Name	Code	Chronic?
CONGENITAL RETINAL PIGMENT EPITHELIAL HYPERTROPHY	Q14.1	Yes
RETINAL ISCHEMIA (primary)	H35.82	Yes
BILAT ANATOMICAL NARROW ANGLE, ANTERIOR CHAMBER	H40.033	No
SEVERE OBESITY, BMI 40-44.9, ADULT	E66.01, Z68.41	Yes

Clinical Notes**Nursing Note****Washington, Lakeisha N (M.A.), M.A. at 8/27/2020 0907**

Author: Washington, Lakeisha N (M.A.), M.A. Service: — Author Type: MEDICAL ASSISTANT
 Filed: 8/27/2020 9:13 AM Encounter Date: 8/27/2020 Creation Time: 8/27/2020 9:07 AM
 Status: Signed Editor: Washington, Lakeisha N (M.A.), M.A. (MEDICAL ASSISTANT)

EYE MEDS:

NONE

HGBC1C 5.5 08/12/2020

(proactive review- care gaps)

Care Gaps

- Update BMI - Take Height AND Weight 08/12/2020
- Weight Management Education Needed

Electronically signed by Washington, Lakeisha N (M.A.), M.A. at 8/27/2020 9:13 AM

Procedures**Filed on 10/1/2020 1109**

Procedure Orders

1. OPERATIVE PROCEDURE SCANNED REPORT [1554006967] ordered by Interface, Scal_Scanning at 08/27/20 1129

08/27/2020 - Office Visit in OPHTHALMOLOGY (continued)**Clinical Notes (continued)**

Scan on 9/30/2020 11:29 AM: VISUAL FIELDS 1

Electronically signed by Interface, Scal_Scanning at 10/1/2020 11:09 AM

Progress Notes**Makhijani, Vikram Suresh (D.O.), D.O. at 8/27/2020 2335**

Author: Makhijani, Vikram Suresh (D.O.), D.O.	Service: —	Author Type: PHYSICIAN (D.O.)
Filed: 8/27/2020 11:58 PM	Encounter Date: 8/27/2020	Creation Time: 8/27/2020 11:35 PM
Status: Signed	Editor: Makhijani, Vikram Suresh (D.O.), D.O. (PHYSICIAN (D.O.))	

CC:

Chief Complaint

Patient presents with

- EYE EXAMINATION
2-3wks HVF 10-2 + optos autofluorescence

HPI: Pepper Smith is a 49 year old female HERE FOR referred by Dr. Chak for retinal atrophy left eye
Feels left eye slightly weaker, otherwise no noticeable symptom

POH: None

FH: N

Soc:

HGBA1C 5.5 08/12/2020

Nursing Notes:**Washington, Lakeisha N (M.A.), M.A. 8/27/2020 9:13 AM Signed**EYE MEDS:
NONE

HGBA1C 5.5 08/12/2020

(proactive review- care gaps)

Care Gaps

- Update BMI - Take Height AND Weight 08/12/2020
- Weight Management Education Needed

ROS: REVIEWED

GMO: Alert and conversive. Problem list reviewed.

VF: FTC OU

EOM: FULL both eyes

P: dilated both eyes

08/27/2020 - Office Visit in OPHTHALMOLOGY (continued)**Clinical Notes (continued)****Base Exam**

Tonometry (Tonopen, 9:13 AM)

	Right	Left
Pressure	19	16

Neuro/Psych

Oriented x3: Yes

Mood/Affect: Normal

Edited by: Washington, Lakeisha N (M.A.), M.A.; Makhijani, Vikram Suresh (D.O.), D.O.

Main Exam

External Exam

	Right	Left
External	Normal	Normal

Slit Lamp Exam

	Right	Left
Lids/Lashes	no lesions, normal configuration	no lesions, normal configuration
Conjunctiva/Sclera	clear	clear
Cornea	clear	clear
Anterior Chamber	no cell or flare, narrow	no cell or flare narrow
Iris	round pupil, normal stroma	round pupil, normal stroma
Lens	clear	clear
Vitreous	clear	clear

Fundus Exam

	Right	Left
Disc	no pallor, margin distinct	no pallor, margin distinct
C/D Ratio	0.3	0.35
Macula	no RPE changes, no retinopathy	no RPE changes, no retinopathy
Vessels		normal caliber
Periphery		flat, no tears, no holes; CHRPE superiorly

Edited by: Makhijani, Vikram Suresh (D.O.), D.O.

Neuro/Psych

Oriented x3: Yes

Mood/Affect: Normal

Edited by: Makhijani, Vikram Suresh (D.O.), D.O.

08/27/2020 - Office Visit in OPHTHALMOLOGY (continued)**Clinical Notes (continued)****Refraction Exam**

Manifest Refraction

	Sphere	Cylinder	Axis	Dist VA
Right	-0.50	+0.50	017	20/25
Left	-1.00	+0.75	111	20/20

Edited by: Washington, Lakeisha N (M.A.), M.A.

Autofluorescence 08/27/20

Normal AF right eye

Reduced AF at CRPE, otherwise

NIR 8/2020

right eye wnl

left eye inferior decreased reflectance

HVF 10-2 08/27/20

Reliable, full both eyes

A/P

1. Inferior macular atrophy left eye

Had reduced vision last visit, now ok

No defect on HVF, no sign of current functional deficit

Possible old BRANCH RETINAL ARTERY OCCLUSION - had elevated BP to 160/100s in 2019

Can obtain FA

2. Narrow angles both eyes

Non occludable per Dr. Chak

3. CHRPE left eye

No suspicious features

follow up in With FA (transit left)

Vikram S. Makhijani, DO

Electronically signed by Makhijani, Vikram Suresh (D.O.), D.O. at 8/27/2020 11:58 PM

Procedures

08/27/2020 - Office Visit in OPHTHALMOLOGY (continued)**Procedures (continued)****OPERATIVE PROCEDURE SCANNED REPORT [1554006967] (Final result)**

Electronically signed by: **Interface, Scal_Scanning on 08/27/20 1129** Status: **Completed**
 Ordering user: Interface, Scal_Scanning 08/27/20 1129 Authorized by: KPHC SCAN INTERFACE DEFAULT
 Ordering mode: Standard
 Frequency: - Quantity: 1
 Lab status: Final result

Provider Details

Provider	NPI
KPHC SCAN INTERFACE DEFAULT	—

Scan on 9/30/2020 11:29 AM: VISUAL FIELDS (below)

OPERATIVE PROCEDURE SCANNED REPORT [1554006967]

Resulted: 08/27/20 1129, Result status: Final result

Order status: Completed

Filed on: 09/29/22 1038

Transcription

Type	ID	Date and Time
Operative/Procedure Report	3DC59B39CE0A9288B5C0CB6C4A404F71	9/30/2020 11:29 AM

Other Orders**Eye Procedures IPROC****FLUORESCEIN ANGIOGRAPHY POSTERIOR SEGMENT BOTH EYES (OU) [1554006955] (Active)**

Electronically signed by: **Makhijani, Vikram Suresh (D.O.), D.O. on 08/27/20 2349** Status: **Active**
 Ordering user: Makhijani, Vikram Suresh (D.O.), D.O. 08/27/20 2349 Authorized by: Makhijani, Vikram Suresh (D.O.), D.O.
 Ordering mode: Standard
 Frequency: Routine 08/27/20 - Class: Normal
 Quantity: 1
 Diagnoses
 RETINAL ISCHEMIA [H35.82]

Provider Details

Provider	NPI
Makhijani, Vikram Suresh (D.O.), D.O.	1679911374

Indications

RETINAL ISCHEMIA [H35.82 (ICD-10-CM)]

FLUORESCEIN ANGIOGRAPHY POSTERIOR SEGMENT BOTH EYES (OU) [1554006966]

Resulted: 09/28/20 1059, Result status: In process

Order status: Completed
 Collected by: 09/28/20 1059

Filed on: 09/29/22 1038
 Resulting lab: SCAL CVIS INTERFACE

Indications

RETINAL ISCHEMIA [H35.82 (ICD-10-CM)]

Medications**Fluorescein 500 mg/5 mL (10 %) Inj 5 mL (AK-FLUOR/FLUORESCITE) [1554006954] (Completed)**

08/27/2020 - Office Visit in OPHTHALMOLOGY (continued)**Other Orders (continued)**

Electronically signed by: **Makhijani, Vikram Suresh (D.O.), D.O. on 08/27/20 2349** Status: **Completed**
 Ordering user: Makhijani, Vikram Suresh (D.O.), D.O. 08/27/20 Ordering provider: Makhijani, Vikram Suresh (D.O.), D.O.
 2349

Authorized by: Makhijani, Vikram Suresh (D.O.), D.O. Ordering mode: Standard
 Frequency: Routine X1 08/28/20 - 1 occurrence Class: Back Office

Diagnoses

RETINAL ISCHEMIA [H35.82]

Provider Details

Provider	NPI
Makhijani, Vikram Suresh (D.O.), D.O.	1679911374

Indications

RETINAL ISCHEMIA [H35.82 (ICD-10-CM)]

diphenhydrAMINE Cap 25 mg (BENADRYL) [1554006957] (Discontinued)

Electronically signed by: **Makhijani, Vikram Suresh (D.O.), D.O. on 08/27/20 2349** Status: **Discontinued**
 Ordering user: Makhijani, Vikram Suresh (D.O.), D.O. 08/27/20 Ordering provider: Makhijani, Vikram Suresh (D.O.), D.O.
 2349

Authorized by: Makhijani, Vikram Suresh (D.O.), D.O. Ordering mode: Standard
 Frequency: Routine X1 08/28/20 - 1 occurrence Class: Back Office

Discontinued by: Moallemi, Raymond (M.D.), M.D. 07/12/21 1802

Diagnoses

RETINAL ISCHEMIA [H35.82]

Provider Details

Provider	NPI
Makhijani, Vikram Suresh (D.O.), D.O.	1679911374

Indications

RETINAL ISCHEMIA [H35.82 (ICD-10-CM)]

Nursing**OBTAIN OR CONFIRM SIGNED CONSENT FORM [1554006956] (Active)**

Electronically signed by: **Makhijani, Vikram Suresh (D.O.), D.O. on 08/27/20 2349** Status: **Active**
 Ordering user: Makhijani, Vikram Suresh (D.O.), D.O. 08/27/20 Authorized by: Makhijani, Vikram Suresh (D.O.), D.O.
 2349

Ordering mode: Standard
 Frequency: Routine 08/27/20 - Class: Normal

Quantity: 1

Diagnoses

RETINAL ISCHEMIA [H35.82]

Provider Details

Provider	NPI
Makhijani, Vikram Suresh (D.O.), D.O.	1679911374

Order comments: Injection of fluorescein dye into a vein For the purpose of (explanation in simple terms): Assessing the health of the retina

Indications

RETINAL ISCHEMIA [H35.82 (ICD-10-CM)]

Indications

RETINAL ISCHEMIA [H35.82 (ICD-10-CM)]

08/27/2020 - Office Visit in OPHTHALMOLOGY (continued)

Ophthalmology (continued)

Base Eye Exam

Tonometry (Tonopen, 9:13 AM)

	Right	Left
Pressure	19	16

Neuro/Psych

Oriented x3: Yes
Mood/Affect: Normal

Slit Lamp and Fundus Exam

External Exam

	Right	Left
External	Normal	Normal

Slit Lamp Exam

	Right	Left
Lids/Lashes	no lesions, normal configuration	no lesions, normal configuration
Conjunctiva/Sclera	clear	clear
Cornea	clear	clear
Anterior Chamber	no cell or flare, narrow	no cell or flare narrow
Iris	round pupil, normal stroma	round pupil, normal stroma
Lens	clear	clear
Vitreous	clear	clear

Fundus Exam

	Right	Left
Disc	no pallor, margin distinct	no pallor, margin distinct
C/D Ratio	0.3	0.35
Macula	no RPE changes, no retinopathy	no RPE changes, no retinopathy
Vessels		normal caliber
Periphery		flat, no tears, no holes; CHRPE superiorly

Refraction

Manifest Refraction

	Right	Left
Sphere	-0.50	-1.00
Cylinder	+0.50	+0.75
Axis	017	111
Dist VA	20/25	20/20

08/27/2020 - Office Visit in OPHTHALMOLOGY (continued)

Documents

Operative/Procedure Report - Scan on 9/30/2020 11:29 AM: VISUAL FIELDS

Scan (below)

AFTER VISIT SUMMARY

Pepper Smith MRN: 000004779300



8/27/2020 10:15 AM OPHTHALMOLOGY

Today's Visit

You saw VIKRAM SURESH MAKHIJANI DO, D.O. on Thursday August 27, 2020. The following issues were addressed:

- CONGENITAL RETINAL PIGMENT EPITHELIAL HYPERTROPHY (EYE CONDITION)
- RETINAL ISCHEMIA (EYE CONDITION)
- BILAT ANATOMICAL NARROW ANGLE, ANTERIOR CHAMBER
- OBESITY, BODY MASS INDEX (BMI 40-44.9)

What's Next

Upcoming Appointments

AUG 28 2020
Diagnostic Imaging
Friday August 28 6:45 PM

HOV GENERAL (X-RAY)
6041 CADILLAC AVE
LOS ANGELES CA 90034-1702
323-857-2421

SEP 16 2020
Office Visit with BHAVESH ROBERT J PANDYA MD, M.D.
Wednesday September 16 2:20 PM

KP ON THE JOB
333 S HOPE ST STE C130 C145
LOS ANGELES CA 90071-1406
323-783-6621

SEP 28 2020
Procedure with ALEJANDRA AMADOR RN, R.N.
Monday September 28 10:00 AM

OPHTHALMOLOGY
3782 W MARTIN LUTHER KING JR
LOS ANGELES CA 90008-1703
323-421-2900

SEP 28 2020
Office Visit with VIKRAM SURESH MAKHIJANI DO, D.O.
Monday September 28 10:45 AM

OPHTHALMOLOGY
3782 W MARTIN LUTHER KING JR
LOS ANGELES CA 90008-1703
323-421-2900

Medications You Will Be Given

AUG 28 2020
Fluorescein (AK-FLUOR/FLUORESCITE)
Next due Friday August 28
Expected: one time (1 dose remaining)

AUG 28 2020
diphenhydrAMINE (BENADRYL)
Next due Friday August 28
Expected: one time (1 dose remaining)

Medications

Clinic Administered Medications Ordered This Visit

Fluorescein 500 mg/5 mL (10 %) Inj 5 mL (AK-FLUOR/FLUORESCITE) (Starting on 8/28/2020)

diphenhydrAMINE Cap 25 mg (BENADRYL) (Starting on 8/28/2020)

08/27/2020 - Office Visit in OPHTHALMOLOGY (continued)

Visit Medication List

Patient reported, restarted, and new medications relevant to this visit.
This may not reflect all medications the patient is taking.

Ergocalciferol, Vit D2, (DRISDOL) 1,250 mcg (50,000 unit) Oral Cap (Taking)	Dosage Take 1 capsule by mouth every week for 12 weeks for bones
--	---

New Orders

Future Labs/Procedures OBTAIN OR CONFIRM SIGNED CONSENT FORM [216094 Custom]	No Sooner Than 9/10/2020	No Later Than 11/27/2020
Standing Orders FLUORESCIN ANGIOGRAPHY POSTERIOR SEGMENT BOTH EYES (OU) [92235 CPT(R)]	Interval EVERY 8 WEEKS until 8/27/2023	No Later Than 8/27/2023

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QHS = Every night at bedtime, AC = Before meals, PC = After meals, c = With, s = Without

Allergies as of 8/27/2020

Reviewed by Washington, Lakeisha N (M.A.), M.A. on 8/27/2020

No Known Drug Allergies	Severity Not Specified	Noted 06/01/2005	Reaction Type	Reactions
-------------------------	----------------------------------	---------------------	---------------	-----------

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08/27/2020 - Office Visit in OPHTHALMOLOGY (continued)**4 ways to receive prescriptions by mail:**

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Medicare members

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 from 8 a.m. to 8 p.m.

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08/27/2020 - Office Visit in OPHTHALMOLOGY (continued)

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Register at www.kp.org to email your physician, renew prescriptions, request appointments, learn more about your personal health, or obtain tips for healthy living!

Save money and time! Get your refills for home delivery at www.kp.org/refill

kp.org

View your After Visit Summary and more online at <https://healthy.kaiserpermanente.org/hconline/ie/>.

Pepper Smith (MRN: 000004779300) • Printed at 8/27/20 11:58 PM

Page 4 of 4 **Epic**

This is confidential information. Do not throw away in a Kaiser Permanente trash can.

Description: VISUAL FIELDS Scan Date: 9/30/2020 Index Date: 10/1/2020

08/27/2020 - Office Visit in OPHTHALMOLOGY (continued)

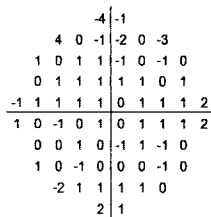
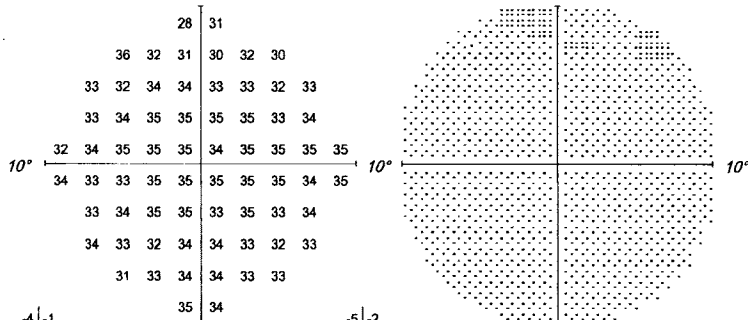
Patient: SMITH, PEPPER
Date of Birth: May 22, 1971
Gender: Female
Patient ID: 000004779300



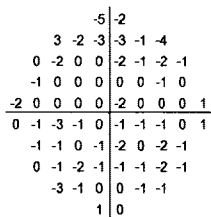
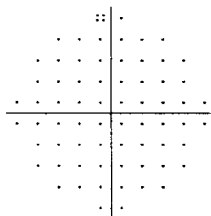
KAISER PERMANENTE
3782 W MARTIN LUTHER KING JR BLVD

OS Single Field Analysis Central 10-2 Threshold Test

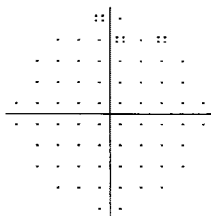
Fixation Monitor: Gaze/Blind Spot Stimulus: Ill, White Date: Aug 27, 2020
Fixation Target: Central Background: 31.5 asb Time: 10:00 AM
Fixation Losses: 2/11 Strategy: SITA Fast Age: 49
False POS Errors: 11% Pupil Diameter:
False NEG Errors: 0% Visual Acuity:
Test Duration: 03:14 Rx: +1.50 DS
Fovea: Off



Total Deviation



Pattern Deviation



MD10-2: 0.22 dB
PSD10-2: 1.09 dB

:: P < 5%
* P < 2%
* P < 1%



Comments



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08/27/2020 - Office Visit in OPHTHALMOLOGY (continued)

Patient: SMITH, PEPPER
Date of Birth: May 22, 1971
Gender: Female
Patient ID: 000004779300



KAISER PERMANENTE
3782 W MARTIN LUTHER KING JR BLVD

OD Single Field Analysis Central 10-2 Threshold Test

Fixation Monitor: Gaze/Blind Spot Stimulus: Ill, White Date: Aug 27, 2020
Fixation Target: Central Background: 31.5 asb Time: 9:41 AM
Fixation Losses: 1/11 Strategy: SITA Fast Age: 49
False POS Errors: 3% Pupil Diameter:
False NEG Errors: 0% Visual Acuity:
Test Duration: 03:27 Rx: +1.50 DS
Fovea: Off

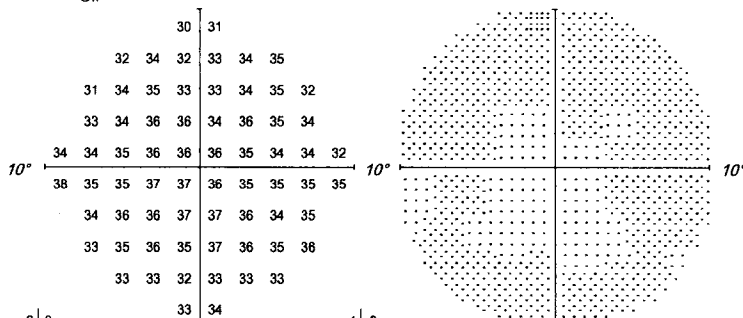
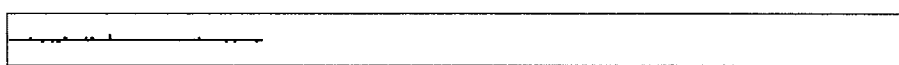


Table of Total Deviation values

Table of Pattern Deviation values

MD10-2: 1.17 dB
PSD10-2: 1.14 dB

:: P < 5%
⊗ P < 2%
⊗ P < 1%



Comments



08/27/2020 - Office Visit in OPHTHALMOLOGY (continued)**END OF ENCOUNTER****09/10/2020 - Released Future/Standing Orders in OPHTHALMOLOGY****Visit Information****Provider Information****Encounter Provider**

Makhijani, Vikram Suresh (D.O.), D.O.

Department

Name	Address	Phone
OPHTHALMOLOGY	3782 W MARTIN LUTHER KING JR Los Angeles CA 90008-1703	323-421-2900

Reason for Visit**Visit Diagnosis**

Name	Code	Chronic?
RETINAL ISCHEMIA	H35.82	Yes

Other Orders**Nursing****OBTAIN OR CONFIRM SIGNED CONSENT FORM [1554006958] (Active)**Electronically signed by: **Makhijani, Vikram Suresh (D.O.), D.O. on 08/27/20 2349** Status: **Active**

Ordering user: Makhijani, Vikram Suresh (D.O.), D.O. 08/27/20 2349 Authorized by: Makhijani, Vikram Suresh (D.O.), D.O.

Ordering mode: Standard

Frequency: Routine 08/27/20 -

Class: Normal

Quantity: 1

Diagnoses

RETINAL ISCHEMIA [H35.82]

Provider Details

Provider	NPI
Makhijani, Vikram Suresh (D.O.), D.O.	1679911374

Order comments: Injection of fluorescein dye into a vein For the purpose of (explanation in simple terms): Assessing the health of the retina

Indications

RETINAL ISCHEMIA [H35.82 (ICD-10-CM)]

END OF ENCOUNTER**09/11/2020 - Patient Message in BARIATRIC TX****Visit Information****Provider Information****Encounter Provider**

Stahl, Jerusha Emily (M.D.), M.D.

09/11/2020 - Patient Message in BARIATRIC TX (continued)**Visit Information (continued)****Department**

Name	Address	Phone
BARIATRIC TX	6041 CADILLAC AVE Los Angeles CA 90034-1702	833-574-2273

Reason for Visit**Visit Diagnoses**

Name	Code	Chronic?
RIGHT OVARIAN CYST	N83.201	No
CHOLELITHIASIS	K80.20	Yes

Clinical Notes**Procedures****Filed on 9/21/2020 1051**

Procedure Orders

1. US TRANSABD AND TRANSVAGINAL PELVIS NON OB COMPLETE [1554006959] ordered by Stahl, Jerusha Emily (M.D.), M.D. at 09/11/20 1618

EXAM INFORMATION

History: Evaluate for ovarian cyst/mass

Comparison:

CT, 9/10/20

DATAGRID

FINDINGS:

Exam Notes

The uterus is removed.

Measurements

The uterus removed.

The right ovary measures L: 4.47 cm x W: 3.37 cm x H: 3.12 cm.

Right ovarian volume = 24.61 ml.

Uterus (non-pregnant patients)

The uterus is removed.

The cervix is visualized and appears normal.

09/11/2020 - Patient Message in BARIATRIC TX (continued)

Clinical Notes (continued)

Right Ovary

A complex cyst is visualized in the right ovary measuring 4.0 x 3.0 x 2.5 cm.

This cyst demonstrates a single septation.

Using color Doppler, blood flow is demonstrated in the right ovary.

Left Ovary

The left ovary is not visualized.

Adnexa/Cul-de-Sac

The right adnexa is unremarkable.

The left adnexa is unremarkable.

Normal cul-de-sac visualized.

IMPRESSION:

1. STATUS POST HYSTERECTOMY.
2. THE LEFT OVARY WAS NOT VISUALIZED.
3. THE RIGHT OVARY IS ENLARGED CONTAINING A COMPLEX CYST MEASURING 4 X 3 X 2.5 CM WITH SINGLE INTERNAL SEPTATION CORRESPONDING WITH THE FINDING ON CT IMAGING FROM 9/10/2020. CONSIDER FOLLOW-UP ULTRASOUND IMAGING IN 6-12 WEEKS TO ASSESS FOR STABILITY/RESOLUTION.

Preliminary prepared by Hilina Tsegai, SONOGRAPHER-OC on 9/19/2020 8:35:50 AM.

Sonographer: Hilina Tsegai, SONOGRAPHER-OC

Electronically signed and authenticated by: RAMZI AZZAM, M.D. RAD
WLA

on 9/21/2020 10:49:21 AM

Electronically signed by Azzam, Ramzi Issam (M.D.), M.D. at 9/21/2020 10:51 AM

Filed on 9/21/2020 1052

Procedure Orders

1. US ABD LTD [1554006960] ordered by Stahl, Jerusha Emily (M.D.), M.D. at 09/11/20 1618

09/11/2020 - Patient Message in BARIATRIC TX (continued)

Clinical Notes (continued)

EXAM INFORMATION

History: Reason: evaluate for gallstones

Comparison:

CT, 9/10/20

DATAGRID

FINDINGS:

Liver

The cranio-caudal diameter of the liver measures: 14.2 cm.

The liver appears normal.

Gallbladder

The gallbladder demonstrates multiple calculi.

The largest calculus measures 30.4 mm in diameter.

The gallbladder wall appears normal and measures 2.71 mm.

Sludge is visualized in the gallbladder.

Negative sonographic Murphy's sign.

Biliary Tree

The common bile duct measures 5.92 mm.

The common bile duct appears normal.

Pancreas

The visualized portions of the pancreas appear normal.

Right Kidney

The right kidney appears normal in size and echogenicity. No evidence of hydronephrosis seen. No masses or calcifications are

09/11/2020 - Patient Message in BARIATRIC TX (continued)

Clinical Notes (continued)

identified.

The right kidney measures 11.24 cm in length.

IMPRESSION:

CHOLELITHIASIS WITH GALLBLADDER SLUDGE.

Preliminary prepared by Hilina Tsegai, SONOGRAPHER-OC on 9/19/2020 8:40:43 AM.

Sonographer: Hilina Tsegai, SONOGRAPHER-OC

Electronically signed and authenticated by: RAMZI AZZAM, M.D. RAD WLA

on 9/21/2020 10:50:58 AM

Electronically signed by Azzam, Ramzi Issam (M.D.), M.D. at 9/21/2020 10:52 AM

Imaging

Imaging

US TRANSABD AND TRANSVAGINAL PELVIS NON OB COMPLETE [1554006959] (Final result)

Electronically signed by: **Stahl, Jerusha Emily (M.D.), M.D. on 09/11/20 1618** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Stahl, Jerusha Emily (M.D.), M.D. 09/11/20 1618 Authorized by: Stahl, Jerusha Emily (M.D.), M.D.

Ordering mode: Standard

Frequency: Routine 09/11/20 -

Class: Normal

Quantity: 1

Lab status: Final result

Diagnoses

RIGHT OVARIAN CYST [N83.201]

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.), M.D.	1083894638

Order comments: Evaluate for ovarian cyst/mass

US TRANSABD AND TRANSVAGINAL PELVIS NON OB COMPLETE [1554006959]

Resulted: 09/19/20 0815, Result status: Final result

Order status: Completed

Filed on: 09/29/22 1038

Accession number: 95720073

Resulting lab: SCAL RADIOLOGY INTERFACE

Narrative:

Pt called and scheduled us exam for 09/19/20 MD Order aware of prep and copay R.Miniex appt clerk 09/14/20 @01:41pm

Acknowledged by: Stahl, Jerusha Emily (M.D.), M.D. on 09/21/20 1208

Transcription

Type	ID	Date and Time	Dictating Provider
Diagnostic imaging	95720073	9/21/2020 10:50 AM	Azzam, Ramzi Issam (M.D.), M.D.

Signed by Azzam, Ramzi Issam (M.D.), MEDICAL DOCTOR on 09/21/20 at 1051

EXAM INFORMATION

09/11/2020 - Patient Message in BARIATRIC TX (continued)

Imaging (continued)

History: Evaluate for ovarian cyst/mass
Comparison:
CT, 9/10/20

DATAGRID

FINDINGS:

Exam Notes

The uterus is removed.

Measurements

The uterus removed.

The right ovary measures L: 4.47 cm x W: 3.37 cm x H: 3.12 cm.
Right ovarian volume = 24.61 ml.

Uterus (non-pregnant patients)

The uterus is removed.

The cervix is visualized and appears normal.

Right Ovary

A complex cyst is visualized in the right ovary measuring 4.0 x 3.0 x 2.5 cm.

This cyst demonstrates a single septation.

Using color Doppler, blood flow is demonstrated in the right ovary.

Left Ovary

The left ovary is not visualized.

Adnexa/Cul-de-Sac

The right adnexa is unremarkable.
The left adnexa is unremarkable.

09/11/2020 - Patient Message in BARIATRIC TX (continued)**Imaging (continued)**

Normal cul-de-sac visualized.

IMPRESSION:

1. STATUS POST HYSTERECTOMY.
2. THE LEFT OVARY WAS NOT VISUALIZED.
3. THE RIGHT OVARY IS ENLARGED CONTAINING A COMPLEX CYST MEASURING 4 X 3 X 2.5 CM WITH SINGLE INTERNAL SEPTATION CORRESPONDING WITH THE FINDING ON CT IMAGING FROM 9/10/2020. CONSIDER FOLLOW-UP ULTRASOUND IMAGING IN 6-12 WEEKS TO ASSESS FOR STABILITY/RESOLUTION.

Preliminary prepared by Hilina Tsegai, SONOGRAPHER-OC on 9/19/2020 8:35:50 AM.

Sonographer: Hilina Tsegai, SONOGRAPHER-OC

Electronically signed and authenticated by: RAMZI AZZAM, M.D. RAD
WLA

on 9/21/2020 10:49:21 AM

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
120 - SCA	SCAL RADIOLOGY INTERFACE	Unknown	Unknown	02/13/04 0000 - Present

**US TRANSABD AND TRANSVAGINAL PELVIS NON OB COMPLETE
[1554006959]**

Resulted: 09/19/20 0816, Result status: In process

Order status: Completed

Filed on: 09/29/22 1038

Accession number: 95720073

Resulting lab: SCAL RADIOLOGY INTERFACE

Narrative:

Pt called and scheduled us exam for 09/19/20 MD Order aware of prep and copay

R.Miniex appt clerk 09/14/20 @01:41pm

Transcription

Type	ID	Date and Time	Dictating Provider
Diagnostic imaging	95720073	9/21/2020 10:50 AM	Azzam, Ramzi Issam (M.D.), M.D.

Signed by Azzam, Ramzi Issam (M.D.), MEDICAL DOCTOR on 09/21/20 at 1051

EXAM INFORMATION

History: Evaluate for ovarian cyst/mass

Comparison:

CT, 9/10/20

09/11/2020 - Patient Message in BARIATRIC TX (continued)

Imaging (continued)

DATAGRID

FINDINGS:

Exam Notes

The uterus is removed.

Measurements

The uterus removed.

The right ovary measures L: 4.47 cm x W: 3.37 cm x H: 3.12 cm.
Right ovarian volume = 24.61 ml.

Uterus (non-pregnant patients)

The uterus is removed.

The cervix is visualized and appears normal.

Right Ovary

A complex cyst is visualized in the right ovary measuring 4.0 x 3.0 x 2.5 cm.

This cyst demonstrates a single septation.

Using color Doppler, blood flow is demonstrated in the right ovary.

Left Ovary

The left ovary is not visualized.

Adnexa/Cul-de-Sac

The right adnexa is unremarkable.
The left adnexa is unremarkable.
Normal cul-de-sac visualized.

IMPRESSION:

- 1. STATUS POST HYSTERECTOMY.

09/11/2020 - Patient Message in BARIATRIC TX (continued)

Imaging (continued)

- 2. THE LEFT OVARY WAS NOT VISUALIZED.
- 3. THE RIGHT OVARY IS ENLARGED CONTAINING A COMPLEX CYST MEASURING 4 X 3 X 2.5 CM WITH SINGLE INTERNAL SEPTATION CORRESPONDING WITH THE FINDING ON CT IMAGING FROM 9/10/2020. CONSIDER FOLLOW-UP ULTRASOUND IMAGING IN 6-12 WEEKS TO ASSESS FOR STABILITY/RESOLUTION.

Preliminary prepared by Hilina Tsegai, SONOGRAPHER-OC on 9/19/2020 8:35:50 AM.

Sonographer: Hilina Tsegai, SONOGRAPHER-OC
Electronically signed and authenticated by: RAMZI AZZAM, M.D. RAD WLA

on 9/21/2020 10:49:21 AM

Reviewed by

Stahl, Jerusha Emily (M.D.), M.D. on 09/21/20 1350
Stahl, Jerusha Emily (M.D.), M.D. on 09/21/20 1209
Stahl, Jerusha Emily (M.D.), M.D. on 09/21/20 1208

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
120 - SCA	SCAL RADIOLOGY INTERFACE	Unknown	Unknown	02/13/04 0000 - Present

US TRANSABD AND TRANSVAGINAL PELVIS NON OB COMPLETE [1554006959]

Resulted: 09/19/20 0753, Result status: In process

Order status: Completed
Accession number: 95720073
Narrative:

Filed on: 09/29/22 0336
Resulting lab: SCAL RADIOLOGY INTERFACE

Transcription

Type	ID	Date and Time	Dictating Provider
Diagnostic imaging	95720073	9/21/2020 10:50 AM	Azzam, Ramzi Issam (M.D.), M.D.

Signed by Azzam, Ramzi Issam (M.D.), MEDICAL DOCTOR on 09/21/20 at 1051

EXAM INFORMATION

History: Evaluate for ovarian cyst/mass
Comparison: CT, 9/10/20

09/11/2020 - Patient Message in BARIATRIC TX (continued)

Imaging (continued)

DATAGRID

FINDINGS:

Exam Notes

The uterus is removed.

Measurements

The uterus removed.

The right ovary measures L: 4.47 cm x W: 3.37 cm x H: 3.12 cm.

Right ovarian volume = 24.61 ml.

Uterus (non-pregnant patients)

The uterus is removed.

The cervix is visualized and appears normal.

Right Ovary

A complex cyst is visualized in the right ovary measuring 4.0 x 3.0 x 2.5 cm.

This cyst demonstrates a single septation.

Using color Doppler, blood flow is demonstrated in the right ovary.

Left Ovary

The left ovary is not visualized.

Adnexa/Cul-de-Sac

The right adnexa is unremarkable.

The left adnexa is unremarkable.

Normal cul-de-sac visualized.

IMPRESSION:

1. STATUS POST HYSTERECTOMY.

09/11/2020 - Patient Message in BARIATRIC TX (continued)**Imaging (continued)**

2. THE LEFT OVARY WAS NOT VISUALIZED.

3. THE RIGHT OVARY IS ENLARGED CONTAINING A COMPLEX CYST MEASURING 4 X 3 X 2.5 CM WITH SINGLE INTERNAL SEPTATION CORRESPONDING WITH THE FINDING ON CT IMAGING FROM 9/10/2020. CONSIDER FOLLOW-UP ULTRASOUND IMAGING IN 6-12 WEEKS TO ASSESS FOR STABILITY/RESOLUTION.

Preliminary prepared by Hilina Tsegai, SONOGRAPHER-OC on 9/19/2020 8:35:50 AM.

Sonographer: Hilina Tsegai, SONOGRAPHER-OC

Electronically signed and authenticated by: RAMZI AZZAM, M.D. RAD
WLA

on 9/21/2020 10:49:21 AM

Reviewed by

Stahl, Jerusha Emily (M.D.), M.D. on 09/21/20 1350
Stahl, Jerusha Emily (M.D.), M.D. on 09/21/20 1209
Stahl, Jerusha Emily (M.D.), M.D. on 09/21/20 1208

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
120 - SCA	SCAL RADIOLOGY INTERFACE	Unknown	Unknown	02/13/04 0000 - Present

Indications

RIGHT OVARIAN CYST [N83.201 (ICD-10-CM)]

All Reviewers List

Stahl, Jerusha Emily (M.D.), M.D. on 9/21/2020 13:50
Stahl, Jerusha Emily (M.D.), M.D. on 9/21/2020 12:09
Stahl, Jerusha Emily (M.D.), M.D. on 9/21/2020 12:08

US ABD LTD [1554006960] (Final result)

Electronically signed by: **Stahl, Jerusha Emily (M.D.), M.D. on 09/11/20 1618** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Stahl, Jerusha Emily (M.D.), M.D. 09/11/20 1618 Authorized by: Stahl, Jerusha Emily (M.D.), M.D.

Ordering mode: Standard

Frequency: Routine 09/11/20 -

Class: Normal

Quantity: 1

Lab status: Final result

Diagnoses

CHOLELITHIASIS [K80.20]

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.), M.D.	1083894638

Order comments: Reason: evaluate for gallstones

US ABD LTD [1554006960]

Resulted: 09/19/20 0837, Result status: Final result

09/11/2020 - Patient Message in BARIATRIC TX (continued)

Imaging (continued)

Order status: Completed
 Accession number: 95720075
 Narrative:
 Pt called and scheduled us exam for 09/19/20 MD Order aware of prep and copay R.Minix appt clerk 09/14/20 @01:41pm
 Acknowledged by: Stahl, Jerusha Emily (M.D.), M.D. on 09/21/20 1208

Filed on: 09/29/22 1038
 Resulting lab: SCAL RADIOLOGY INTERFACE

Transcription

Type	ID	Date and Time	Dictating Provider
Diagnostic imaging	95720075	9/21/2020 10:51 AM	Azzam, Ramzi Issam (M.D.), M.D.

Signed by Azzam, Ramzi Issam (M.D.), MEDICAL DOCTOR on 09/21/20 at 1052

EXAM INFORMATION

History: Reason: evaluate for gallstones
 Comparison:
 CT, 9/10/20

DATAGRID

FINDINGS:

Liver

 The cranio-caudal diameter of the liver measures: 14.2 cm.

The liver appears normal.

Gallbladder

 The gallbladder demonstrates multiple calculi.

The largest calculus measures 30.4 mm in diameter.

The gallbladder wall appears normal and measures 2.71 mm.

Sludge is visualized in the gallbladder.

Negative sonographic Murphy's sign.

Biliary Tree

 The common bile duct measures 5.92 mm.

The common bile duct appears normal.

09/11/2020 - Patient Message in BARIATRIC TX (continued)

Imaging (continued)

Pancreas

The visualized portions of the pancreas appear normal.

Right Kidney

The right kidney appears normal in size and echogenicity. No evidence of hydronephrosis seen. No masses or calcifications are identified.

The right kidney measures 11.24 cm in length.

IMPRESSION:

CHOLELITHIASIS WITH GALLBLADDER SLUDGE.

Preliminary prepared by Hilina Tsegai, SONOGRAPHER-OC on 9/19/2020 8:40:43 AM.

Sonographer: Hilina Tsegai, SONOGRAPHER-OC

Electronically signed and authenticated by: RAMZI AZZAM, M.D. RAD
 WLA

on 9/21/2020 10:50:58 AM

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
120 - SCA	SCAL RADIOLOGY INTERFACE	Unknown	Unknown	02/13/04 0000 - Present

US ABD LTD [1554006960]

Resulted: 09/19/20 0837, Result status: In process

Order status: Completed

Filed on: 09/29/22 1038

Accession number: 95720075

Resulting lab: SCAL RADIOLOGY INTERFACE

Narrative:

Pt called and scheduled us exam for 09/19/20 MD Order aware of prep and copy

R.Miniex appt clerk 09/14/20 @01:41pm

Transcription

Type	ID	Date and Time	Dictating Provider
Diagnostic imaging	95720075	9/21/2020 10:51 AM	Azzam, Ramzi Issam (M.D.), M.D.

Signed by Azzam, Ramzi Issam (M.D.), MEDICAL DOCTOR on 09/21/20 at 1052

EXAM INFORMATION

History: Reason: evaluate for gallstones

Comparison:

CT, 9/10/20

09/11/2020 - Patient Message in BARIATRIC TX (continued)

Imaging (continued)

DATAGRID

FINDINGS:

Liver

The cranio-caudal diameter of the liver measures: 14.2 cm.

The liver appears normal.

Gallbladder

The gallbladder demonstrates multiple calculi.

 The largest calculus measures 30.4 mm in diameter.

The gallbladder wall appears normal and measures 2.71 mm.

Sludge is visualized in the gallbladder.

 Negative sonographic Murphy's sign.

Biliary Tree

The common bile duct measures 5.92 mm.

The common bile duct appears normal.

Pancreas

The visualized portions of the pancreas appear normal.

Right Kidney

The right kidney appears normal in size and echogenicity. No evidence of hydronephrosis seen. No masses or calcifications are identified.

The right kidney measures 11.24 cm in length.

IMPRESSION:

09/11/2020 - Patient Message in BARIATRIC TX (continued)

Imaging (continued)

CHOLELITHIASIS WITH GALLBLADDER SLUDGE.

Preliminary prepared by Hilina Tsegai, SONOGRAPHER-OC on 9/19/2020 8:40:43 AM.

Sonographer: Hilina Tsegai, SONOGRAPHER-OC

Electronically signed and authenticated by: RAMZI AZZAM, M.D. RAD WLA

on 9/21/2020 10:50:58 AM

Reviewed by

Stahl, Jerusha Emily (M.D.), M.D. on 09/21/20 1350
Stahl, Jerusha Emily (M.D.), M.D. on 09/21/20 1208

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
120 - SCA	SCAL RADIOLOGY INTERFACE	Unknown	Unknown	02/13/04 0000 - Present

US ABD LTD [1554006960]

Resulted: 09/19/20 0816, Result status: In process

Order status: Completed

Filed on: 09/29/22 0336

Accession number: 95720075

Resulting lab: SCAL RADIOLOGY INTERFACE

Narrative:

Transcription

Type	ID	Date and Time	Dictating Provider
Diagnostic imaging	95720075	9/21/2020 10:51 AM	Azzam, Ramzi Issam (M.D.), M.D.

Signed by Azzam, Ramzi Issam (M.D.), MEDICAL DOCTOR on 09/21/20 at 1052

EXAM INFORMATION

History: Reason: evaluate for gallstones

Comparison:

CT, 9/10/20

DATAGRID

FINDINGS:

Liver

The cranio-caudal diameter of the liver measures: 14.2 cm.

09/11/2020 - Patient Message in BARIATRIC TX (continued)

Imaging (continued)

The liver appears normal.

Gallbladder

The gallbladder demonstrates multiple calculi.

The largest calculus measures 30.4 mm in diameter.

The gallbladder wall appears normal and measures 2.71 mm.

Sludge is visualized in the gallbladder.

Negative sonographic Murphy's sign.

Biliary Tree

The common bile duct measures 5.92 mm.

The common bile duct appears normal.

Pancreas

The visualized portions of the pancreas appear normal.

Right Kidney

The right kidney appears normal in size and echogenicity. No evidence of hydronephrosis seen. No masses or calcifications are identified.

The right kidney measures 11.24 cm in length.

IMPRESSION:

CHOLELITHIASIS WITH GALLBLADDER SLUDGE.

Preliminary prepared by Hilina Tsegai, SONOGRAPHER-OC on 9/19/2020 8:40:43 AM.

Sonographer: Hilina Tsegai, SONOGRAPHER-OC

Electronically signed and authenticated by: RAMZI AZZAM, M.D. RAD
WLA

on 9/21/2020 10:50:58 AM

09/11/2020 - Patient Message in BARIATRIC TX (continued)**Imaging (continued)****Reviewed by**

Stahl, Jerusha Emily (M.D.), M.D. on 09/21/20 1350
Stahl, Jerusha Emily (M.D.), M.D. on 09/21/20 1208

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
120 - SCA	SCAL RADIOLOGY INTERFACE	Unknown	Unknown	02/13/04 0000 - Present

Indications

CHOLELITHIASIS [K80.20 (ICD-10-CM)]

All Reviewers List

Stahl, Jerusha Emily (M.D.), M.D. on 9/21/2020 13:50
Stahl, Jerusha Emily (M.D.), M.D. on 9/21/2020 12:08

Messages**RE: ct scan**

From Jerusha Emily (M.D.) Stahl, M.D. Last Read in kp.org 9/14/2020 1:28 PM by Pepper Smith	To Pepper Smith	Sent and Delivered 9/14/2020 1:27 PM
--	--------------------	---

You actually only had your uterus removed, your ovaries remained.
Let's see how the ultrasounds look.
Take care,
Jerusha Stahl, MD

ct scan

From Pepper Smith	To Jerusha Emily (M.D.) Stahl, M.D.	Sent 9/12/2020 11:32 AM
----------------------	--	----------------------------

I'm confused I thought my ovaries were removed? I thought that was part of the total hysterectomy.

Yes, I do experience the discomfort pain on the right, I always thought it was some type of gas pain because of the gas and belching.

The gallstones is how my mother found out she had Cancer during her surgery so this makes me a bit uneasy.

Thank you!

09/11/2020 - Patient Message in BARIATRIC TX (continued)**Messages (continued)****ct scan**

From Jerusha Emily (M.D.) Stahl, M.D. Last Read in kp.org 9/12/2020 11:18 AM by Pepper Smith	To Pepper Smith	Sent and Delivered 9/11/2020 4:21 PM
---	--------------------	---

Hi Pepper,

Your ct scan shows that you likely have gallstones, but an ultrasound is a better test for this - which I have ordered for you. It also shows a cyst in your right ovary - again, an ultrasound is better to evaluate cysts.

So I have ordered 2 ultrasounds for you. Both of these issues are on the right side - do you feel more symptoms on the right side? Or not really?

I am not sure either of these would explain what you are feeling, but will have to see what the ultrasounds show.

You can call 323-857-2421 to schedule them

Take care,

Jerusha Stahl, MD

END OF ENCOUNTER**09/16/2020 - Video Visit in KP ON THE JOB****Visit Information****Provider Information**

Encounter Provider Pandya, Bhavesh Robert J (M.D.), M.D.	Authorizing Provider Pandya, Bhavesh Robert J (M.D.), M.D.
--	--

Department

Name	Address	Phone	Fax
KP ON THE JOB	333 S HOPE ST STE C130 C145 Los Angeles CA 90071-1406	323-783-6621	877-515-8038

Level of Service

Level of Service OUTPT EST LEVEL 2
--

Reason for Visit**Chief Complaints**

- WORK RELATED INJURY (doi: 4/10/20)
- HEAD INJURY
- NECK INJURY
- SHOULDER INJURY
- ARM INJURY

Visit Diagnoses

09/16/2020 - Video Visit in KP ON THE JOB (continued)**Reason for Visit (continued)**

Name	Code	Chronic?
NECK MUSCLE STRAIN, SUBSEQ	S16.1XXD	No
LEFT SHOULDER JOINT PAIN	M25.512	No
LEFT ARM PAIN	M79.602	No
MYOFASCIAL PAIN SYNDROME	M79.18	Yes
NECK MUSCLE STRAIN, INIT	S16.1XXA	No
HEADACHE	R51	No

Clinical Notes**Progress Notes****Pandya, Bhavesh Robert J (M.D.), M.D. at 9/16/2020 1455**Author: Pandya, Bhavesh Robert J
(M.D.), M.D.

Service: —

Author Type: Physician

Filed: 9/17/2020 7:22 PM

Encounter Date: 9/16/2020

Creation Time: 9/16/2020 2:55 PM

Status: Addendum

Editor: Pandya, Bhavesh Robert J (M.D.), M.D. (Physician)

PHYSICIAN'S PROGRESS NOTES**--- This documentation is for State Form (PR2) ---****SUBJECTIVE COMPLAINTS:****Chief Complaint:**

WORK RELATED INJURY, HEAD INJURY, NECK INJURY, SHOULDER INJURY, and ARM INJURY

CURRENT TREATMENT REVIEW FOR THIS INJURY/ILLNESS:

(Mechanism of injury / prior imaging studies and prior consults)

Pepper Smith is a 48 year old female who has worked as a(n) MANAGER 1 FOR STATE OF CALIFORNIA FOR THE PAST

DOES MOSTLY ADMIN WORK

. PLEASE NOTE I WAS NOT PROVIDED WITH A FORMAL WRITTEN JOB DESCRIPTION DESCRIBING THE PATIENT'S USUAL AND CUSTOMARY JOB DUTIES FOR MY REVIEW.

Mechanism of Injury: The patient states she was injured when SAYS INJURED SEVERAL AREAS: DUE TO MOVING TOWARDS WINDOW AND TURNING DUE TO A "STARTLED BY LOUD SOUND FROM EXPLOSION NEAR THE WORKSITE".

SEEN BY PCP MD DR RUTH GETACHEW

INJURY DESCRIBED AS : PHONE VISIT DOCUMENTATION:

4/10/20 pt was running to the window when she show an explosion, she made an immediately turned around when she heard the explosion

Later on noticed headache, that has since resolved

But pt also had some neck discomfort "

New diagnostic tests since last visit: none

New consultation:NO

09/16/2020 - Video Visit in KP ON THE JOB (continued)

Clinical Notes (continued)

Current prescribed/advised treatment detail:

TREATMENT PROGRESS:

The patient's symptoms from the previous visit are:
Improved

Pepper Smith is a 49 year old female with the following subjective factors:

Patient Complaints:

SUBJECTIVE COMPLAINTS:

TELEHEALTH CONSENT

Prior to rendering the telehealth services:

1. I explained that there is available a face-to-face appointment with a provider to render the same health care services as this telehealth encounter.
2. The patient consented to receive health care services via telehealth for this encounter.

Pepper Smith is a 49 year old female who complains of left sided neck pain
Feels better

DENIES RADIATION INTO ARM OR PARESTHESIAS

Completed 6/6 Physical Therapy sessions, helpful, says had muscle that was sore in left side of neck
improve with manual Physical Therapy with last provider

DOING FULL DUTY

Review of Systems:

Gastrointestinal: No abdominal pain, or bleeding

Neurologic: No focal weakness, or paresthesia the arms or legs.

REVIEW OF SYSTEMS:

I have reviewed the following systems:

Gastrointestinal: No nausea, vomiting, or abdominal pain

Neurologic: No headache

OBJECTIVE FINDINGS:

Vital Signs:

LMP 06/05/2017

I confirm that I have performed the following examination(s):

Constitutional: Well developed and well nourished and Alert and conversant